



## 6<sup>th</sup>-8<sup>th</sup> Grade

- PS 1 Analyzes the dimensions of health and relates to personal health behaviors.
- PS 2 Describes the potential impacts of harassment, bullying, and intimidation on self and others. (sexual, sexual orientation, gender, religion, disability, ethnic, race, age)
- PS 3 Identify the risk factors and prevention of communicable diseases, (HIV/AIDS through KNOW curriculum) and non-communicable and hypokinetic diseases. (type 2 diabetes, heart disease, cancer, obesity, high cholesterol, osteoporosis, among others)
- PS 4 Understands components of a nutrition label to make informed decisions regarding healthy food choices and eating patterns. (serving size, ingredients, nutrients, calories, % daily value)
- PS 5 Applies nutrition goals based on dietary guidelines and individual activity needs.
- PS 6 Evaluate emergency situations and demonstrate first-aid, C.P.R, and A.E.D procedures.
- PS 7 Explains the structure and function of muscular system, skeletal system, and cardio-respiratory system.
- PS 8 Identify and recognize ways to maintain sexual health and hygiene throughout life. (reproductive health, risky behaviors, puberty)
- PS 9 Identify issues and risks related to drug use and abuse. (tobacco, alcohol, other drugs)
- PS 10 6-8.RST.8 Distinguish among facts, reasoned judgment based on research findings, and speculation in a text.
- PS 11 6-8.WHST.9 Draw evidence from informational texts to support analysis, reflection, and research.