



# TEAM SUFFOLK SWIM TEAM

Team Suffolk Swim Team is a member of United States Swimming, which sanctions the U.S. Olympic Team, as well as national and local swim meets our club participates in throughout the year.

Home Team of Denise Phelan, Ben Cono, Jesse Gage & Terry Pruitt Olympic Trials Qualifiers



**Come Join Us**  
**Sun. Sept. 17th.**

## *Competitive Swim*

## *Tryouts*

*Ages 5 - 10yrs*



APPROVED FOR DISTRIBUTION  
AUG 31 2023  
DR. PATRICK HARRIGAN  
SUPERINTENDENT OF SCHOOLS

**Where: HHH High School West Natatorium**

Half Hollow Hills High School – West  
Natatorium Building  
375 Wolf Hill Road Dix Hills, N.Y.  
(Right at Northern State Pky. Exit#41)

**When: Sun. Sept 17th 10:00AM Fee: Complimentary**

Contact us at [www.info@tshills.org](http://www.info@tshills.org)

Or Instagram at TeamSuffolkSwim

Swimmer Should have Some basic knowledge of Freestyle, Be Comfortable in the Deep End of the Pool and be able to swim 1 complete lap of the 25meter pool without stopping .

Team Suffolk Swim Team is a 501 3c Not for Profit, and is not a Half Hollow Hills District Program

This is not a Half Hollow Hills School District sponsored or endorsed activity.  
Not-for-profit 501(c)3 organization.

*AMM*

**Developmental  
Swimmers Invited**