



K-8 BEAKFAST

SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
One Breakfast is available to ALL students at no cost.				1 Waffle w/Fruit 🍌
4 NO SCHOOL!	5 Chorizo Cheese Pizza Cereal Variety	6 Boiled Egg w/Cracker Overnight Oats 🍌	7 Breakfast Sausage Sandwich Yogurt Parfait 🍌	8 Waffle w/Fruit 🍌 Overnight Oats 🍌
11 Muffin Cereal Variety	12 Burrito, Egg & Cheese Yogurt Parfait 🍌	13 Egg Chilaquiles 🍌 Overnight Oats 🍌	14 Nada, Cinnamon Apple Yogurt Parfait 🍌	15 Waffle w/Fruit 🍌 Boiled Egg w/Cracker
18 Chorizo Cheese Pizza Cereal Variety	19 Breakfast Sausage Sandwich Yogurt Parfait 🍌	20 Muffin Overnight Oats 🍌	21 Egg Chilaquiles 🍌 Cereal Variety	22 Waffle w/Fruit 🍌 Cereal Variety
25 Nada, Cinnamon Apple Cereal Variety	26 Chorizo Cheese Pizza Yogurt Parfait 🍌	27 Boiled Egg w/Cracker Overnight Oats 🍌	28 Breakfast Sausage Sandwich Cereal Variety	29 Waffle w/Fruit 🍌 Overnight Oats 🍌

Menu subject to change based on product availability.

Choice of 1% or Non-fat milk offered.

All grains offered are whole grain rich.

This institution is an equal opportunity provider and employer.

Now featuring Soy Milk upon request.

Students must choose at least one fruit option.

🍌 Fresh Prepped