



ECE (COLD) BREAKFAST SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				¹ Cereal Variety
⁴ NO SCHOOL!	⁵ Muffin	⁶ Boiled Egg w/ Cracker	⁷ Cereal Variety	⁸ Waffles
¹¹ Muffin	¹² Boiled Egg w/ Cracker	¹³ Cereal Variety	¹⁴ Waffles	¹⁵ Boiled Egg w/ Cracker
¹⁸ Cereal Variety	¹⁹ Waffles	²⁰ Muffin	²¹ Boiled Egg w/ Cracker	²² Cereal Variety
²⁵ Muffin	²⁶ Yogurt	²⁷ Boiled Egg w/ Cracker	²⁸ Cereal Variety	²⁹ Waffles

Menu subject to change based on product availability

All meals served with a fruit and 1% low-fat Milk.

All grains offered are whole grain rich.

This institution is an equal opportunity provider and employer.