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# NORTHWESTERN **REGIONAL SCHOOL DISTRICT NO. 7**

The Pride of the Northwest Corner





## SUPERINTENDENT JUDY PALMER

### Dear NWR7 Community,

As you know, I am retiring on June 30, 2023 after a 38-year career in education. Writing my final message to the NWR7 staff, students, and families is a poignant reminder of how quickly my time here in Regional School District No. 7 has come to a close. I still vividly remember my first few weeks here and the warm welcome I received from everyone I met. Simply put, I felt an immediate sense of belonging. I knew I had found a home and for that reason, it is difficult to say goodbye.

As I reflect on the past 13 years, I think about all that makes Northwestern Middle and High Schools so special. The first thing that comes to mind is the strong relationships our students have with their teachers, administrators, staff, and coaches. Our students are kind, supportive, and encouraging of each other, as well. Our families and community members are supportive of our schools, as well. There is no doubt that NWR7 is such a special place because of the caring relationships that bind together the fabric of our school community.

It is my hope that throughout my tenure our students, administrators, teachers, staff, and families all felt valued, supported, and appreciated. NWR7 is a special place where kindness and manners are alive and well. Teachers care deeply about the success of their students. Students and adults greet each other in the hallway with a warm smile and an encouraging word. Over time, these small acts of kindness became a habit and that consistency helped to create a positive school culture. Simply put, we care about each other and it shows.

Over my years here, I have been surrounded by highly competent educators, support staff, and school leaders. They deserve all the credit for their tireless work and dedication to our students. I am fully confident that our students are well prepared for their future beyond graduation.

I would like to thank building principals Mr. Gary Franklin and Mr. Fran Amara along with other members of the administrative team for their dedicated service to their schools, faculty, staff, students, and families. would also like to thank members of the Board of Education for their unyielding support, especially Board Chairperson, Molly Sexton Read. I would also like to thank the elected officials of our sending towns for their support of RSD7.

Time has a wonderful way of showing us what is important. I hope that all of our students and staff will continue to create joyful memories, maintain a sense of belonging where everyone feels welcome, and be grateful for the many blessings NWR7 offers. Every person here has something within them that the school community needs. Please continue to support each other and spread kindness every chance you get.

I wish you all the best going forward. I am very grateful for the support and the many kind acts that have been shown to me over my tenure, but most especially in the past few weeks. I am very confident that the future is bright for the staff, students and families of RSD7.



Sincerely, Judy Palmer

### **THEATER:** MAMMA MIA!



The theater department at Northwestern Region 7 stages two productions a year, one play in the fall and one musical in the spring. In 2022-23, Arthur Miller's The Crucible was performed in the fall and rounded out the year with the musical Mamma Mia! in April. Mamma Mia! had a cast of twenty-one and a running crew of eighteen students. From auditions at the beginning of February through to the show closing the last day of April, the students worked hard learning their lines and all the songs, building and painting the set pieces and props, rehearsing the choreography, and doing all the other things that it takes to put on a show.

The theater program receives a tremendous amount of support from the Theatre Arts Parents, who assist with costumes, props, and sets, as well as running the box office and concessions for show nights and coordinating a number of fundraisers. As a musical primarily composed of songs and dancing, in addition to director John DeShazo and assistant director Kate Thomas, Mamma Mia! required a significant amount of support from musical director Holly McCann, choral director Dylan Pederson, and choreographer Kristin Mudge. The numerous, fabulous costumes were wrangled and created by Sue Zygmont.

The students are involved in all the technical aspects that bring the show to life. Working in conjunction with the wood and construction technology class, students build whatever flats, platforms, and furniture are needed. Students design the lighting - from the stage washes to the specials, practical lights to effect lighting - and work on hanging and focusing the instruments, writing the cues, and running the light board. When sound effects are called for, students find or create them, and, for musicals like Mamma Mia!



Students deploy headset mics for all the singers and mix their sound with the live band. Overseeing the technical processes and getting the show off the ground on performance nights, the stage manager runs the show from the booth, calling all the cues for lights, sound, and scene changes. Backstage, the assistant stage manager and deck crew choreograph the changing scenery and ensure that all the actors and props are where they need to be when they need to be there. Beyond what happens onstage, students work on the publicity through designing posters and programs and getting them printed, selling ads in the programs, and taking all the pictures for the programs, social media postings, and for documenting the process.

Participating in theater at Northwestern brings together students from across all the grades who have different skills, interests, and abilities and gives them

## **THEATER:** MAMMA MIA!

the opportunity to create a living piece of art on the stage. The students get to work with and learn from a number of adults with much to teach from their extensive backgrounds. The students learn the value of collaboration, how to approach problem solving, and they get to create something beautiful that they can share with their families and peers. Theater is one place where you can see the satisfaction in the face of a freshman girl as she assembles a set of stairs with a screw gun, watch a senior boy resolve vexing audio cabling conundrums, have a junior girl develop and teach choreography to the other actors, and witness the whole complex endeavor come together in the thrilling, magical opening night performance.

## **THEATER:** STUDENT SPOTLIGHTS

## **THEATER:** STUDENT SPOTLIGHTS



**Name:** Lindsay Dyndiuk **Grade:** 12<sup>th</sup> Grade **Town:** Barkhamsted

#### What role did you play in Mamma Mia?

#### Tanya

## Did you choose your role? What did you love most about your role?

I auditioned for Sophie but I enjoyed playing Tanya more than I would have if I got sophie. I loved embracing the attitude and confidence that Tanya has. I'm more used to playing younger characters, so taking on a sassy and empowered woman widened my experiences.

## What makes theater at Northwestern so special?

No matter what grade your grade, gender, sexual orientation, hobbies, etc. are, everyone is welcoming towards you. I've acted with such a diverse group of people and have learned a lot about myself through my theater friends. You're always talking to someone and I've never felt alone when I'm at theater.

### How many shows have you been involved with at Northwestern?

Two middle school and seven high school!

## What would you say to a student who was thinking of joining theater?

Absolutely try it! If you don't like it you don't have to come back, but you're going to learn something about yourself during your time in theater. You'll make so many friends that you never thought you'd make and feel supported in everything you do. Your theater family is your biggest cheerleader.



NAME: DAHLIA ALEXANDER GRADE: 10<sup>th</sup> Grade Town: Norfolk

#### What role did you play in Mamma Mia?

Rosie Mulligan

## Did you choose your role? What did you love most about your role?

I auditioned for either her or Tanya because I knew I wanted to be a comedic relief role. I love Rosie's humor and how much she cares about her friends.

### What makes theater at Northwestern so special?

Because we have a generally small amount of cast and crew, theatre a Northwestern is truly a community where everyone feels connected. We are all friends on and off stage.

How many shows have you been involved with at Northwestern?

#### Four

## What is your favorite memory from one of the shows at Northwestern?

My favorite memory is performing Night Witches because our sound guy didn't know his cues so therefore, when my character died in a plane crash, I had to wait for a few seconds on the floor in a black out before he finally played the explosion noises. We joked a lot about it afterwards.

### What would you say to a student who was thinking of joining theater?

I would tell them to do it. The community is so encouraging and theatre really brings a person out of their shell. Not to mention that we definitely need more people!



NAME: ANNA HESTER GRADE: 12<sup>th</sup> Grade Town: Barkhamsted

#### What role did you play in Mamma Mia?

Donna Sheridan

### Did you choose your role? What did you love most about your role?

That is definitely the role I wanted. My favorite part about Donna was the music and her songs.

### What makes theater at Northwestern so special?

The family environment that we created here is really great. It is a bunch of really creative people coming together and making something awesome.

### How many shows have you been involved with at Northwestern?

Seven shows

## What is your favorite memory from one of the shows at Northwestern?

Probably when Avan joined. Acting with him and being costars was a lot of fun.

## What would you say to a student who was thinking of joining theater?

I would say that you should definitely do it. Number one, it is a great way to make new friends. Also, it is a really great skill to have, talking nd singing in front of people and it builds your confidence a lot.



NAME: AVAN WOOD GRADE: 12<sup>TH</sup> GRADE Town: New Hartford

#### What role did you play in Mamma Mia?

Sam Carmichael

### Did you choose your role? What did you love most about your role?

I had never heard of Mamma Mia before auditioning so I didn't know about any of the characters. I really liked the songs I got to sing while playing Sam and I enjoyed creating mannerisms for him.

#### What makes theater at Northwestern so special?

The people for sure. It really was like a family.

### How many shows have you been involved with at Northwestern?

#### One

### What is your favorite memory from one of the shows at Northwestern?

Because of track, I wasn't able to go home and eat before rehearsals, so I almost always ran to the local gas station to pick up a slice of pizza or something. Well, one of these days, we knew it was going to be the scene in which my character proposes to Anna's, so I was talking with her about buying a ring pop as a joke. When I got to the gas station that day, they did not have any candied rings, so, by recommendation by a fellow runner, I bought a small glazed donut. I didn't tell Anna about this, so when I grabbed a paper towel and a donut those who didn't know were surprised. Though she didn't actually eat it (which worked out for her as apparently it wasn't very good), it was just something small that I will always look fondly on.

## What would you say to a student who was thinking of joining theater?

It's a little daunting at first, but it really is a lot of fun, and it becomes like a giant family...and line memorization is not as bad as it sounds!

## MUSIC



**Music Festival Participants** 

Northwestern's Music Department provides an exciting learning environment that fosters intellectual achievement, civic responsibility, and personal growth for all students. Students engage in music to develop cognitive and motor skills, promote knowledge of culturally and historically significant literature, and encourage meaningful participation in society.

Students learn about human emotions in response to, and in the creation of, diverse combinations of musical sounds. Students study significant works of music in order to appreciate the richness and beauty of life.

Students participate in various concerts throughout the year, including the Winter and Spring Concerts and Tri-Town Band Concert. The bands also participate in New Hartford Day (HS only), the Winsted Rotary Club Pet Parade (MS only) and the Norfolk and Winsted Memorial Day Parades (both MS and HS). The choirs also perform at Light New Hartford.

Many of our students choose to participate in either MS or HS Jazz Band, which meet once a week after school. The Jazz Bands explore various styles of jazz music, including swing, latin, and fusion, and all students have the opportunity to explore the art of improvisation. The Jazz Bands perform at the Winter and Spring Concerts, and also at a mid-winter jazz concert at St. John's Church in Pine Meadow around Mardi-Gras time.

The HS bands and choir travel every other year to perform and/or explore the music culture of various areas of the country. Past travel has included Nashville, TN; New Orleans, LA; Cleveland, OH; and Walt Disney World, FL.

#### **Special Programs**:

• The Yale School of Music performs multiple live performances in-school each year in order to expose students to world-class music and enrich the lives of our school communities.

• The Hartt School (University of Hartford), UConn, professional musicians, and retired music teachers partner with Northwestern to provide bi-weekly master classes/chamber ensemble coaches for all instrumental students grades 7-12.

• Each year, our ensembles bring in highly regarded local and regional guest conductors to work with each ensemble on campus. This provides students with a variety of perspectives on music as well as giving our teachers vital professional development.

#### **Enrollment & Awards:**

• Nearly 200 students (25% of the student body) participate in our performing ensembles.

• Over 35 students annually earn inclusion in All-County, Regional, State, New England, All-Eastern, and National festival ensembles. In the past 25 years 11 students have earned NAfME All-Eastern Honors and 8 different students have earned placement in All-National Honor Ensembles (5 NAfME, 2 Bands of America, 3 FFA).

• 2023 CMEA Northern Region Middle School Music Festival Participants: Casey Doyle, Conor Horstmann, Lucas Horstmann, Ella Levesque, Lia Nanni, Maribelle Roach, and Kylie Stapleton

• 2023 CMEA Northern Region High School Music Festival Participants: Maddie Adams, Dahlia Alexander, Cassie Burke, Ginny Decerbo, Izzy DeLayo, Lex Dyer, Lindsay Dyndiuk, Chelsea Gdovin, Alivia Geraghty, Ally Guion, Anna Hester, Leif Johnson, Domonic Salz, and Avan Wood

• 2023 All New England Solo and Ensemble Music Festival Participants: Asa Bannerman, Carley Bannerman, Laurel Denver, Tobin DeShazo, Lex Dyer, Amelia Ficalora, Cassidy Gdovin, Julia Jerram, Lizzie Jerram, Caven Kreske, Dylan Markwas, Meagan Spielman, and Rachel Viets

• 2023 ASBDA High School Music Festival Participants: Maddie Adams, Dahlia Alexander, Alex Borelli, Cassie Burke, Zachary Carocciolo, Sophia Carroll, Warren Carroll, Leila Gutic, Patrick Milczanowski, Russell Miller, and Madi Thibault

The music department also offers several elective courses for high school students. Piano Lab affords students the opportunity to delve into piano at any starting skill level. The course covers the basics of piano technique and reading music but there are also opportunities for students who can already play the instrument. Intro to Guitar functions in a similar way. Students have the opportunity to learn the basics of guitar, how to read tablature, and efficient ways to learn songs.





Top to Bottom: HS Concert Band, HS Wind Symphony, MS Band, MS Choir

## **MUSIC:** STUDENT SPOTLIGHTS



#### NAME: ALIVIA GERAGHTY **GRADE:** 12<sup>TH</sup> GRADE **Town:** BARKHAMSTED

#### How would you describe your experience in the music program?

Northwestern's music department has been such a blessing. It has given me so many incredible opportunities, and allows me to do what I love with amazing people! All of the teachers involved in the music department are so talented and really make the music department what it is.

#### What was your most enjoyable or memorable experience?

My most memorable experience in the music department is definitely the all nighter we had in the winter of this past year. Having a long rehearsal, and then spending time with my peers was so much fun, something I am so thankful we were able to do!

#### What makes the music program at Northwestern so special?

The faculty's commitment to excellence and their devotion to their students' growth is definitely what makes our music department so special. We are only as good as our teachers and their support, and they are incredible!

#### How many concerts/performances have you been involved with at Northwestern?

I have been in 10 concerts at Northwestern.

#### What has been your favorite performance at Northwestern? Why?

My favorite performance has to be this past spring concert. As a senior, this was my last concert and it was so special, to sing amazing songs with the people I have been making music with for years was so special! I am so thankful for our music department and the opportunities we are granted through it!

#### What would you say to a student who was thinking of joining the music program at Northwestern?

I would definitely say to join right away! You will join a group of your peers that share a love of singing or instrument playing with you which is so special. You will have so many opportunities to be a part of bigger projects like the regional festival and all-states which is so fun as-well!



NAME: GINNY DECERBO GRADE: ||<sup>TH</sup> GRADE **Town:** Norfolk

#### How would you describe your experience in the music program?

The music program at Northwestern is not just a series of classes, but a family the students and staff have created along the years. Music is one of the few art forms that transcends all other societal barriers, and connects people in a genuine and powerful way. The department at our school has given our community an opportunity to experience that for ourselves.

#### What was your most enjoyable or memorable experience?

After performances, my friend group likes to pick a restaurant to have a family dinner at. We always have a wonderful time then.

#### What makes the music program at Northwestern so special?

What makes our music department so special is the inexplicit understanding that the students are accepted for who they are. While being part of the community l've been shown that mistakes are okay, and are a part of life that should be embraced.

#### How many concerts/performances have you been involved with at Northwestern?

I've been in more performances then I can count. If I were to guess, somewhere around 10 or 15.

#### What would you say to a student who was thinking of joining the music program at Northwestern?

I would totally recommend it! It is a community that I think everyone should experience during their lifetime



NAME: LEIF OHNSON **GRADE:** 10<sup>TH</sup> GRADE **Town:** Norfolk

#### How would you describe your experience in the music program?

A lot of fun. I've learned a lot.

#### What was your most enjoyable or memorable experience?

The Regional festival seems like the obvious answer, but I also enjoy all concerts

What makes the music program at Northwestern so special?

The community

How many concerts/performances have you been involved with at Northwestern?

4

#### What has been your favorite performance at Northwestern? Why?

I'd have to say this past spring concert because of the song choices. I love gospel/soul music.

#### What would you say to a student who was thinking of joining the music program at Northwestern?

There's only one way to find out if you'd like it or not!

## **MUSIC: STUDENT SPOTLIGHTS**



NAME: CARLEY BANNERMAN GRADE: ||<sup>TH</sup> GRADE **Town:** Norfolk

#### How would you describe your experience in the music program?

Exciting! We always have events happening and cool opportunities. We also have great teachers who are always willing to help.

What was your most enjoyable or memorable experience?

I really enjoyed our trip to Six Flags in 7th grade. We got to miss the whole day of school and go on rides and hang out with friends all day.

What makes the music program at Northwestern so special?

Our teachers, who have been involved with music their whole lives. They always greet us with smiles and make classes interesting and enjoyable.

How many concerts/performances have you been involved with at Northwestern?

A lot. I am not sure the exact number, but I have been at pretty much every concert since 7th grade.

What has been your favorite performance at **Northwestern? Why?** 

I really enjoy when we march in the Memorial Day Parade in Norfolk. I grew up marching in that parade and if it wasn't for the music program I wouldn't still get to march in it.

#### What would you say to a student who was thinking of joining the music program at Northwestern?

Do it! It is a great program with fun teachers! Northwestern's music program has given me so many great opportunities through Wind Symphony, and UConn Fundamentals of Music!

## **MUSIC:** STUDENT SPOTLIGHTS

## **NORTHWESTERN MIDDLE SCHOOL**



#### Name: Dylan Markwas Grade: 12<sup>th</sup> Grade Town: Barkhamsted

### How would you describe your experience in the music program?

I joined the elementary school band on clarinet in fourth grade. I've stuck with it through middle and high school, picked up a few more instruments along the way, and in recent years I've been in the wind symphony and jazz band.

### What was your most enjoyable or memorable experience?

I most appreciated being accepted into NEMFA this year to play in a band with many other dedicated students from New England. We played complex music, the same that would be played by a professional band like the Boston Symphony. It took a lot of time and energy, but it was so worth it to hear all the hard work pay off at the concert.

### What makes the music program at Northwestern so special?

There's something for everyone here. No matter how you choose to make music, there are ways to push the limits of your ability. For me, this has also led me to find ways to expand my musical ability outside of school, so I consider Northwestern the kickstart to my musical career.

### How many concerts/performances have you been involved with at Northwestern?

I've been in 14 performances.

### What has been your favorite performance at Northwestern? Why?

My favorite performance was the 2022 spring concert. We had a really strong repertoire that spanned just about every style of music. It's known by now as the way-too-long concert, but I actually enjoyed being able to fill that long of a time with music.

### What would you say to a student who was thinking of joining the music program at Northwestern?

Music opens doors to places you'd never even see otherwise. If you're interested, just try it! The payoff is proportional to how much effort you put in, so work at it. You'll find you're able to do things you never thought possible, and that's one of the best feelings in the world.



NAME: CHELSEY GDOVIN GRADE: 12<sup>th</sup> Grade Town: New Hartford

## How would you describe your experience in the music program?

Overall it was a very rewarding experience. I built a lot of lifelong friendships and it was a home away from home.

## What was your most enjoyable or memorable experience?

Marching freshmen year in the Mum Parade...lt was very hot and some people were not feeling well. VERY memorable.

## What makes the music program at Northwestern so special?

The teachers in the program really try to make a special connection with their students. They know you personally and support students outside the classroom as well.

## How many concerts/performances have you been involved with at Northwestern?

12 performances

## What has been your favorite performance at Northwestern? Why?

This year's spring concert. It was my last concert and it was very special. We pulled out a lot of pieces that were challenging and we did a great job!

#### What would you say to a student who was thinking of joining the music program at Northwestern?

Definitely try it out and see if it is for you! Anyone who is debating whether or not to join will love it and find it a very special place to fit in here at school.



## WHAT THE STUDENTS ARE SAYING

## WHAT THE STUDENTS ARE SAYING



Name: Amelia Ficalora Grade: II<sup>™</sup> Grade Town: New Hartford

#### What do you enjoy the most about Northwestern?

I love the school spirit and the way our school comes together to do things like spirit weeks, homecoming, proms, and pep rallies. I love the enthusiasm portrayed in NWR7 and how other schools respect us as a close knit community.

#### What does being a "Highlander" mean to you?

Being a Highlander to me means that you will be connected and safe in a well-rounded community. Being a Highlander is respecting everyone and also being mutually respected by teachers and students. Highlanders are fierce competitors who are talented and humble as well as good sports.

#### Why should someone consider attending NWR7?

People should consider attending Northwestern because you are ensured to be connected to the community around you. Northwestern has created a well-supported community that is very inclusive and makes sure that everyone is feeling happy and included all the time.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

I loved all school events that included spirit week, homecoming, prom, pep rallies, volleyball games, and fundraisers. There are always lots of clubs and activities going on so that everyone can feel included and surrounded by people who have similar interests as them.

### What are you most looking forward to during your senior year?

I am looking forward most to the senior activities and finishing out high school with the kids that I have grown up with.



NAME: COLLEEN CAVANAUGH Grade: 12<sup>th</sup> Grade Town: New Hartford

#### What do you enjoy the most about Northwestern?

I really enjoy all the fun things that the school does and all the opportunities the students are given

#### What does being a "Highlander" mean to you?

To me, being a Highlander means being respectful and kind

#### Why should someone consider attending NWR7?

Everyone, including staff and students, are so welcoming. There is so many fun activities in and outside of school.

#### What are some of your favorite subjects, events, and experiences at Northwestern so far?

One of my favorite subjects is Art, which includes ceramics, painting, jewelry, and so much more. Not only are these classes fun and relaxing but the teachers are kind and are always there to help.

#### What are your plans for next year? How has Northwestern prepared you for this next step?

My plans for next year are to go to Northwestern Community College to study early childhood development. I wouldn't have been able to do this without guidance counselors helping me figure out what I wanted to do, figure o



NAME: GARRETT GALLO GRADE: II<sup>TH</sup> GRADE Town: New Hartford

#### What do you enjoy the most about Northwestern?

I love the environment here at Northwestern. It's very student-based and really allows for great social and educational success. The staff are second to none and I truly believe that Northwestern hires some of the most qualified individuals.

#### What does being a "Highlander" mean to you?

Being a Highlander means being respectful to everyone and the environment that surrounds you. It also means bringing a strong "can do" attitude with passion and drive like no other.

#### Why should someone consider attending NWR7?

It is truly an amazing school, with amazing opportunities to grow and expand yourself. The staff is always so supportive, and create a fun and welcoming atmosphere.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

I am so grateful for being able to take some amazing S.T.E.M classes at Northwestern. Mr. Carey, Mr. Dougan, and Mr. Winegar are amazing individuals and teachers. Our pep rallys, homecoming games, and the other deep rooted traditions at Northwestern give us a sense of pride and a feeling of family.

### What are you most looking forward to during your senior year?

I am looking forward to the amazing events the Northwestern staff has planned for us. Whether it's the pep rallies or the Senior picnic.



#### NAME: JEREMY DOWNES GRADE: II<sup>TH</sup> GRADE Town: TORRINGTON

#### What do you enjoy the most about Northwestern?

I just love the school in general. As a student that transferred from Torrington into this Ag program and the school, it was a decision that I have never regretted since the day I made it. Another part that I enjoy is the Ag program that has opened up tons of opportunities for me between the variety of programs (for everyone to look into) and activities that we do, it's a lot of fun and it's another decision that I don't regret making.

#### What does being a "Highlander" mean to you?

Being a Highlander means being a part of a tightly knit community where everyone pretty well knows everyone and you always find a group of people you can belong to whether it's a quieter group that is always off to the side, or the more rambunctious group in the middle. No matter what you always find your friends and it is just a great community

#### Why should someone consider attending NWR7?

Someone should consider attending Northwestern because it has so many academic and athletic opportunities that can fit to anyone's needs, from football to cross country (which you should join), from basketball to volleyball, and from track to tennis. There are opportunities through every season to meet new people and be on a great team. Beyond this, achers and coaches here are also amazing. I would give almost anything to get my freshmen year back and to actually take those opportunities that I never got because of covid, because I know they would have been great regardless.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

My favorite subject would easily be math, and while I have come to understand it's not everyone's strength, the teachers here always make sure that you understand and they are willing to help you however they can all the time. My favorite event is the pep rallies, the last one with the seniors playing volleyball against the staff was so much fun, I walked out of the gym with a sore throat from so much excitement and yelling, it was a really cool and fun experience. My favorite experience would just be my time here overall, as I could easily come up with far more positive and fun times than bad times, and I will forever appreciate that.

### What are you most looking forward to during your senior year?

I'm looking forward to taking it a little easier next year, and i'm also looking forward to trying to do more sports all year long, trying to make the most out of my final year and hopefully making a record of my own if the fruits of my training will pay off, but that's a long ways away. I want to take in every day on its own because this is a great high school experience.

## WHAT THE STUDENTS ARE SAYING

## WHAT THE STUDENTS ARE SAYING



Name: Meredith Zematis Grade: II<sup>TH</sup> Grade Town: Barkhamsted

#### What do you enjoy the most about Northwestern?

I really enjoy the atmosphere of Northwestern and our school spirit. Coming to school every day you can feel the sense of pride in our school between the students and staff. Our school wide events always draw out crowds and create healthy rivalries between the classes that everyone enjoys.

#### What does being a "Highlander" mean to you?

Being a Highlander means caring about the people around you and the environment that you create. Highlanders are people who look out for fellow students and create a positive and welcoming environment for the student body whether that be for the upcoming freshman or new students to our school.

#### Why should someone consider attending NWR7?

Northwestern is a very well rounded school with ample resources for all different needs. Ranging from exemplary academics and clubs to competitive sports in all seasons, there is something for everyone.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

I really enjoy our spirit weeks with our annual hallway decorating competition. The whole process of deciding on a theme, buying supplies, getting together to make pieces for your theme, really connects the whole class. This is definitely one of our biggest competitions between the classes and the prize of bragging rights is a good incentive.

### What are you most looking forward to during your senior year?

I am most looking forward to all of our senior activities and starting my last year of high school with my friends. Senior year is full of ups and downs with applying to colleges and figuring out the rest of our lives, but I'm looking forward to taking advantage of my last year of high school and the opportunities presented to me.



NAME: TANYON WEBER Grade: 12<sup>th</sup> Grade Town: Hartland

#### What do you enjoy the most about Northwestern?

Northwestern has a family atmosphere. Everyone is so close, a very close knit community.

#### What does being a "Highlander" mean to you?

It means a lot. Being respectful and representing the school in a positive way.

#### Why should someone consider attending NWR7?

Northwestern is so welcoming and teachers are willing to help you with your work and genuinely care about you.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

Definitely making it to the state championship. Also, a lot of my classes were great...English classes, Construction, Masonry and Mythbusters especially. I really enjoyed the pep rallies and prom. All the events are really fun.

#### What are your plans for next year? How has Northwestern prepared you for this next step?

Going to Suffield Academy for a postgrad year and playing baseball. Northwestern has helped me advocate for myself and be more independent. My work ethic improved being at Northwestern and I really was able to open up socially throughout high school.



NAME: VICTORIA SUGARAK Grade: 12<sup>th</sup> Grade Town: Torrington

#### What do you enjoy the most about Northwestern?

I was able to make lifelong friendships at Northwestern and no matter where I go my roots will always be here.

#### What does being a "Highlander" mean to you?

To me, being a Highlander is being part of a really special community where everyone looks out for each other.

#### Why should someone consider attending NWR7?

Someone should consider attending Northwestern because they do such a good job at challenging you so by the time you graduate you're prepared.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

Some of my favorite subjects are Science, English, and Ag. I also enjoyed senior sunrise, prom, and all of the pep rally's. One of my favorite experiences is when we have baby goats born in the barn in the spring.

#### What are your plans for next year? How has Northwestern prepared you for this next step?

Next year I will be attending Ramapo College for nursing. Northwestern has helped prepare me for my next step by always setting high expectations for us to be successful. Everyone at Northwestern is so hands on and they genuinely want to see you succeed.



#### NAME: TOBIN DESHAZO GRADE: 12<sup>th</sup> Grade Town: Norfolk

#### What do you enjoy the most about Northwestern?

I really enjoy how it has allowed me to become the person I want to be rather than forcing me into a given path. I did have to choose to become my own person but that makes it all the better that I took the initiative and the school gave me what I needed to do so

#### What does being a "Highlander" mean to you?

To be a Highlander you have to be able and willing to collaborate with your peers. You can get a lot done on your own but your fellow students are your best resource. It means having some desire to improve upon the community you came into, through social connections or something more grand like kindness in motion. At the end of the day, it means to have an open mindset. You'll meet quite a few people, and at a school as small as this one you get to know them pretty well.

#### Why should someone consider attending NWR7?

Someone should consider attending Northwestern for an intriguing and enriching education that gives you more than enough base knowledge to go out and get a unique perspective of the world, while putting you in an environment that facilitates that drive.

### What are some of your favorite subjects, events, and experiences at Northwestern so far?

I have very much enjoyed Northwestern's music and theater department's but of course there are many amazing academic experiences through all the core subjects as well.

### What are your plans for next year? How has Northwestern prepared you for this next step?

I am off to Pace University in New York City where I will be majoring in business analytics and I will be studying as much music in and out of school as I am able. Northwestern has made sure I am ready for this by providing a comprehensive education and providing me with teachers who have challenged me, and pushed me to do better. The school has also provided plenty of pre-college preparation help that has been greatly appreciated and used by the student body.

## 2020 ALUMNI: SARA CARFIRO



#### Year Graduated: 2020 Current Education Status. Studies & Goals:

I am currently attending Northwestern Connecticut Community College, majoring in both Nursing and Criminal Justice. I am an active member of the student body. I currently hold the offices of: President of the Student Senate and Vice President of the Student Nurses Association. I am a member and past Vice President of the Criminal Justice Club. I'm also involved in the Outdoor Adventure Club, where I have served as Treasurer, Vice President and President. On May 18th, 2023, I was presented with the 2023 Student of the Year Award.

### How did your experiences at NW 7 prepare you for life after high school?

During my high school years, I threw myself into as many extra curricular activities as I could. I was always balancing a heavy workload and I loved it. Some nights I would be at the school until 9 o'clock. When I started College, balancing the course load load was not a problem.

#### While at NW, what did you partake in?

While at Northwestern, I was very involved. I was a member of the Link Crew, Envirothon and Mock Trial teams. I was highly involved with FFA and our Ag Program. During my senior year, I was Class President and served on the Student Senate. I was a Kindness in Motion Ambassador, holding annual fundraisers bringing awareness to ALS and raised over \$5,000.

#### What did being a Highlander mean to you?

Being a Highlander means being someone others can respect and look up to. It means being loyal, dependable and kind. Always helping others and doing what is right.

#### Talk about your experience in the Ag program

I was heavily involved in our Ag program and the FFA. I knew that I wanted to join the FFA before I even started at Northwestern

as a 7th grader. Many of my family members were in the FFA. My father attended the program at Northwestern and my mother at Housatonic. From my very first day, in Mr. Wildes, period 7 Exploring Ag Class, I knew I had made the right choice. Many of my classmates went on to choose "specialties" so to speak, whether it be Animal Science, Plant Science, or Mechanics. There were so many classes being offered, it was hard for me to choose just one. Picking different classes meant getting to experience each Ag Teacher at Northwestern.

My Sophomore year, I served as the Chapter Treasurer. Anyone who knows me knows how passionate I am about fundraisers, it was the perfect job for me. This year, I took Veterinary Science with Ms. Haaland. I not only learned so much in this class but it is what sparked my interest in CDE's. CDE's are Career Development Events. Teams of four compete against other Schools in topics pertaining to Agriculture. My very first CDE was Vet Science, that year we placed 10th.

The following year, I got more involved in CDE's choosing to do as many as I could even if I didn't have previous knowledge on the subject. With each competition, we placed higher and higher and my passion to learn more only grew.

Junior year, I served as Chapter Vice President and had Mr. Wildes once again. This time for Fruit and Vegetable Science. This class was so interesting, everything that I thought I knew went right out the window. That year my garden was the best it's ever been. It was also a stand out year for me, I had successfully fundraised enough money to pay my entire way to The National Convention! This was extra special because I also received Bronze status at the National FFA Convention for my AgriScience project "Milk Money".

My senior year, I served as Chapter President and had Mr. Farrell, a teacher newly added to the Northwestern team the year before. I was especially excited for his Field Ecology class because I was a part of the team that got to interview him for the job. During this class, we set up plots in the woods to monitor and observe wildlife. While our time in person was cut short, our learning was still fun. Mr. Farrell had created an interactive assignment for us to do at home using an app to identify plants and insects in our own backyards. This year, I was able to participate in just a few CDE's. During my time in the FFA, I was also very diligent in getting my degrees.

My Freshmen year, I earned my Greenhand Degree. This degree establishes a base for your Agricultural Education. My Sophomore year, I went on to get my Chapter Degree, building off the foundation from the previous year.

My Junior year, I made it a goal to get my State Degree. I worked extra hard to get the hours and meet the requirements to receive this degree a year early, most obtain this degree their senior year.

After I had graduated, I was still involved in agriculture and the program at Northwestern. I served as a member of the Nominating Committee to choose the 2021-2022 and 2022-2023 slate of officers. I also continued participating in the fundraisers because there was no way I was giving that up. In October of 2022, I was awarded the American FFA Degree. The American Degree is the highest degree you can obtain, only 3% of all FFA members receive it. I was able to join my fellow members on one last trip as a

member to the National FFA Convention. Accompanying me on this trip was my mom and grandfather. Not only did my grandfather serve as both State Vice President and State President, 52 years ago, he walked the National stage himself to receive his own American Degree! This was my fourth trip to the National Convention and while each trip was amazing, this trip was by far my favorite. The stops we made along the way were entertaining and educational. Everyone on the bus was amazing.

The convention itself was incredible, I was able to attend many workshops and meet many FFA members from all over the U.S.

#### If you could talk to your eighth-grade self, what advice would you have in regard to taking that next step to high school?

If I could talk to my 8th grade self I would tell her to get more involved early on. There are so many opportunities to take advantage of. No matter what your interests are, there is a group or club out there just for you!

### What are some of your favorite memories of being part of the NW community?

I had an amazing experience at Northwestern. Some of my favorite memories include my senior year Mock Trial competition. Our first day of competition was so much fun, I was an expert witness. I remember Mr. Winterson told me that if I wore glasses, I would look more official. My eyesight is perfect but that didn't stop me from going out and buying fake ones. We won that round. Even though we didn't advance after that, it was a great experience. Another memory is my Junior year winter retreat night. As a Chapter Officer for the Ag program, we held a winter retreat after school. FFA retreats were always something to look forward to, good food and team building activities, two of my favorite things. Our night was filled with laughter, good food, great friends for life and even some sledding!

#### Your ideal job will be ..?

My ideal job would be traveling as a Labor and Delivery nurse and completing my career in forensic nursing.

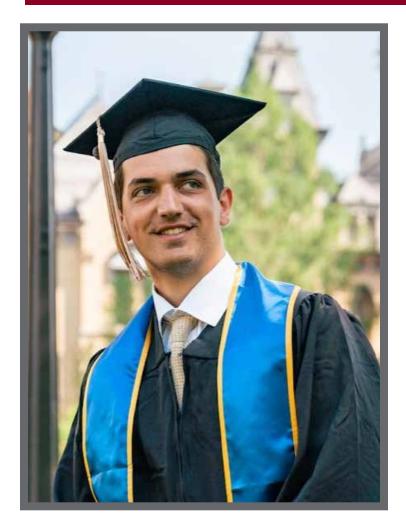








## 2018 ALUMNI: ZACH AUSTIN



#### Year Graduated:

I graduated from Northwestern in 2018. I then attended the University of Notre Dame studying Business Analytics and Applied Math, graduating in May 2022.

#### Where am I now?

I am currently working as a software developer and data engineer at Travelers Insurance. My work focuses on deploying machine learning / artificial intelligence models as applications that can help underwriters make decisions in business insurance. I worked in Hartford for the summer after graduation, but transitioned to a remote role out of Chicago, IL in October of last year. With most of my team members working remotely and several of my friends from college living in Chicago, I took the opportunity to try out a new city. I now live across the street from Wrigley field and have enjoyed listening to the cubs play day games as I work from my front porch.

#### What did being a Highlander mean to me?

I always felt that being a highlander was the sense of community and school spirit I felt amongst my classmates. When I was choosing a college, this was the key characteristic I was looking for. Between competitively decorating different areas of the school with my class during homecoming, cheering on our classmates at basketball games in the winter or soccer games in the fall, and playing ping pong in the hallway of senior commons, I always had something to look forward to outside of my classes each day.

#### **Trips / Memories at Northwestern**

At Northwestern, I was president of my class which was a great experience. I have fond memories giving a speech each year hoping to be reelected, helping to run fundraisers like car washes and bake sales, and helping to organize homecoming decorating / prom logistics. I enjoyed playing on the baseball team but enjoyed cheering my friends on in other sports almost as much. One of my favorite memories was going on the Europe trip with Mr. Rodenberg and many of my classmates - we got to travel to Switzerland, Austria, Lichtenstein, Germany, and Italy while learning about the history and culture at each stop.

### How did high school prepare me for the next part of my journey?

My experience at Northwestern was foundational to my career development choices in several ways. First, I had the opportunity to take a variety of courses, with excellent teachers that helped me explore potential majors and careers before starting college. Coming into high school, I wasn't sure what I "wanted to do when I grew up." However, after taking Mr. Mitesser's computer science classes I really fell in love with programming and realized I could be good at it. Participating in the M3 Math challenge after school was also foundational in expanding my interests in using mathematical modeling to solve problems.

Senior year, I had the opportunity to take a new "capstone" course with Mrs. Angell. During this course, we went through exercises helping us identify a problem to focus on and develop a business solution. My project started as a snow day calculator focused on predicting the likelihood of administrators calling a snow day based on data extracted from a public weather API. However, I ended up adjusting the focus of the tool to be designed to help superintendents make more informed decisions when deciding whether to cancel. I tried to account for specific intricacies in the weather that might not be available from a morning forecast and looked at historical data to evaluate what made a

"good" or "bad" snow day and whether a 90 minute delay would really be effective in improving road conditions. It was really cool to iteratively work through a project in that environment because I learned both technical skills in web development and business skills through market analysis and presentation exposure. The end product output a recommendation with a degree of confidence for an administrator to use. This course was formative in my decision to pursue a major in Business Analytics, hoping to develop my skills in computer science and engineering while also learning how to use those skills to solve business problems.

While it was my computer science, statistics, and capstone courses that were most formative in choosing my major and career, many of the other teachers and courses at Northwestern were helpful in developing study habits that set me up for success at Notre Dame. I remember taking AP US History with Mr. Winterson and learning the importance of managing my time and studying throughout the week to avoid needing to cram for our quizzes and tests.

#### Advice for 8th grade students coming to high school:

Take advantage of your opportunity to explore current interests, but also be open to trying new things. You probably hear this all the time, but my vision for college and a career when I was in eighth grade was pretty far off from where I ended up. At Northwestern, you'll have opportunities to try out new elective courses that may spark a lightbulb for you - for me it was computer science, but there are many others. The most important thing you can do is to come to school wanting to learn - it can be easy to take a class and only care about getting a good grade. While the grade is important, the courses that have had the longest lasting impact on me were the ones that I took to learn something new.

Beyond the classroom, try to put yourself out of your comfort zone. You could run for class officer or join student council, try out for a sport or theater, or join a club that seems interesting for you. I always felt that I enjoyed high school so much more when I was involved in other things throughout the week outside of my classes.



Neuschwanstein Castle (Europe trip 2017)



Senior Prom (2018)



FBLA Club at Northwestern - Connecticut Convention



Notre Dame Stadium w/ Family (2022)

## **FRED WILLIAMS:** ATHLETIC DIRECTOR



## FROM THE DESK OF **ATHLETIC DIRECTOR FRED WILLIAMS**

he 2022-23 Sports year was very successful here at Northwestern both from a team point of view and as individuals. We had 12 First team All-State athletes and 41 First team All-Stars. Five league champion teams and three Sportsmanship winning teams. We have a total of 245 Scholar Athletes during the three seasons. To earn a certificate the athlete needs an 88 or above average. From the AD's office things were a little tense at times as a bus driver shortage is still affecting the day to day Sports activities. Games had to be postponed and in many cases, especially at the Middle School level, games were cancelled. I would like to think it will be better come fall but only time will tell. Also the absence of a trainer made things a bit more challenging. Thanks to Stacey Zemaits (acting trainer), our coaches and the nurses we survived without any major incidents. We are hoping that a trainer will be available in the fall but we will have to see if one will appear! We are already in the process of getting ready for Fall Sports, schedules are pretty much complete. Parents can register their child on FamilID now so the athlete is ready to go for the start of their fall season. Good Luck to our seniors leaving Northwestern. Have a great summer everyone.

**2023 All-State Players** 

#### Fall

Cross Country Katherine Beauchene BL All- State Field Hockey Alexa Maser BL All-State Football Fred Camp NVL All-state Football Devin Divita NVL All-State Football Aiden Avenia NVL All-State

#### Winter

Swim Noah Green BL All-State Dive Ava Bannerman BL All-State Basketball Freddie Camp BL All-State Basketball Maddie Topa BL All-State

#### Spring

Baseball Freddie Camp Softball Lexi Lefkowski Track/Field Carley Bannerman

#### League Champions

Football Division Champions **Girls Volleyball** Girls CC BL Champions Swim BL Champions Girls Basketball BL Champions Boys Track and field

#### **Ted Alex Winners**

Field Hockey Wrestling **Boys** Tennis

Northwestern's Technology Education program offers students an opportunity to use their ingenuity with tools, materials, processes and resources to create solutions and opportunities for themselves and others. The nature of learning goes from the introduction of just "knowing" to more developed applications that relate Engineering, Assessment, Innovations and Technological Systems. It is a dynamic subject that is as fast moving and as up-to-date as the thinking of technology in our society. It is future workforce thinking! In Technology Education programs, students most importantly gain knowledge and skills essential to all kinds of work, university study and a successful life. They are encouraged to show initiative, be innovative and creative, learn independently, and to take responsibility. They learn teamwork and communication skills and the importance of contributing to the community both socially and economically. Students learn skills that can effect changes in their own lives as well as their community.

Through Technology Education, students develop a critical eye with which to assess the implications of new technologies - issues such as the dwindling supplies of fossil fuels, alternative fuels, and the impacts of both on the environment.

Technology Education is the T and E in STEM, (Science, technology, engineering, and mathematics). STEM education affords students opportunities to make sense of their world universally, instead of learning ideas and concepts in individual, non-integrated courses. STEM education offers the promise of students learning in an interdisciplinary way that couples rigorous standards to real world experiences allowing students to apply science, technology, engineering, and mathematics in contexts that make connections between school, community, work, and their world.



## **TECHNOLOGY EDUCATION**



## **TECHNOLOGY EDUCATION**







## **TECHNOLOGY EDUCATION**



### **TECHNOLOGY EDUCATION: STUDENT SPOTLIGHTS**

### **TECHNOLOGY EDUCATION:** STUDENT SPOTLIGHTS



Name: Andrew Haefner Grade: 12<sup>th</sup> Grade Town: New Hartford

#### What has been your favorite Technology Education class? What did you enjoy the most about it?

My favorite tech Ed class is by far Engineering Design, I love how we are able to learn so many different things other than what we learn in core classes. We learned cool things like how to weld, and metal milling.

#### What project or independent work within Technology Education are you most proud of?

I am the most proud of the go kart that we built and won first place with. This was my favorite project because we were able to use the skills we learned to completely build a go kart unassisted.

#### What skills were you able to develop/refine through your experience in Technology Education classes?

We were able to develop teamwork skills and a lot of problem solving skills.

### What is your favorite memory from one of your Technology Education classes?

My favorite memory was getting handed the first place plaque at Lime Rock race track after winning the novice class.

#### What would you say to a student who was thinking of taking a course in the Technology Education department at Northwestern in the future?

If you are thinking about taking a Tech Ed class then you definitely should. These classes will teach you important and cool skills that you simply can not learn in any other core class.



NAME: MAXWELL LINNHOFF GRADE: II<sup>TH</sup> GRADE Town: New Hartford

#### What has been your favorite Technology Education class? What did you enjoy the most about it?

Engineering design, the thing I enjoyed about that class is learning all new skills and having a great time with friends.

What project or independent work within Technology Education are you most proud of?

The car we raced in Lime Rock Park

What skills were you able to develop/refine through your experience in Technology Education classes?

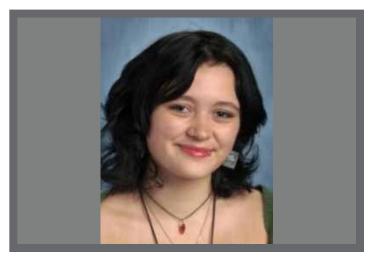
Welding, plasma cutting, electrical

### What is your favorite memory from one of your Technology Education classes?

Getting first in the Novice Division for racing the car in Lime Rock

#### What would you say to a student who was thinking of taking a course in the Technology Education department at Northwestern in the future?

Do it! Taking the class with friends also makes class more fun.



Name: Karolyn Richardson Grade: 10<sup>th</sup> Grade Town: Barkhamsted

#### What has been your favorite Technology Education class? What did you enjoy the most about it?

Video production has been my favorite technology class so far. It had a lot of creativity involved, while also learning the technical side of things. It does a great job blending the two, allowing you to make something that you're proud of.

## What project or independent work within Technology Education are you most proud of?

I'm proud of my extra work with film outside of class. Being able to film sports and events is really exciting and interesting. I'm proud of how far I've come in my technique/ abilities.

#### What skills were you able to develop/refine through your experience in Technology Education classes?

My ability to use larger film equipment, and create good quality film. While also learning how to be more focused and pinpointed in an effort to get the right outcome.

### What is your favorite memory from one of your Technology Education classes?

Being able to create a mini movie with some of my other classmates. Finding fun ways to involve everyone's ideas, and how to make it come to life.

#### What would you say to a student who was thinking of taking a course in the Technology Education department at Northwestern in the future?

Do it! Even if it feels scary or as if you won't know what you're doing. Everyone is going into it a bit blind, but you might fall into something you really love. Try new things and expand your horizons, because everyone is more than capable of succeeding in technology classes.



#### Name: Alison Keplinger Grade: II<sup>™</sup> Grade Town: New Hartford

#### What has been your favorite Technology Education class? What did you enjoy the most about it?

3D Home Design 1&2

### What project or independent work within Technology Education are you most proud of?

My 2023 submission for the Home and Remodeling Association of Central Connecticut's Student Home Design Competition. I was tasked with designing a three bedroom home under 2000 square feet. This included a full floor plan and physical scale model of the design. I was also the first student from Northwestern to ever compete in the competition in 2022, where my design placed 3rd place and got the rookie award (for newcomer schools).

### What skills were you able to develop/refine through your experience in Technology Education classes?

I developed many skills through my experience in these classes. Problem solving, creativity, knowledge surrounding architecture and many more. Above all, Tech Ed inspired me to show initiative in all aspects of my life. I learned not just to challenge myself by taking on responsibility and accepting opportunities, but to create my own opportunities. Even if the answer is no, I learned to ask questions and push the limits of what has been done. I was able to witness my efforts paying off, which has boosted my confidence in trying new things and encouraged me to put my all into everything I do.

### What is your favorite memory from one of your Technology Education classes?

My favorite memories are the last nights before the submissions to the Student Home Design Competition are due. This "crunch-time" is when the most work gets done, and I generally wind up being at the school until 9 pm. But it is also when the final product and all the effort I poured into my work is finally visible. The wave of relief from being finally done is one of the best feelings in the world.

## What would you say to a student who was thinking of taking a course in the Technology Education department at Northwestern in the future?

The courses are what you make of it. If you choose to do the minimum, you will be disappointed. But, if you try things outside of your comfort zone and put your all into what you are doing, you may find a passion for something unexpected.

### **2023 KINDNESS IN MOTION:** PROJECT HIGHLIGHTS

## **2023 KINDNESS IN MOTION:** PROJECT HIGHLIGHTS

### **LEND A HAND FOOD DRIVE -ALEX BORELLI**





### **SELF CARE PACKAGES** FOR EARTHQUAKE **VICTIMS -** LEILA GUTIC



### **TUG TOYS FOR PETS -EMILY ROMANOWSKI**



I decided to apply for a Kindness in Motion Grant for my capstone project, Tug Toys for Dogs. I used the grant to buy felt blankets at Walmart, and with the help of my friends we cut the blankets into strips and tied them into a specific pattern to create a long chain. From there, I sold these toys at an art fair and made \$153 which I then donated to the animal shelter, The Little

### HELP FOR TURKEY- ELLA GANNON

In total I collected 611 hygiene products and over 20 blankets! Again, thank you to everyone who donated and thank you Dr. Palmer for your kind and generous donation to my cause.



### **OPERATION CHRISTMAS CHILD - MRS. SULLIVAN, MR. REESE,** & STUDENTS

For the past 4 years, the AIM Program has participated in Operation Christmas Child through Samaritan's Purse. We collected items such as toys, personal care items and school supplies to fill over 40 shoeboxes, doubling last year's donation! Without the help of our school community and the Kindness in Motion grant this would not have been possible! The filled shoeboxes are distributed all over the world to children in remote areas. We look forward to continuing this project in the years ahead, bringing Christmas to children who would otherwise go without!

### **COLORS OF KINDNESS - ISABELLA & OWEN ROEPKE. BRAYDEN HARRIS**

The three of us were able to work with a nonprofit organization called ParCo and gather 52 backpacks and school supplies to give to children in Mozambigue, Africa whose families are unable to afford these items. We are glad to have this opportunity and be able to help children at about 10 different schools.



**STATE PARK CLEANUP - BEN CRONE, NICOLE** DYNAK, DYLAN FARR, MAKAYLA **ENSMINGER** 











### **VISION OF THE GRADUATE**



t Northwestern Regional High School, our vision A of the graduate process started at the beginning of the 2019-2020 school year. As part of the process, we created a vision of the graduate committee. Members of the committee included elementary, middle and high school administrators, our superintendent, elected officials, parents, students, teachers, local business owners, clergy, and representatives from higher education (Northwestern Connecticut Community College). The committee participated in a series of monthly meetings from December 2019-March 2020, grappling with the following questions: What are the hopes, aspirations and dreams that our community has for our young people? What are the skills and habits of mind that our children need for success in a rapidly changing world? Teachers and department chairs had the opportunity to share their feedback during regularly scheduled meetings and this was also shared with the vision of the graduate committee. As a result of everyone's combined efforts, Northwestern Regional High School's Vision of the Graduate was created:

## A Northwestern Regional High School graduate will be a(n):

- Effective Communicator and Collaborator -

- Critical Thinker and Problem Solver -
- Persistent and Adaptable Thinker -
- Emotionally-Intelligent Individual -
- Passionate, Empowered Learner -
  - Civic-Minded Citizen -





NW Regional School District No. 7 Board of Education 100 Battistoni Road Winsted, CT 06098



# NORTHWESTERN REGIONAL SCHOOL DISTRICT NO. 7

# The Pride of the Northwest Corner

