



Struggling with your emotional health, relationships, life transitions, or making safe choices?

Our Best Point team is here to help.



Shannon Henegar: Therapist

Shannon provides individual counseling services at school to improve the emotional and behavioral functioning of students. She commonly works with those experiencing the following needs:

- anger and impulsiveness
- anxiety and depression
- grief and loss
- crisis intervention
- family support



Kelly Cline: Care Coordinator

Kelly provides mental health services to empower students to be successful in their daily lives and transition into young adulthood. She can assist at school, home, and in the community with the following:

- coping skills to manage emotions
- improving communication
- time management and organization
- college and career readiness
- budgeting and securing needed resources

Interested in services?

Talk with your teacher or school counselor, who can assist in making a referral. If you are over 18 years old, you can fill out a referral yourself on our agency's website at <https://bestpoint.org/referral/>