

## What is Care Coordination?

Client	Family	Resources	Team
<ul style="list-style-type: none"> <li>• Assist client in practicing coping skills and communication techniques across all needed settings</li> <li>• Teach client skills to improve daily functioning and promote successful transition into adulthood (e.g. time management, career exploration, budgeting, etc.)</li> <li>• Provide crisis support as needed</li> </ul>	<ul style="list-style-type: none"> <li>• Provide education regarding client's mental health diagnoses</li> <li>• Assist family in developing parenting strategies based on client's unique strengths and needs</li> <li>• Reinforce communication skills to establish healthy relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Assist in gaining connection to relevant medical, nutritional, housing and community resources</li> <li>• Assess and refer for additional services as needed (e.g. medical, respite, mentorship, etc.)</li> <li>• Engage natural supports</li> </ul>	<ul style="list-style-type: none"> <li>• Convene client, caregiver and all individuals supporting the child</li> <li>• Develop and review treatment goals and objectives</li> <li>• Coordinate roles and responsibilities</li> <li>• Review progress to refine treatment plan</li> <li>• Coordinate interventions with teaching team</li> </ul>