

# **PARKLAND HIGH SCHOOL**

## **STUDENT ACTIVITIES**

### **A GUIDE FOR STUDENTS**



**2023-2024**

## **EXTRACURRICULAR**

Extra-curricular activities are optional, out-of-the-classroom activities for students that are not tied to the curriculum in any way.

### **AERIAL TECHNOLOGY CLUB**

Advisor: Mr. Bruce Lubak  
Time Commitment: Meets twice a month  
Description: This club allows students to explore the technical components, mechanics, design, and construction of different types of aerial craft. Students will have an opportunity to build, troubleshoot, and improve upon these aircraft. We will introduce club members to the world of remote-controlled (RC) flying machines with a technology and engineering focus.

### **AMERICAN SIGN LANGUAGE (ASL) CLUB**

Advisor: Mrs. Chey Garvin  
Time Commitment: First Wednesday of the month at 7:15 am in B213  
Activities: Coordinate IMAGE (Performance Group); silent dinners; fundraisers; World Language Week activities.  
Additional: This club is available for all sign language students and/or students who have an interest in Sign Language.

### **AMNESTY INTERNATIONAL CLUB**

Advisor: Mrs. Denise O'Connell  
Time Commitment: Meet once or twice a month in room D206 at 3:10p.m.  
Activities: Coordinate IMAGE (Performance Group); silent dinners; fundraisers; World Language Week activities.  
Description: Work with Amnesty International to bring awareness of humanitarian crises happening around the world. Areas of particular focus have been basic human rights/liberties.  
Additional: Participate in international writing campaigns, activities fair, homecoming, and regional and National Amnesty Conference

### **CHESS CLUB**

Advisor: Mr. Bob Tice  
Time Commitment: Tuesdays after school from 3 – 4:15 pm. Season starts the third week of October and ends in February. Matches held every Tuesday and Thursday.  
Activities: Weekly matches, beginning and ending tournaments and competitive practices.  
Requirements: To compete on a team you must finish 7th in a round robin tournament. For practice, you simply need to have an interest in chess.

### **CHILD DEVELOPMENT CLUB**

Advisor: Mrs. Bethany Pepe  
Time Commitment: Monthly meetings held on the 1st Thursday of the month from 3:05-4:15 in A134  
Activities: Optional volunteer events throughout the year  
Description: Learn about children and gain experience working with them through multiple volunteer and community service activities  
Requirements: \$5 dues and participation at monthly meetings

### **CLASS OFFICERS (Yearly Elections)**

#### **Senior Class**

Advisor: Ms. Kimberly McHenry  
Time Commitment: Weekly meetings and participation in all class activities. Evening and weekend hours are expected.  
Activities: Homecoming; Prom planning; Mr. Parkland; Senior picture / slide show & additional class activities.

#### **Junior Class**

Advisor: Mrs. Lori McClure  
Time Commitment: Weekly meetings and participation in all class activities. Evening and weekend hours are expected.  
Activities: Homecoming; Mr. Parkland; Graduation & additional class activities.

#### **Sophomore Class**

Advisor: Mrs. Sarah Yenser  
Time Commitment: Weekly meetings and participation in all class activities. Evening and weekend hours are expected.  
Activities: Homecoming; Mr. Parkland; Graduation & additional class activities

#### **Freshman Class**

Advisor: Mrs. Lauren Irizarry /Ms. Kylee Lobb  
Time Commitment: Weekly meetings and participation in all class activities. Evening and weekend hours are expected.  
Activities: Homecoming; Mr. Parkland; Graduation & additional class activities.

### **CLUB MED**

Advisor: Ms. Megan Tiwold  
Time Commitment: Morning meetings and after school guest speakers/ activities  
Activities: Lectures by representatives from local hospitals, doctor's offices, health clinics; field trips to hospitals and medical-related facilities  
Description: This is an opportunity for any student that has a desire to pursue a career in the medical field. Informal and informative.

### **CODING CLUB**

Advisor: Dr. Sami Jo Eckhart  
Time Commitment: Bi-weekly meetings  
Activities: All students are welcome to join the Coding Club. All you need is a fascination with technology, computers, and willingness to use technology as a positive impact in our community.  
Description: PHS Coding Club is an interactive organization dedicated to educating and utilizing computer skills. You DO NOT need to know much about computers to be able to participate in the Computer Club. We can assure you that we will teach you what you need to know to adapt to the new technology present in this Technological Uprising.  
Requirements: The coding club will meet bi-weekly to work on a continuous impact project, which students will create to aid their community. Club members will work in a team and focus on the importance of working together and helping each other out while creating their project. Students benefit from the structure of the club, the social interaction, and the emphasis on teamwork. You must actively participate in Computer Science week, Code James, and the PA Media Design Competition to be a part of this club. Please BYOD.  
Additional: The mission of PHS Computer Club is to explore technology by discussing and reviewing new products, applications, and informing the students at PHS of the other aspects of computer technology, such as creating websites and applications; entering competitions and learning about new technology as it is being introduced to the market. Students will be involved with Computer Science education and the Hour of Code initiatives in the elementary schools (students will meet more frequently for preparation).

### **COLORGUARD (Band Front)**

Advisor: Ms. Sydney Sherrier  
Time Commitment: Meets during assigned class periods and evening football games.  
Activities: Local Band Adjudications and PHS Football Games

### **COMPUTER CLUB**

Advisor: Dr. Sami Jo Eckhart  
Time Commitment: Bi-weekly meetings  
Activities: All students are welcome to join the Computer Club. All you need is a fascination with technology, computers, and willingness to use technology as a positive impact in our community.  
Description: PHS Computer Club is an interactive organization dedicated to educating and utilizing computer skills. You DO NOT need to know much about computers to be able to participate in the Computer Club. We can assure you that we will teach you what you need to know to adapt to the new technology present in this Technological Uprising.  
Requirements: The computer club will meet bi-weekly to work on a continuous impact project, which students will create to aid their community. Club members will work in a team and focus on the importance of working together and helping each other out while creating their project. Students benefit from the structure of the club, the social interaction, and the emphasis on teamwork. You must actively participate in Computer Science week and the PA Media Design Competition to be a part of this club. Please BYOD.  
Additional: \$10 Annual Dues. The mission of PHS Computer Club is to explore technology by discussing and reviewing new products, applications, and informing the students at PHS of the other aspects of computer technology, such as creating websites and applications; entering competitions and learning about new technology as it is being introduced to the market. Students will be involved with Computer Science education and the Hour of Code initiatives in the elementary schools (students will meet more frequently for preparation)

### **CONSERVATION CLUB**

Advisor: Mrs. Sarah Yenser  
Time Commitment: Envirothon Competition – Wednesdays in spring; weekly meetings for local competition(s). Additional time required for club conservation projects.  
Activities: This club provides students the opportunity to work with local conservationists. This year's focus will be the restoration of a local creek.  
Achievements: Placed at Lehigh County Envirothon

### **DANCE TEAM**

Advisor: Ms. Samantha Wiik  
Time Commitment: Twice a week after school (auditorium), home basketball games, various school and district functions

Activities: Performing at home basketball games and school and district events, organizing and attending a youth dance clinic, competitions, attending summer camp, and fundraising projects.  
Requirements: Dance skills, summer camp participation, and time commitment.  
Additional: Auditions in spring

### **DEBATE TEAM**

Advisor: Mrs. Jennifer Smith  
Time Commitment: Debate season runs from October to January, with semi-finals in February. The team meets twice per week for 1½ hour practices before season then once a week during the season for more intensive mock debate sessions. There are four competition days that take place during school hours, with additional days for semi-finals. Topics are timely, interesting and often emotional. Students develop critical thinking and persuasive public speaking skills.  
Activities: Research, brainstorming and practice sessions; League and Semi-final Debates.  
Description: For those wishing to perfect the art of argument.  
Requirements: Excellent research and communication skills and a willingness to devote time and effort to both.  
Achievements: LVIAC Champions 2011

### **DIGITAL PHOTOGRAPHY CLUB**

Advisor: Mr. Christopher Barrett  
Time Commitment: Monthly meetings  
Dues: There is a small fee that will be required to cover printing costs.  
Description: This club explores the aesthetic and technical aspects of photography. During meetings the club develops themes for creating images and builds a community that supports positive feedback through critiques.

### **DRAMATIC / MUSICAL PRODUCTIONS**

Advisor: Ms. Andrea Roposh (Play), Mrs. Natalie Gabrie (Children's Show, Mrs. Lori Colacito (Spring Musical)  
Productions: 2023 Fall Play/ 2023 Children's Show / 2024 Spring Musical  
Time Commitment: Rehearsal schedules created after auditions and casting for each show.  
Requirements: Everyone in the school is welcome to audition for any of the shows. Students DO NOT need to be members of the Performing Arts Club to audition.  
Additional: Information and announcements regarding the shows are available in the Black Box Theatre and the Box Office.

### **COMPUTER CLUB**

Advisor: Mr. Andrew Marth  
Activities: Club after school; competitions/leagues for Rocket League, Valorant and League of Legends against schools throughout the state; field trips to competitions and post-secondary eSports arenas.

### **FASHION CLUB**

Advisor: Dr. Kristin LaBella  
Time Commitment: Second Wednesday of month from 3:05-4:20 pm in Room A136  
Dues: \$5.00 per year  
Description: This club is a place for creative students to gather, connect and share information about fashion trends, careers and general inspiration. Each meeting will have a different topic or theme. All students are welcome.

### **FESTIVAL OF THE ARTS CLUB (FOTA)**

Advisor: Mrs. Megan Halbert  
Time Commitment: Monthly meetings  
Activities: Wednesday Coffee House: Battle of the Bands: Volunteering at the Festival of the Arts  
Dues: \$5.00

### **FITNESS TEAM**

Advisor: Mr. Thomas Yankanich  
Time Commitment: Workouts will be at OMS fieldhouse in the evenings and at PHS for morning practices; 1½ hours twice a week (days to be determined by the group)  
Activities: Exercise & weight program; Fundraising activities  
Description: Open to everyone in grades 9-12  
Requirements: A hard worker who wants to be part of a team.

### **FRENCH CLUB**

Advisors: Mme. Nicole Boudart  
Time Commitment: Meetings varied as needed  
Activities: Homecoming; World Language Week, French Activity Fair for Elementary Students, Seasonal Cultural Activities

Additional: This club is open to all students interested in French language and culture, including those who are not enrolled in French class. Join the Schoology group to stay informed of upcoming events.  
Dues: \$5.00

### **FUTURE BUSINESS LEADERS OF AMERICA (FBLA)**

Advisor: Mrs. Alyson Brader/Mr. Trevor Miller  
Time Commitment: One morning / month at 7:15 AM in D222  
Activities: Fall workshop; Region 28 Competition; State Conference;  
Achievements: Local, State and National Recognition  
Dues: \$15.00 / year (Includes local, state and national dues)  
Description: FBLA is perfect for any student preparing for a career in business or simply interested in learning more about the free enterprise system. If you enjoy competition, this is a club for you.

### **FUTURE TEACHERS OF AMERICA**

Advisor: Mrs. Julie Wood  
Description: Future Teachers of America is the ideal place for students interested in the teaching profession. Through this club, high school students will develop confidence as well as leadership skills as well as have the opportunity to obtain volunteer hours in the field of education.

### **GAY STRAIGHT ALLIANCE (GSA)**

Advisor: TBA  
Description: The GSA Club aims to unite LGBTQ+ and allied students to build community and organize around issues impacting them in their schools and communities. GSA clubs have evolved beyond their traditional role to serve as safe spaces for LGBTQ+ youth in middle schools and high schools and have emerged as vehicles for deep social change related to racial, gender, and educational justice beyond individual schools.

### **G.E.O. CLUB**

Advisor: Ms. Felicia Johnson  
Time Commitment: Monthly meetings with the date and time TBA in addition to some after school projects and some weekend activities.  
Dues: \$5.00 yearly dues per member.  
Activities: Students discuss important environmental issues; encourage energy conservation and plan activities such as a recycling program; clean-up projects at local parks, playgrounds and PSD facilities; volunteer opportunities at Peaceable Kingdom and Lehigh Valley Zoo; Adopt-an-Animal Philadelphia Zoo; electronics recycling. Group selected field trips such as Earth Fest and Philadelphia Zoo.

### **GERMAN CLUB**

Advisor: Ms. Kathy Roland  
Time Commitment: Meetings varied as needed  
Dues: \$10 per year  
Activities: Homecoming; Community outreach programs; movie days, trips to cultural events, World Language Week activities, German Breakfasts, and seasonal cultural activities.  
Additional: All students interested in the German language and culture are invited to join. Notifications will be shared through the Schoology group. Officer elections will be held the first week of school.

### **ICE HOCKEY CLUB**

Advisor: Mr. Thomas Yankanich  
Time Commitment: Summer practice once a week usually Sundays 6:00-8:00 PM at the Lehigh Valley Ice Arena. Off-season includes ice conditioning drills. Fall and winter game schedule and practice once a week. Chalk talk & game review weekly.  
Activities: Approximately 30 games that includes games, tournaments and championship playoff games.  
Additional: Dues for the club are about \$50.00 per player. Cost is approximately \$500 per year plus equipment. Club sponsors fundraisers to help defray player fees.  
Description: Need for students at all skill levels looking to have fun and wanting to compete at the highest level. Need students for team managers, off-ice officials, reporters, penalty box clock and game sheet (necessary equipment provided).

### **INDOOR COLORGUARD**

Advisor: Ms. Sydney Sherrier  
Time Commitment: Tuesday, Thursday evenings & Saturday mornings (PHS Band Room A116)  
Activities: Perform at local & regional indoor competitions  
Achievements: Former Tournament Indoor Association (TIA) Champions  
Description: Flags, rifles and dance on a gym floor.

### **INTERACT CLUB**

Advisor: Mrs. Lori Peters  
Time Commitment: Monthly meetings, third Wednesday of the month in the Cafeteria. Various service opportunities.  
Dues: \$10.00  
Description: Chartered by Rotary International, Interact is a service based club that works on projects local, national, and international in nature. Specifically, Interact is committed to the Snack Pack program, providing food supplements to Parkland families. Additional projects based on student interests including leadership development and global awareness.

### **INVESTING CLUB**

Advisor: Mr. Ryan Kilpatrick  
Time Commitment: Meetings once a month after school from 3-4:30pm.  
Activities: This club will be discussing investment opportunities and strategies from around the world. The club will also play a stock market simulation over a 90-day period with prizes available for the winning players.

### **INTERNATIONAL THESPIAN SOCIETY (Parkland Chapter of ITS)**

Advisor: Ms. Andrea Roposh  
Time Commitment: Periodic meetings to plan events, trips, and performances. Meetings announced on school news and PAC board.  
Activities: The Troupe sponsors the ITS Induction Ceremony in December to induct new members; travel to and perform at ITS State Conference; Troupe sponsors various black box performance nights throughout school year.  
Dues: State requires \$35.00 dues from each ITS member at induction  
Additional: ITS is an honorary division of the Performing Arts Club. Individuals who wish to become ITS members should be members of PAC.

### **ITALIAN CLUB**

Advisors: TBA  
Description: The Italian Club is dedicated to celebrating and promoting Italian and Italian-American culture—including language, customs, food, arts, and history. Through activities, field trips, and service projects, students will learn about Italy and its influence on world culture. The club is open to all interested students.  
Time Commitment: Monthly meetings after school from 3-4:30pm

### **KEY CLUB**

Advisor: Ms. Abigail Rieker/Ms. Chelsea Vermeulen  
Time Commitment: Club meetings are held once a month after school on Tuesdays. Club service projects take place on evenings and weekends.  
Activities: Raise money for charities, organize school-wide blood drives, volunteer with local community organizations.  
Dues: \$15.00  
Description: Key Club is part of the largest high school service organization in the world. Gain leadership skills and make friends while completing 30 hours of community service throughout the school year. Caring is our way of life.

### **LATIN CLUB**

Advisor: Mrs. Kimberly Brown  
Time Commitment: Class time / Weekends / Times vary per activity  
Activities: Fundraisers; Homecoming; World Language Week activities; Latin Awards Night and additional Latin activities to be planned throughout the year  
Dues: \$10 per year  
Description: Carpe diem atque noctem.  
Requirements: Open to current or former Latin Class students.

### **LAW CLUB**

Advisor: Mr. Eric Roberts  
Time Commitment: Monthly Meetings  
Description: The Parkland Law Club will provide a meeting place for those students who have a desire to become lawyers or who have a general interest in learning about the American Judicial System. PLC will invite guest speakers who work in a variety of legal positions throughout the Lehigh Valley to speak to our group and share their knowledge regarding the legal field and positions of interest in both the criminal and civil arenas. Meetings will include discussions about the educational requirements to become a lawyer or other law-related career, legal cases in the news, and noteworthy legislative bills, etc.

### **LEO CLUB**

Advisor: Mrs. Christy Keating and Mr. Ryan Nunamaker  
Time Commitment: General Membership meetings 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month at 7:15AM in C200. Officer meetings 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month at 7:15AM in D101.  
Activities: Duck Race, Homecoming Float, Toy Drive, Senior Citizen's Dinners, Lions Club Convention, Boo at the Zoo, LV Zoo Festival of Lights, Adopt a Highway, FOTA, Parkland School District PTO Events  
Achievements: Variety of fundraising and service projects to help the community  
Dues: \$10.00 per person  
Requirements: Regular attendance at Wednesday meetings, sale of five duck tickets for duck race, 30 service hours at club events, and participation and involvement in most activities.  
Additional: Participation in this club gives students the opportunity to gain leadership through varied experiences. Students will engage in community service and make lifelong friends.

### **LITERARY MAGAZINE**

Advisor: Mrs. Gena Stoverink  
Time Commitment: After school 3:00 – 4:30 PM as needed; Positive participation and regular attendance to meetings is all that is required  
Activities: Publication of magazine  
Description: The Lit Mag is a creative club for people who enjoy reading, writing, and discussing their creative work with others. Students will compose original pieces and workshop them throughout the year to be published on the club website and in the end of the year collection. They host original writing and art contests and edit additional submissions for the end of the year publication which they contribute to and design.

### **MAKERS CLUB**

Advisor: Mr. Christopher Gahman  
Time Commitment: After school 3:00 – 4:30 PM as needed;  
Description: Maker Club is a place where you can use the resources available at Parkland to design and create your own projects. Normally, members have access to 3D printers, laser cutters, and the various shop tools we have in the school. Maker Club is also a place to learn how to use these tools, so don't be worried if you aren't familiar with 3D printing or modeling. Your club advisor and other students are always available to help, but what you make is up to you!

### **MAKERS CLUB**

Advisor: Mr. Kyle Wolfe  
Time Commitment: Meetings as scheduled (morning and after school options); tutoring for high school and middle school math students (minimum 10 sessions per membership year).  
Activities: Perform math tutoring, Pi day celebration, other math related activities  
Additional: Application distributed at the beginning of the school year in honors math classes.

### **MARCH FOR OUR LIVES**

Advisor: TBA  
Time Commitment: Meetings will typically be held once per month (with an additional officer meeting once per month) or as we see fit, usually on a Monday or Thursday after school.  
Dues: Pay \$10 dues via check once throughout your membership.  
Description: March For Our Lives is a national nonpartisan youth-led organization that aims to end gun violence through youth engagement and sensible policy. As a member of the Parkland chapter of MFOL, students can engage in local activism and help to make a difference in the nation. Activities have included voter registration drives, fundraising, writing letters to elected officials, and educating members about the gun violence epidemic and responsible solutions. Any student who is interested in being involved in the movement for change can join.

### **MATHEMATICS TEAM**

Advisor: Ms. Kristin Yudt  
Time Commitment: PML Contest, ASMA Contest, American Math Competition, Bloomsburg University Math Competition, Muhlenberg Math Competition, Lehigh University Competition, Millersville Math Competition, Bucknell University Math Competition, American Invitational Math Competition, USA Math Olympiad  
Activities: Pennsylvania Math League Contests; American Mathematics Competition; American Scholastic Mathematics Association Contests; additional competitions for high scoring students to compete and Pi Day Celebration. More info at [phsmathletes.wikispaces.com](http://phsmathletes.wikispaces.com)

### **MOCK TRIAL CLUB**

Advisor: Mr. Michael Carpenito  
Time Commitment: Practice schedule to be determined as needed

Description: Mock Trial competitions are an exciting way for students to learn and apply legal procedures. This educational program gives the students an opportunity to study, research and prepare for a life-like court room trial. The Pennsylvania Bar Association sponsors competitions in the state yearly for high school students across Pennsylvania. Students can advance through local, state and nation-wide competitions.

### **MULTICULTURAL LEADERSHIP CLUB**

Advisor: Ms. Souad Azim  
Time Commitment: Meetings will be set up as needed and will be announced via Schoology.  
Activities: Students will engage in local festival celebrations, charity and fundraising activities, and sports events. Additionally, students will plan and host a multicultural exhibition and organize field trips and community outreach.  
Description: This club will serve to develop and promote leadership skills using a multicultural perspective.

### **NATIONAL HISTORY DAY CLUB**

Advisor: Ms. Calliope Volikas  
Time Commitment: Varies depending on project and if the student(s) wins at the various competition levels.  
Activities: Students research, create, and present a National History Day project based on contest rules and the theme for the year. Students attempt to win at the local (PHS), regional, state, and national levels competitions.  
Description: The National History Day Club is for all students interested in researching, creating, and presenting a project based on the National History Day theme of the year.  
Requirements: Meetings are set up as needed. On Wednesdays from September until December, there are help sessions in room D212 from 3:00 to 4:20. These sessions are optional. The projects must be presented for the local (PHS) level in January 2024 to be considered for the regional, state, and national level of competitions.  
Additional: Students who win at the local (PHS), regional, state, and national levels will have additional meetings and time commitments.

### **NATIONAL HONOR SOCIETY**

Advisor: Mrs. Andrea Greth  
Description: NSH is a service club whose members demonstrate scholarship, leadership, character, and service in both school and community. Once accepted, members work together to help tutor fellow students, participate in various charitable fundraisers, assist with several elementary school endeavors, and maintain their own outstanding scholarships.  
Application: Juniors and seniors with a minimum 3.5 GPA are eligible to apply. Eligible students will receive an invitation to apply in the beginning of October and April. Strong applicants for consideration into the NHS should be able to show strong commitment and involvement both in school and in their communities outside of school. The induction ceremony for admitted members is held the Monday prior to Thanksgiving.  
Time Commitment: Meetings as scheduled (morning and after school options); tutoring for high school and/or middle school students; participation in NHS sponsored activities).  
Requirements: Members must complete a minimum of 10 tutoring hours and participate in at least two NHS sponsored activities per membership year in order to earn an NHS stole to be work at graduation  
Dues: \$10 (one time payment)

### **PAR KEY (Yearbook)**

Advisor: Mrs. Destiny Beck  
Time Commitment: Meets during assigned class periods and may need to cover several after-school events  
Activities: Publication of Yearbook (March Deadline)  
Publication of Spring Supplement (May/June Deadline)  
Description: In this course, students will gain skills in page design, advanced publishing techniques, copywriting, editing, sales marketing, social media management, and photography while producing a creative, innovative yearbook which records school memories and events. There is an emphasis on journalism skills in this class.  
Additional: Students become proficient with MAC computer applications and organizational skills. Excellent activity for college resume.

### **PARKLAND PLAYERS**

Advisor: Ms. Andrea Roposh  
Time Commitment: After school rehearsals 2 days/ week, as needed  
Activities: Parkland Theatre Festival (May); Interscholastic Theatrical competitions; 5 - 6 performances at PSD elementary schools throughout the year; fundraisers  
Description: The Parkland Players is a group that performs in interscholastic theatrical competitions in fall and spring



### **PARKLAND TV AND FILM**

Advisor: Mr. Jay Greth  
Description: If you have an interest in News, Film, Writing, or Directing, this club has you covered! Students in this club learn the background of the film and news industry such as writing, editing, anchoring, directing, and producing just to name a few. Each year we have the opportunity to travel to NBC Studios in NYC, the National Student Television Network Conference, along with entering the Greenfield, All American High School Film Festival and Student Emmy Film Festival to help grow our young filmmaker's skills for the future.  
Dues: \$10 annually

### **PARKLAND TED-Ed CLUB**

Advisor: Mrs. Laura Litzenberger  
Time Commitment: Meets twice monthly or as needed to complete your presentation in early Spring  
Activities: Presentation night- where you present your TED talk to the group  
Description: The TED-Ed Club provides support students as they discover, explore, and ultimately present their ideas in a short, TED-style talk. The club will meet to discuss how to find your idea, research, and utilization of presentation techniques.

### **PARKLAND S.E.R.V.E. (Students Engaged in Rewarding Volunteer Experiences)**

Coordinator: Mrs. Susan Hartman  
Description: Assistance is provided for students who wish to find new volunteer opportunities. The purpose of S.E.R.V.E. is to encourage students to perform community service on their own or through service clubs. Students doing 30+ hours receive acknowledgement on their high school transcript. Hours must be submitted yearly. High school club meetings, church youth groups / church activities are not eligible for acknowledgement.

### **PEERS ASSIST LEARNING SUPPORT (PALS CLUB)**

Advisor: Mrs. Jennifer Evans  
Time Commitment: Monthly meetings in C200 (TBA)  
Activities: P.A.L.S. members are always looking for new and exciting activities. Some of the past activities: Homecoming; Football Night; Fall event; Holiday events; Year-end Picnic and End R Word Week activities.  
Description: P.A.L.S. is a social club that focuses on the positive social integration of students with disabilities with their non-disabled peers. The club is a great way to make new friends and become part of a unified high school.

### **PERFORMING ARTS CLUB (PAC)**

Advisor: Ms. Andrea Roposh  
Time Commitment: Periodic meetings to plan upcoming events (Black Box / Auditorium)  
Activities: ITS Induction; Children's Workshops; Black Box performances; fundraisers; New York Broadway shows; ITS Conference; End-of-Year Banquet  
Dues: \$10.00 yearly  
Requirements: Attend meetings and take part in fundraisers and activities. PAC members should check the PAC board outside Black Box theatre for the schedule of events.  
Additional: PAC members are encouraged to take part in all aspects of Parkland theatre. Members are not required to audition for school shows.

### **PHOTOGRAPHY CLUB**

Advisor: Mr. Christopher Barrett  
Time Commitment: Monthly meetings  
Dues: There is a small fee that will be required to cover printing costs.  
Description: This club explores the aesthetic and technical aspects of photography. During meetings the club develops themes for creating images and builds a community that supports positive feedback through critiques

### **PHYSICS CLUB**

Advisor: Mr. Sean Flueso  
Time Commitment: Bi-weekly meetings in Room C147 after school (3:00-4:20pm)  
Description: This club is for students interested in deepening their understanding of the laws of physics and their applications.

### **PHS COOKING CLUB**

Advisor: Mrs. Kathryn Romanie  
Time Commitment: Two Wednesdays per month from 3:05-4:15 pm  
Activities: Preparation of culinary creations; food bank service project; fundraisers  
Dues: \$8.00 dues to cover lab fees  
Additional: A perfect choice for students who have interest in food preparation, cooking and related careers.

### **POLITICAL SCIENCE CLUB**

Advisor: Ms. Calliope Volikas  
Time Commitment: As needed  
Activities: Participate in Model UN conferences, movie nights, political guest speakers and shadow local government officials.  
Achievements: Annual Host of Parkland Model United Nations Conference  
Dues: \$10.00 per year  
Requirements: An interest in politics and world affairs

### **PSYCHOLOGY CLUB**

Advisor: TBA  
Time Commitment: Weekly meetings and activities  
Activities: Psych Club participates in many different community outreach projects throughout the year. We have built a relationship with the local Homelessness Activists in the Lehigh Valley and do community outreach projects. Psych club raises money for local Women and Children shelters, collects socks for the homeless and supports Wounded Warriors. Psych Club has monthly speakers who come in to speak to the club based on member interests. We also have many different fund-raising activities including Water Ice Sales and Pierogi Sales. Annual Quidditch tournament- last year had 5 teams with 60 participants!  
Description: Meetings are student driven based on interest surveys and are run by a different Club member who uses TED Talks and other materials to put together a discussion platform for the meeting. Meetings are a fun environment in which snacks and opinions and ideas are shared.  
Additional: Dues \$5.00

### **RED CROSS CLUB**

Advisor: Ms. Kimberly McHenry  
Time Commitment: Meetings vary, but usually one Tuesday each month. After school / weekend volunteer commitments.  
Description: This club is committed to improving the lives of students and others in the community by working in conjunction with the Red Cross.  
Achievement: 1<sup>st</sup> high school Red Cross Club in the area.

### **S.A.D.D. CHAPTER**

Advisor: Ms. Kora Murphy  
Time Commitment: Morning meetings TBA depending on the event / project.  
Activities: KIDS (Kids Ignoring Dangerous Situations); TATU (Teens Against Tobacco Use); Homecoming Float; Prom Promise; KISS (Keep it Sober Sweetheart); Red Ribbon Week; and Interscholastic Advisory Board meetings.

### **SCHOLASTIC SCRIMMAGE**

Advisor: Ms. Kellie O'Donnell  
Time Commitment: After school practice sessions once or twice a week from September to March  
Activities: WLVT Channel 39 Scholastic Scrimmage Series; Knowledge Masters Open (Two competitions against schools across the nation); weekly QuizNet online competitions.  
Additional: Although the TV team consists of four select positions, all students participate in other competitions. Practices are fun and varied with student input. This is a great opportunity for students to show off their academic talent, learn new things and meet students from other schools.

### **SCHOOL SPIRIT CLUB**

Advisor: Ms. Angela Turczyn  
Time Commitment: 1-2 meetings per month  
Dues: \$5.00 yearly  
Activities: The school spirit club consists of a group of students interested in increasing school spirit and student participation in activities and events at Parkland High School. Students brainstorm ideas at monthly meetings, then plan and implement activities that can improve school culture and spirit throughout the year to help make the school a better place for all students.

### **SCIENCE FAIR CLUB**

Advisor: Mrs. Kaitlin Heintzelman  
Time Commitment: Planning, conducting, and presenting an extensive hands-on research project. Fairs and competitions are held on weekends. Meetings as needed throughout the school year.  
Description: Science Fair competitions are an exciting way for students to study and research scientific topics. The main mission of this club is to facilitate, and guide interested students to participate in project-based Science Fair Competitions. These competitions include the Pennsylvania Junior Academy of Science (PJAS) at both regional and state level Lehigh Valley

Science and Engineering Fair and Delaware Valley Science Fair. Highest ranking competitors receive cash awards; partial and full scholarships, certificates and medals. Additionally, participants gain leadership, presentation and interviewing experience.

### **SCIENCE OLYMPIAD CLUB**

Advisor: Mr. Brian Ding  
Time Commitment: Science Olympiad – Weekly Tuesday meetings after school (Student preparation for Science Olympiad competitions).  
Activities: Lehigh Valley Conference Science Olympiad (NCACC) & PA Regional Science Olympiad (Moravian College)

### **SKI CLUB**

Advisor: Mr. Christopher Gahman  
Activities: Students have the opportunity to join this club and take advantage of special rates at local ski areas. Blue Mountain Ski trips scheduled Thursday evenings in January and February.

### **SOCIAL MEDIA INTERNSHIP CLUB**

Advisor: Mrs. Nicole McGalla  
Time Commitment: Meet 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of Month  
Description: Do you love social media? We are seeking interested participants for the Social Media Internship Program at PHS! Our interns post on the Instagram page PHS.Trojans to showcase student life at PHS. It's an Instagram page by the students and for students. Plus, interns learn from industry experts, learn graphic design, photography, video and writing skills, and come up with creative campaign ideas. If you'd like to get involved, learn more and apply here:  
<https://www.parklandsd.org/departments/community-relations-development/social-media-internship-program>

### **SPANISH CLUB**

Advisor: Mr. Matthew Woomer  
Time Commitment: Morning meetings and after-school events  
Activities: Homecoming; Spanish /Latin American dinners; Hispanic dances/games; World Language Week activities; Community service projects, etc.  
Dues: \$5.00 per year  
Requirements: Open to current and former Spanish class students and native speakers. Students who meet established criteria are invited to become members of La Sociedad Hispánica Honoraria.

### **STEMM CLUB**

Advisor: Ms. Amy Munson  
Time Commitment: Two meetings per month (1st and 3rd Mondays)  
Activities: Watch/discuss STEM related Tedx talks. Watch STEM related movies. Guest speakers. Celebrate Women's History Month with a bracelet sale fundraiser.  
Description: Promote interest in STEM related fields, with a particular interest in issues that face women in STEM majors and careers.

### **STEP TEAM**

Advisor: TBA  
Time Commitment: Meets Tuesdays and Thursdays after school  
Description: Stepping or step-dancing (a type of step dance) is a form of percussive dance in African-American culture. The Step Team involves being able to produce complex rhythms and sounds through a mixture of footsteps, spoken word, and hand claps. The club creates performance pieces for various events throughout the school year.  
Activities: Perform at various PSD functions throughout the school year and enter local and regional competitions.  
Additional: Performances designed by team, all ideas are welcome. Fundraisers are conducted by the team to pay for entrance fees, costumes, and accessories. Requirements: Membership by audition only. Tryouts are in June and September.

### **STUDENT COUNCIL**

Advisor: Mrs. Julie Wood  
Time Commitment: Weekly Friday meetings in D219 and evenings and weekends during Student Council events.  
Activities: Homecoming; Semi-Formal Dance; Student Forum; Service Projects and student selected projects.  
Achievements: Raise approximately \$7,000.00 yearly to support the selected cause.  
Additional: All enthusiastic students are welcome. Best club to decide what makes Parkland #1.

### **STUDENT SENATE**

Advisor: Mrs. Julie Wood  
Time Commitment: Meets Monday mornings, schedule to be set, 7:10 Library Classroom

Activities: To unite the student body, promote pride in the school and provide a bridge of communication between students and school.

Requirements: Selection through application process.

### **SUBJECT SPECIFIC HONOR SOCIETIES**

Advisor: Art: Ms. Alyssa Tauber  
English: Ms. Carly Lyon  
French: Mme. Kelly Hess  
German: Miss Kathy Roland  
Latin: Mrs. Kimberly Brown  
Math: Mr. Kyle Wolfe  
Music: Mrs. Allison Figueroa  
Science: Mr. Andrew Marth  
Social Studies: Ms. Shelby Morgan/Mr. Akello Mosby  
Spanish: Mrs. Holbrook/Mrs. Roth-Nesley

Requirements: Please contact advisors for subject specific honor societies to get information on requirements for admission.

### **TAKE A BREAK CLUB**

Advisor: Mrs. Amanda Weidenhammer

Time Commitment: Monthly meetings after school, various fundraising events at lunches and after school

Dues: \$10.00

Activities: Homecoming float building, fundraiser such as basket raffles, soft pretzel Wednesdays, Cake Pop Sale, Walk (May)

Description: The club raises money all year to donate to "For Pete's Sake," a cancer respite organization at the year end cancer walk held at Citizens Bank Park in Philadelphia.

### **TROJANS FOR LIFE**

Advisor: Mr. Brian Kiernan/Ms. Kristin Yudt

Description: Trojans for Life hopes to establish a pro-life culture among the youth of our community (PHS) by educating our peers on life and by actively promoting the right to life for all persons (pre-born and born).

### **TRUMPET (Newspaper)**

Advisor: Mrs. Destiny Beck

Time Commitment: Meets during assigned class periods and requires student preparation to gather stories, photos and design layouts.

Activities: Publish several issues of the school newspaper yearly as well as maintain the online publication and social media accounts.

Description: This course is designed to expose students to the skills of journalism, photography, page design, publication, and collaboration. The club will assist students in acquiring the responsibility needed to meet the demands of a schedule and publication deadline for the PHS newspaper.

Prerequisite: Journalism course is highly recommended and/or student must have prior permission from advisor.

### **UNICEF**

Advisor: Mrs. Souad Azim

Time Commitment: The club meets once a month to plan and review fundraisers.

Description: UNICEF (which stands for United Nations International Children's Emergency Fund) Club, is dedicated toward not only making a positive impact in the community, but also envisions advancing life on the global stage. The club raises money throughout the year in various fundraisers to be donated to UNICEF. UNICEF, in turn, uses the money to better children's lives in developing countries and/or areas struck by natural disaster.

### **VEG CLUB**

Advisor: Mrs. Laura LoVaglio

Description: The Veg Club joins like-minded people together to have fun, meet new friends, encourage a healthy lifestyle, and raise awareness about veganism, animals and the environment. The group meets to hold discussions, watch videos, hold fundraisers, exchange recipes, cook & sample vegan food, consider ethical lifestyle choices, share local veg resources and participate in volunteer opportunities in the community. The club is open to all students...come with an open heart and mind and prepare to make new friends while making a difference.

### **WELCOME PACK CLUB**

Advisor: Mrs. Danene Krenicky

Time Commitment: Morning meetings in C210 (TBA)

Dues: \$5.00

Activities: New Student Gathering, Senior Citizens Dinners, Tours for New Students

Description: Help new students make a smooth transition to Parkland High School by showing them around school and being a lunch buddy. Also help at Senior Citizens dinners hosted by PHS. A fun way to make new friends and serve your community!

Requirements: Being a responsible, productive student with good grades and attendance.

### **YOGA CLUB**

Advisor: Ms. Kylee Lobb  
Time Commitment: Monthly meetings  
Description: The Yoga and Health Club is a safe space for everyone. Come to relax, exercise, and educate yourself in a different area of wellness. We practice different types of yoga with various teachers each month. Each club meeting ends with a healthy snack and time to make personal connections with like-minded people.

## **CO-CURRICULAR**

Co-curricular activities refer to those activities, which complement the learning experiences of the students within Parkland School District. These activities are connected or aligned with the academic courses and are organized or designed to help the students to gain a better understanding of the courses of the program.

### **CHORALE**

Advisor: Mrs. Alison Lagan  
Time Commitment: Monday & Thursday 3:10-5:20pm  
Activities: Rehearsals & Concerts within the school and Lehigh Valley Community throughout the academic year  
Description: Parkland Chorale is a very select touring choir of mixed voices chosen from the ranks of the other curricular choirs. As a member of this group, one must be highly organized, motivated and energetic to keep up with the demanding rehearsals and performances this group requires.  
Requirements: Participation by audition only.

### **INDOOR PERCUSSION**

Advisor: Ms. Sydney Sherrier  
Time Commitment: Tuesday, Thursday evenings & Saturday mornings (PHS Band Room A116)  
Activities: Perform at local & regional indoor competitions  
Achievements: Former Tournament Indoor Association (TIA) Champions  
Description: Like the movie Drumline on a gym floor.

### **JAZZ BAND**

Advisor: Mr. Jason Lerew & Mrs. Allison Figueroa  
Time Commitment: Tuesday or Thursday 3:15-5:30 (September – May), scheduled performances  
Activities: Perform at home Boys' & Girls' Basketball games, area jazz festivals & concerts  
Achievements: Consistent top ratings at area jazz festivals  
Description: Playing Big Band, Rock, Funk and Latin charts  
Requirements: June auditions for the following year

### **STROLLING STRINGS**

Advisor: Mr. Brian Mishler  
Time Commitment: Monday & Wednesday – After school rehearsals  
Activities: 20-30 community performances throughout the school year.  
Achievements: Performed throughout the Lehigh Valley  
Additional: Mr. Mishler makes every attempt to work around student clubs/athletic schedules, so students are given the opportunity to be involved in the program.  
Requirements: Acceptance by audition only.

New students will be introduced to these activities at a Student Involvement Fair.

Get involved with extracurricular activities and be active in the many opportunities offered at Parkland High School.

Contact **Dr. Drake**, Assistant Principal for additional information about Club and Student Activities

Contact **Mr. Stephens** in the Athletic Office for additional information about Interscholastic and Intramural opportunities.

Contact **Mr. Anonia** in the Office of Visual and Performing Arts for additional information about Visual and Performing Arts related opportunities.