

# Everyone is *strongly* recommended to mask indoors.

(unless under 2 years old, medically unable, or hearing impaired)



The virus is still spreading.  
Many of us are immunocompromised.  
Many of us have high-risk family members.  
Let's be safer, together.



Santa Clara County  
**PUBLIC HEALTH**

[COVID19.sccgov.org](https://COVID19.sccgov.org)

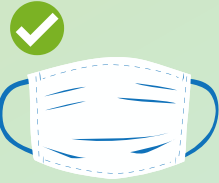


NECK GAITER



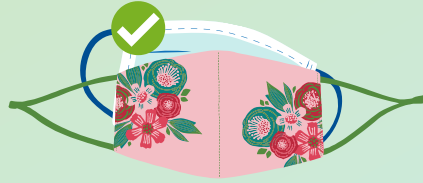
VALVED MASK

# Mask Wearing Dos



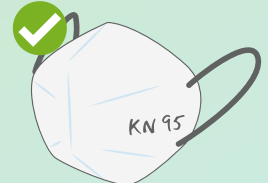
## Surgical Mask

Surgical masks provide good protection against COVID-19



## Double Mask

You can place a cloth mask on top of your surgical mask for extra protection



## Tight Fitting Mask

Masks such as KN95 or KF94 masks provide the most protection.

## DO pick a mask that:



Completely covers your nose and your mouth, snugly without gaps



Has a nose wire to prevent air from leaking out the top of the mask

## DO:



Place the mask over your mouth and nose, and secure it under your chin



Pinch the nose wire to fit so no air leaks out

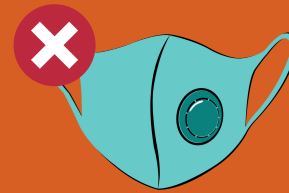


# Mask Wearing **Don'ts**



## **Single Cloth Mask**

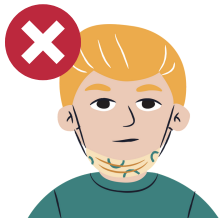
A single cloth mask does not provide good protection, unless you wear a surgical mask underneath



## **Mask with exhaust valves or vents**

These masks allow particles to escape

## **DO NOT:**



Wear it around your neck



Wear it under your nose



Wear it hanging off your ear



Adjust it or touch it often while wearing it

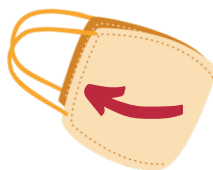


Pull it down when talking to people

## **How to take off your mask:**



Carefully remove the mask by holding the strings or ties behind the ears



Fold the mask in half by folding the outside corners together



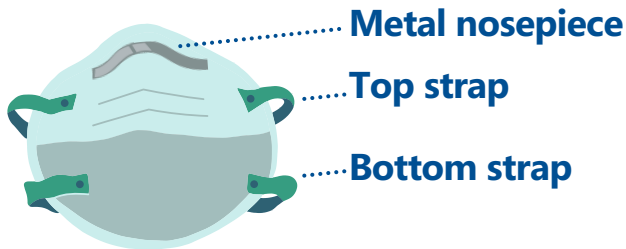
Store the mask someplace safe and wash your hands



Santa Clara County  
**PUBLIC HEALTH**

[sccgov.org/coronavirus](https://sccgov.org/coronavirus)

# N95 Mask Tips



## Use both straps

Pull the top strap over your head and place it above your ears. Pull the bottom strap over your head and place it below your ears.



## Check the seal

- Place both hands over the mask and take a deep breath in to check that the mask seals tightly to your face.
- If air leaks around your nose, readjust the metal nosepiece by molding it to the bridge of your nose. If air leaks at the mask edges, readjust the straps.
- It is important to make sure no air is leaking from the area near your eyes or from the sides of the mask.



## Reuse an N95 mask

Generally, your N95 mask can be used for at least one week.



## Store your mask

When you are not wearing your N95 mask, you can store it in a small brown paper bag to keep it clean and dry.



## Discard your mask

Discard your mask when it is dirty, damaged, or no longer maintaining a good seal. Place it in the trash.

Generally, your N95 mask can be used for at least one week.