

Saratoga Union School District Comprehensive Sexuality Education Parent Workshop

November 28, 2017

WELCOME AND THANK YOU FOR BEING HERE!



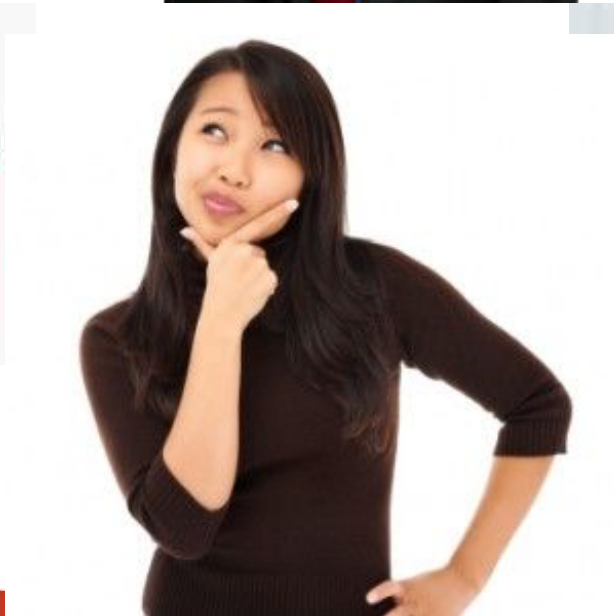
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INTRODUCTIONS



HOW ARE YOU FEELING ABOUT COMPREHENSIVE SEXUALITY EDUCATION (CSE) AT SUSD?



AGENDA

- Agreements and Assumptions
- Overview of the Comprehensive Sexuality Education (CSE)
- California Healthy Youth Act (CHYA)
- Resources
- CSE Process and Timeline in SUSD
- Q&A – question cards
- Parent Feedback Survey



AGREEMENTS

Respectful and thoughtful participation

**WE WILL MAINTAIN A SAFE SPACE FOR
LEARNING AND DISCUSSION**



WE BELIEVE:

Parents/
caregivers
are their
children's
primary
sexuality
educators.

SCHOOLS ARE RESPONSIBLE FOR PROVIDING:



- ❖ fact based,
- ❖ unbiased,
- ❖ medically accurate,
- ❖ age appropriate

knowledge and skills in order to promote the **best possible health outcomes** for **ALL students.**



**Parents/caregivers and schools can
work together to meet the needs of
the student community**

HIGH QUALITY COMPREHENSIVE SEXUALITY EDUCATION...

- Kindergarten through 12th grade;
- Is age-appropriate, medically-accurate;
- Includes topics related to sexuality: human development, relationships, personal skills, sexual behaviors including abstinence, sexual health, and society and culture; and
- Provides students with opportunities for learning information, exploring their attitudes and values, and developing skills for communication and responsible decision making.

WHAT DO YOU WANT YOUR CHILD TO KNOW AND BELIEVE ABOUT "SEXUALITY"?



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WHAT AND WHERE ARE CHILDREN LEARNING ABOUT SEXUALITY NOWADAYS?





WHAT DOES THE RESEARCH TEACH US ABOUT COMPREHENSIVE SEXUALITY EDUCATION?

CSE HAS BEEN SHOWN TO:

- Reduce the frequency of sexual activity
- Reduce number of sexual partners
- Reduce bullying
- Delay sexual initiation
- Increase contraceptive use and reduce unintended pregnancies
- Increase condom use and lower incidence of STDs and HIV



CSE HAS BEEN LINKED TO:

- Preventing child abuse
- Promoting social emotional learning
- Advancing gender equity
- Promoting healthy relationships, reducing risks of sexual assault and intimate partner violence
- Increasing health and well-being and academic success of LGBT youth



<http://www.advocatesforyouth.org/publications/1487>
Constantine, N. (2008).

EDUCATION IS NOT ENCOURAGEMENT

4 out of 5 of teens believe it would be much easier for teens to **delay sexual activity** and **avoid teen pregnancy** if they were able to have **more open, honest conversation with their parents** about these topics.

([With One Voice, 2010](#))



WHAT YOUNG PEOPLE ARE SAYING...

- *"Just because I want to learn about sex doesn't mean I'm having it. And just because you talk to me about sex doesn't mean I think you're telling me it's okay to have it."*
- *"I always hear you say, "Don't have sex," but you never want to talk about it. I wish you would tell me why you feel that way, and ask me what I think. If you listen, I'll listen too."*
- *"I wish I could ask you questions about sex, but I feel like if I do I'll bring shame on to the family because you'll think I'm a bad kid."*



SO WE KNOW IT WORKS... BUT HOW DO WE KNOW WHAT TO TEACH WHEN... AND TO WHOM?

- National Sexuality Education Standards
- CA Health Education Standards
- **CA Healthy Youth Act**, amended the existing Ed Code (51930-51939) through the CA legislative process in Fall 2015, went into effect in Jan 2016
- Coalition of supporters include CA School Board Association, CA Teachers Association, CA PTA





1992 – Required HIV/AIDS prevention education in middle school and high school (sex ed optional)

2003 – Established requirements for what to include and how to teach comprehensive sexual education, **IF schools chose to teach it**

WHY WAS THERE A NEED TO AMEND THE EDUCATION CODE IN 2016?



- Technology- increased access to information
- Sex education in many schools still did not comply with CA Ed Code
 - Missing required content
 - Inaccurate/biased information
 - Outdated materials
- System continued to marginalize segments of the student population

Combelleck and Brindis (2011) Uneven Progress: Sex Education in California Public Schools

CALIFORNIA HEALTHY YOUTH ACT (CHYA) - 2016

Comprehensive Sexuality Education Instruction
(including HIV) **is mandated**

- Purpose: to protect and promote good health and safety
- Strengthens and clarifies required content - some new requirements and required topics
- More inclusive tone, prohibits discrimination - expands and strengthens existing requirements that instruction and materials be appropriate for students of all sexual orientations and genders.

REQUIREMENTS

- ✓ At least once in **junior high/middle school** and at least once in **high school**, starting in grade 7

EDUCATION CODE 51934(a)

- ✓ Age-appropriate

EDUCATION CODE 51933(a)

- ✓ Medically accurate and objective

EDUCATION CODE 51933(b)

REQUIREMENTS

ALL GRADES, INCLUDING
ELEMENTARY

- ✓ **All components** align with and support the purpose of the California Healthy Youth Act.

EDUCATION CODE 51933(c)

- ✓ Tone and content consistent across all instruction and materials.
- ✓ Regardless of who provides *each* component.

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

- ✓ Knowledge and skills based.
EDUCATION CODE 51930(b), 51933(g), (h)
- ✓ Not promoting of any religious doctrine.
EDUCATION CODE 51933(i)
- ✓ Accessible to:
 - ✓ English learners, and
 - ✓ Students with disabilities.

EDUCATION CODE 51933(d)(2), (3)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

- ✓ Do not reflect or promote **bias** against any person on the basis of:

- ✓ Disability
- ✓ Gender
- ✓ Gender identity
- ✓ Gender expression
- ✓ Nationality, race, or ethnicity
- ✓ Religion
- ✓ Sexual orientation

EDUCATION CODE 51933(d)(4); *see also*
EDUCATION CODE 220

- ✓ Culturally **inclusive** and **appropriate** for students of all:

- ✓ Races
- ✓ Genders
- ✓ Sexual orientations; and
- ✓ Ethnic and cultural backgrounds

EDUCATION CODE 51933(d)(1)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

- Must affirmatively recognize that people have different sexual orientations and include same-sex relationships in examples EDUCATION CODE 51933(d)(5)
- Include instruction on:
 - Gender
 - Gender expression
 - Gender identity
 - The harm of negative gender stereotypes



EDUCATION CODE 51933(b)(6)



INCLUSIVE CSE

“When someone with the authority of a teacher describes the world and you are not in it, there is a moment of psychic disequilibrium, as if you looked into a mirror and saw nothing.”

--Adrienne Rich

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY



- ✓ Encourages students to communicate with **parents, guardians, or other trusted adults** and provides knowledge and skills necessary for these discussions.

EDUCATION CODE 51933(e)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY



- ✓ Teaches the value of and prepares students to form and **maintain healthy, committed relationships** based on mutual respect and affection, and are **free from violence**, coercion, and intimidation.

EDUCATION CODE 51933(f), (g)

REQUIREMENTS

GRADES 7-12

- ✓ **Nature and transmission of HIV and other STIs.**
EDUCATION CODE 51934(a)(1), (2), (5)
- ✓ **HIV and STI prevention and treatment.**
EDUCATION CODE 51934(a)(4), (6)
- ✓ **Social views on HIV and AIDS, including stereotypes and myths, and emphasizing:**
 - ✓ Successfully treated HIV-positive individuals have a normal life expectancy;
 - ✓ All people are at some risk of contracting HIV; and
 - ✓ The only way to know if one is HIV-positive is to get tested.

EDUCATION CODE 51934(a)(7)

REQUIREMENTS

GRADES 7-12

- ✓ Effectiveness and safety of all FDA-approved contraceptive methods.
EDUCATION CODE 51934(a)(9)
- ✓ Abstinence as the most certain way to prevent HIV, STIs, and unintended pregnancy.
EDUCATION CODE 51934(a)(4), (6)
- ✓ Value of delaying sexual activity, *while mentioning other methods of preventing HIV, STIs, and unintended pregnancy*. EDUCATION CODE 51934(a)(7)

ABSTINENCE-ONLY EDUCATION IN CALIFORNIA
HAS BEEN STRICTLY PROHIBITED SINCE 2004.

REQUIREMENTS

GRADES 7-12

- ✓ Includes information about pregnancy, including:
 - ✓ The importance of prenatal care;
 - ✓ Objective discussion of all legally available pregnancy outcomes, including parenting, adoption, and abortion; and
 - ✓ Information about the CA newborn safe-surrender law.

EDUCATION CODE 51934(a)(9)

REQUIREMENTS

GRADES 7-12

- ✓ Sexual assault, adolescent relationship abuse, and intimate partner violence.
EDUCATION CODE 51934(a)(10)
- ✓ Sexual harassment.
EDUCATION CODE 51934(a)(10)
- ✓ Sex trafficking.
EDUCATION CODE 51934(a)(10)
- ✓ Local resources and student rights about:
 - ✓ Accessing sexual and reproductive health care; and
 - ✓ Assistance with sexual assault and intimate partner violence. EDUCATION CODE 51934(a)(6)

PARENTAL NOTIFICATION & OPT-OUT

EDUCATION CODE 51938

At the beginning of the school year...*

Notice: Districts must notify parents of the instruction and provide them with opportunities to view the curriculum and other instructional materials.

Opt-out: Districts must also allow parents to remove their student from instruction if they so choose, using a passive consent (“opt-out”) process in which **parents must request in writing** that their student not receive the instruction.

Districts may not require active consent (“opt-in”) by requiring that students return a permission slip in order to receive the instruction. This applies to all grades, including elementary.

INSTRUCTORS, OUTSIDE CONSULTANTS, & GUEST SPEAKERS

ALL INSTRUCTORS

EDUCATION CODE 51931(e), 51934(a)

Knowledge: Most recent medically accurate research on human sexuality, healthy relationships, pregnancy, and HIV and other sexually transmitted infections.

Expertise: Comprehensive sexual health education.

OUTSIDE CONSULTANTS & GUEST SPEAKERS

EDUCATION CODE 51936

Knowledge: Most recent medically accurate research on the relevant topic or topics covered in their instruction.

TEACHER TRAINING:

- District shall:
 - Provide HIV training
 - Cooperate and collaborate with teachers in developing the training
 - Conduct periodic training on new developments in HIV/ CSE

Section 51935

HOW ARE YOU FEELING NOW?



SUSD's Comprehensive Sexuality Education Working Group & Timeline

CSE Working Group

Purpose: The purpose of this committee is to make a recommendation to the SUSD Board of Trustees regarding comprehensive reproductive health content and curriculum materials for elementary and middle school students.

Members:

Role	Number
Parents (from all 4 schools and SHS)	11
5th grade teachers (one from each school)	3
RMS teachers	2
District Behavioral Specialist	1
Administrators (elementary principal, RMS VP, Asst. Supt.)	3
District Nurse	1
Director of Bay Area Communities for Health (consultant)	1



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CSE Timeline and Process:

2016-17

January 2016	AB 329: California Healthy Youth Act went into effect.
November 2016	CSE Working Group formed
November 2016 - June 2017	Five CSE Working Group Meetings: learned about the CHYA law, development of process, consideration of community and student needs, evaluation of curriculum materials
January 2017	CSE presentation to the SUSD Health & Wellness Committee
February 2017	CSE presentation to SUSD Principals and Administrators



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CSE Timeline and Process:

2016-17

March 2017	SUSD Board adopts Board Policy 6142.1 <u>Sexual Health And HIV/AIDS Prevention Instruction</u> and Administrative Regulation 6142.1
April 2017	CSE Memo sent to the SUSD Community
April 18 & May 2	Sexual Health Education Parent Workshops
June 2017	CSE presentation to Foothill PTA

Outcomes for 2016-17

- Networking with other districts and community organizations (BACHE)
- Formation of CSE Working Group
- CSE Working Group learned about CHYA and CSE curricular programs
- Two Parent Workshops



Tentative CSE Timeline and Process: 2017-18

September 2017 - April 2018 (7 meetings)	CSE Working Group Meetings
Fall 2017	CSE presentations to PTA
November 28 @ 6:30-8 @ RMS	CSE Parent Workshop - CA Healthy Youth Act and CSE in SUSD
TBD in Spring 2018	CSE Parent Workshops (Skill-Building)

Tentative CSE Timeline and Process: 2017-18

February 28, 2018	CSE Board Study Session
March 2018	CSEWG decision on two programs to pilot
March/April 2018	Parent review of two programs and parent survey
March/April 2018	Trainings of 5th and 8th grade teachers on two CSE programs
April/May 2018	Teach pilot curriculum to 5th and 8th graders
April/May 2018	Survey of students and teachers
May/June 2018	<i>Evaluation of pilot programs and decision on recommendation</i>

Tentative CSE Timeline and Process: 2018-19

September 2018	CSE Working Group Recommendation to SUSD Board of Trustees
September 2018	Board Action on CSE Working Group Recommendation
2018-2019	Teacher training, teach CSE to 5th & 8th graders

Community Engagement and Communication

- Accessibility of curriculum for parents to review
- Presentations at PTA meetings (Argonaut and Redwood TBD)
- Informal discussions at Principals' Chats/Coffees
- Continue to discuss at "Coffee with Cabinet" parent meetings at schools
- Parent Surveys
- SUSD CSE Website resources: <https://www.saratogausd.org/CSE>
- CSE Parent Workshop Series (Nov, Jan, March, May)
- Flyers and presentations translated into Mandarin

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**THANK YOU and
Q&A**

