NEW Procedure for Immunization Medical Exemption Request

Beginning January 1, 2021, all medical exemptions for schools and child care facilities must be submitted through the California Immunization Registry – Medical Exemption website (CAIR-ME) by physicians licensed in California. Schools and child care facilities may only accept new medical exemptions that are issued using CAIR-ME.

Medical exemptions must be submitted through CAIR-ME for:
- New enrollments as of January 1, 2021
- Students who transition to the next grade span (TK/K - 6th grade, 7th-12th grade)
- Students whose temporary medical exemption have expired
- Medical exemptions that were revoked due to the issuing physician being a subject of disciplinary action

In order to receive a medical exemption, parents must create a CAIR-ME account and log in to submit a request for a medical exemption. Next, the child's physician can complete the medical exemption in CAIR-ME and print a copy for the parents to give to the school or child care facility.

A medical exemption may be issued in CAIR-ME no more than 12 months before a child first enters a grade span (grade spans are birth-preschool, TK/K-6th, and 7th-12th).

Families who have a medical exemption due to a history of disease, for example from Varicella/Chickenpox, must also follow this process.

To request a medical exemption, please visit the CAIR-ME webpage:
https://cair.cdph.ca.gov/exemptions/home

For Frequently Asked Questions on Medical Exemptions, please visit:
https://www.shotsforschool.org/laws/exemptions/

For additional questions about submitting a request through CAIR-ME, please follow up with your child’s physician.

Thank you,

Cristina Lee

Cristina Lee, RN, PHN, MSN
District Nurse
clee@saratogausd.org