

September 2023

# Supper CACFP Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
28-Aug Chicken Teriyaki Not So Fried Rice w/ Steamed Diced Carrots (1/2 c)	29-Aug Beef & Bean Nachos Nacho Poptillas (1 G)	30-Aug BBQ Beef Rib Patty Sandwich Oven Baked Fries (1/2 c)	31-Aug Chicken Tamale w/ Seasoned Corn (1/2 c)	1-5-24 Breakfast for Supper: Pancakes & Egg w/ Roasted Potatoes (1/2 c)
Cheese Tamale w/ Seasoned Corn (1/2 c)	Bean & Cheese Pupusa Baby Carrots (1/2 c)	Cheese Melt Oven Baked Fries	Deep Dish Cheese Pizza Sliced Cucumber (1/2 c)	Macaroni & Cheese Fruitable Juice (4 oz)
Turkey & Cheese Torta Baby Carrots (1/2 c)	Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c)	Chicken Salad Sandwich Fruitable Juice (4 oz) Apple (1/2 c)	Italian Sub Sandwich Sliced Cucumber (1/2 c)	Chicken Caprese Salad (1 c) Wheat Crackers
Double Cheese Torta Baby Carrots (1/2 c)	Protein Pack: String Cheese, Sunflower Seeds & Crackers Baby Carrots (1/2 c)	Build Your Own Pizza Kit Marinara Sauce Cup (1/2 c)	Artisan Cheese Sandwich Sliced Cucumber (1/2 c)	Soy Butter & Jelly Sandwich Fruitable Juice (4 oz)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Banana (1/2 c)	100% Fruit Juice (1/2 c)	Apple (1/2 c)
<b>7-5-24</b>				
		Cheeseburger Oven Baked Fries (1/2 c)	Chicken Alfredo Pasta w/ Steamed Broccoli (1/2 c)	Beef, Bean & Cheese Burrito Baby Carrots (1/2 c)
	Cheesy Baked Ziti w/ Marinara Sauce (1/2 c)	Cheese Melt Oven Baked Fries (1/2 c)	Cheesy Alfredo Pasta w/ Steamed Broccoli (1/2 c)	Bean & Cheese Burrito Baby Carrots (1/2 c)
	Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c)	Italian Sub Sandwich Fruitable Juice (4 oz)	Chicken Salad Sandwich Jicama Sticks (1/2 c)	Chicken Taco Salad (1 c) Nacho Poptillas
	Protein Pack: Yogurt, String Cheese, Crackers Baby Carrots (1/2 c)	Egg Salad Sandwich Fruitable Juice (4 oz)	Vegetable Chef Salad (1 c) Nacho Poptillas	Soy Butter & Jelly Sandwich Fruitable Juice (4 oz)
	Pear (1/2 c)	Apple (1/2 c)	100% Fruit Juice (1/2 c)	Apple (1/2 c)
<b>11-5-24</b>				
Deep Dish Pepperoni Pizza Baby Carrots (1/2 c)	Chicken Burrito Bowl w/ Beans & Rice	Hot Dog Oven Baked Fries (1/2 c)	Baked Ziti w/ Meat Sauce (1/2 c)	Chicken Bites w/ Roasted Potatoes (1/2 c)
Deep Dish Cheese Pizza Baby Carrots (1/2 c)	Macaroni & Cheese Baby Carrots (1/2 c)	Cheese Melt Oven Baked Fries (1/2 c)	Cheese Lasagna w/ Marinara Sauce (1/2 c)	Bean & Cheese Pupusa Fruitable Juice (4 oz)
Turkey & Cheese Torta Baby Carrots (1/2 c)	Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c)	Chicken Salad Sandwich Fruitable Juice (4 oz)	Italian Sub Sandwich Sliced Cucumber (1/2 c)	Chicken Caprese Salad (1 c) Wheat Crackers
Double Cheese Torta Baby Carrots (1/2 c)	Protein Pack: String Cheese, Sunflower Seeds & Crackers, Baby Carrots (1/2 c)	Build Your Own Pizza Kit Marinara Sauce Cup (1/2 c)	Artisan Cheese Sandwich Sliced Cucumber (1/2 c)	Soy Butter & Jelly Sandwich Fruitable Juice (4 oz)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Apple (1/2 c)	100% Fruit Juice (1/2 c)	Apple (1/2 c)
<b>11-5-24</b>				
Chicken Teriyaki Not So Fried Rice w/ Steamed Diced Carrots (1/2 c)	Beef & Bean Nachos Nacho Poptillas (1 G)	Chicken Patty Burger Oven Baked Fries (1/2 c)	Chicken Tamale w/ Seasoned Corn (1/2 c)	Breakfast for Supper: Pancakes & Egg w/ Roasted Potatoes (1/2 c)
Cheese Tamale w/ Seasoned Corn (1/2 c)	Bean & Cheese Pupusa Baby Carrots (1/2 c)	Cheese Melt Oven Baked Fries (1/2 c)	Deep Dish Cheese Pizza Sliced Cucumber (1/2 c)	Macaroni & Cheese Fruitable Juice (4 oz)
Turkey & Cheese Torta Baby Carrots (1/2 c)	Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c)	Chicken Salad Sandwich Fruitable Juice (4 oz)	Italian Sub Sandwich Sliced Cucumber (1/2 c)	Chicken Caprese Salad Wheat Crackers
Double Cheese Torta Baby Carrots (1/2 c)	Protein Pack: String Cheese, Sunflower Seeds & Crackers, Baby Carrots (1/2 c)	Build Your Own Pizza Kit Marinara Sauce Cup (1/2 c)	Artisan Cheese Sandwich Sliced Cucumber (1/2 c)	Soy Butter & Jelly Sandwich Fruitable Juice (4 oz)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Apple (1/2 c)	100% Fruit Juice (1/2 c)	Apple (1/2 c)
<b>11-5-24</b>				
Chicken Enchiladas w/ Green Salsa (1/2 c)	Turkey & Bean Chili Nacho Poptillas (1 G)	Cheeseburger Oven Baked Fries (1/2 c)	Chicken Alfredo Pasta w/ Steamed Broccoli (1/2 c)	Beef, Bean & Cheese Burrito Baby Carrots (1/2 c)
Cheese Enchiladas w/ Green Salsa (1/2 c)	Cheesy Baked Ziti w/ Marinara Sauce (1/2 c)	Cheese Melt Oven Baked Fries (1/2 c)	Cheesy Alfredo Pasta w/ Steamed Broccoli	Bean & Cheese Burrito Baby Carrots (1/2 c)
Turkey & Cheese Torta Baby Carrots (1/2 c)	Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c)	Italian Sub Sandwich Fruitable Juice (4 oz)	Chicken Salad Sandwich Jicama Sticks (1/2 c)	Chicken Taco Salad Nacho Poptillas
Double Cheese Torta Baby Carrots (1/2 c)	Protein Pack: Yogurt, String Cheese, Crackers Baby Carrots (1/2 c)	Egg Salad Sandwich Fruitable Juice (4 oz)	Vegetable Chef Salad Nacho Poptillas	Soy Butter & Jelly Sandwich Fruitable Juice (4 oz)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Apple (1/2 c)	100% Fruit Juice (1/2 c)	Apple (1/2 c)

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.  
 This institution is an equal opportunity provider. Menus are subject to change without notice.

