

September 2023

Lunch Menu K-8



Monday	Tuesday	Wednesday WEEKLY 5 FAVE	Thursday	Friday
Cheeseburger Oven Baked Fries	Baked Ziti w/ Meat Sauce	Chicken Tamale w/ Seasoned Corn	Turkey Nachos Poptillas Chips	Deep Dish Pepperoni Pizza
COLD ENTRÉES OF THE DAY				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Smoked Turkey & Cheese Sandwich on Knot Roll <i>Baby Carrots</i>	Chicken Salad Sandwich <i>Celery Sticks</i>	Italian Turkey Submarine <i>Garbanzo Bean & Tomato Salad</i>	Smoked Turkey & Cheese Sandwich on Knot Roll
Double Cheese Torta <i>Side of Baked Fries</i>	Soy Butter & Jelly Sandwich <i>Baby Carrots</i>	Build Your Own Cheese Pizza Kit <i>Marinara Sauce</i>	Artisan Cheese Sandwich <i>Garbanzo Bean & Tomato Salad</i>	Egg Salad Sandwich
ENTRÉE SALAD OF THE DAY				
		Vegetable Chef Salad w/ Egg & Cheese <i>Poptillas Chips</i> <i>Ranch Dressing</i>	Chicken Taco Salad <i>Poptillas Chips</i> <i>Ranch Dressing</i>	Chicken Caprese Salad <i>Poptillas Chips</i> <i>Italian Dressing</i>
FEATURED ENTRÉE OF THE DAY				
28-Aug	29-Aug	30-Aug	31-Aug	1-Sep
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Chicken Enchilada w/ Creamy Green Salsa	Turkey & Bean Chili Poptillas Chips	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries ✓	Cheesy Alfredo Pasta w/ Steamed Broccoli ✓	Chicken Cheese Tamale w/ Black Beans ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Deep Dish Cheese Pizza ✓
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
	Chicken Nuggets w/ Roasted Potatoes	Firecracker Chicken w/ Yakisoba Noodles Cabbage & Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Hamburger
	Sunbutter, String Cheese, Wheat Crackers, Baby Carrot & Apple	Chicken Cheese Tamale w/ Black Beans ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Deep Dish Cheese Pizza ✓
	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Lettuce, Tomatoes, Pickles Kit</i>
	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Grilled Chicken Sandwich Oven Baked Fries <i>BBQ Sauce Packet</i>	Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots	Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes <i>Syrup</i>	Chicken Fajitas w/ Pinto Beans <i>Tortillas</i>	Macaroni & Cheese Sandwiches
Cheese Melt Burgers Oven Baked Fries ✓	Cheesy Baked Ziti w/ Marinara Sauce ✓	Cheese Tamale w/ Black Beans ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Deep Dish Cheese Pizza ✓
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Chicken Enchilada w/ Creamy Green Salsa	Turkey & Bean Chili Poptillas Chips	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries ✓	Cheesy Alfredo Pasta w/ Steamed Broccoli ✓	Cheese Tamale w/ Black Beans ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Deep Dish Cheese Pizza ✓
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Hot Dog Oven Baked Fries	Chicken Nuggets w/ Roasted Potatoes	Firecracker Chicken w/ Yakisoba Noodles Cabbage & Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Hamburger
Cheese Melt Oven Baked Fries ✓	Cheese Lasagna w/ Marinara Sauce ✓	Chicken Cheese Tamale w/ Black Beans ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Lettuce, Tomatoes, Pickles Kit</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.

*highlighted Meals are Ordered

