

September 2023

Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
FEATURED ENTREE OF THE DAY				
28-Aug Frosted Flakes Cereal w/ Honey Grahams	29-Aug Vanilla Concha w/ Pear	30-Aug Cinnamon Chex Cereal w/ Honey Grahams	31-Aug Lemon Muffin	1-Sep Cheerios Cereal w/ Honey Grahams
Cinnamon Delight Bar <i>Orange & Apple</i>	Yogurt Parfait w/ Berries Honey Grahams <i>Orange & Pear</i>	Banana Bread <i>100% Fruit Juice & Apple</i>	French Toast Sticks <i>Banana & Pear</i>	Vanilla Mini Loaf & String Cheese <i>Pear & Apple</i>
4-Sep	5-Sep Vanilla Concha	6-Sep Cinnamon Chex Cereal w/ Honey Grahams	7-Sep Blueberry Muffin	8-Sep Cheerios Cereal w/ Honey Grahams
	Cinnamon Crumble <i>Apple & Pear</i>	Berry Apple Crisp Bar <i>100% Fruit Juice & Apple</i>	English Muffin Breakfast Sandwich <i>Banana & Pear</i>	Bagel w/ Cream Cheese <i>Pear & Apple</i>
11-Sep Frosted Flakes Cereal w/ Honey Grahams	12-Sep Vanilla Concha	13-Sep Cinnamon Chex Cereal w/ Honey Grahams	14-Sep Vanilla Muffin	15-Sep Cheerios Cereal w/ Honey Grahams
Mantecada Sweet Bread <i>Orange & Apple</i>	Breakfast Cheese Tamale <i>Orange & Pear</i>	Cinnamon Roll <i>100% Fruit Juice & Apple</i>	Pancake Stack Syrup <i>Banana & Pear</i>	Cranberry Oatmeal Round <i>Pear & Apple</i>
18-Sep Frosted Flakes Cereal w/ Honey Grahams	19-Sep Vanilla Concha w/ Pear	20-Sep Cinnamon Chex Cereal w/ Honey Grahams	21-Sep Lemon Muffin	22-Sep Cheerios Cereal w/ Honey Grahams
Cinnamon Delight Bar <i>Orange & Apple</i>	Yogurt Parfait w/ Berries Honey Grahams <i>Orange & Pear</i>	Banana Bread <i>100% Fruit Juice & Apple</i>	French Toast Sticks <i>Banana & Pear</i>	Vanilla Mini Loaf & String Cheese <i>Pear & Apple</i>
25-Sep Frosted Flakes Cereal w/ Honey Grahams	26-Sep Vanilla Concha	27-Sep Cinnamon Chex Cereal w/ Honey Grahams	28-Sep Blueberry Muffin	29-Sep Cheerios Cereal w/ Honey Grahams
Cinnamon Crumble <i>Orange & Apple</i>	Cinnamon Waffles Syrup <i>Orange & Pear</i>	Berry Apple Crisp Bar <i>100% Fruit Juice & Apple</i>	Scrambled Egg & Cheese Breakfast Sandwich <i>Banana & Pear</i>	Bagel w/ Cream Cheese <i>Pear & Apple</i>

All entrees served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.

*highlighted meals are ordered.

