

 **BREAKFAST**

 **LUNCH**

SEPTEMBER 2023

Oak Ave.

Questions?
foodservices@tcusd.net

This institution is an equal

MENU IS SUBJECT TO CHANGE BASED ON
PRODUCT AVAILABILITY

Monday

Tuesday

Wednesday

Thursday

Friday



Holiday No School

4

WG Muffin, Fruit, Milk **5**

Beef Cheese Burgers
Beef Hot Dogs
Fruit + Vegetables, Milk

WG Concha, Fruit, Milk **6**

Cheese Bosco Sticks
Chicken Crisпитos
Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk **7**

Chicken Corn Dog
Beef Penne Pasta & WG Roll
Fruit + Vegetables, Milk

WG Breakfast Bar, Fruit, Milk

Pizza: Veggie
Pepperoni or Cheese
Fruit + Vegetables, Milk

WG Cereal, Fruit, Milk **11**

Pepperoni Calzone
Teriyaki Chicken & Rice Bowl
Fruit + Vegetables, Milk

WG Muffin, Fruit, Milk **12**

Beef Cheese Burgers
Beef Hot Dogs
Fruit + Vegetables, Milk

WG Concha, Fruit, Milk **13**

Pepperoni Bosco Sticks
Spicy Chicken Sandwich
Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk **14**

Chicken and Mashed
Potatoes & WG Roll
BBQ Rib-b-q Sandwich
Fruit + Vegetables, Milk

WG Breakfast Bar, Fruit, Milk

Pizza: Veggie
Pepperoni or Cheese
Fruit + Vegetables, Milk

WG Cereal, Fruit, Milk **18**

Pepperoni Calzone
Orange Chicken & Rice Bowl
Fruit + Vegetables, Milk

WG Muffin, Fruit, Milk **19**

Beef Cheese Burgers
Beef Hot Dogs
Fruit + Vegetables, Milk

WG Concha, Fruit, Milk **20**

Cheese Bosco Sticks
Chicken Crisпитos
Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk **21**

Chicken Corn Dog
Beef Penne Pasta & WG Roll
Fruit + Vegetables, Milk

WG Breakfast Bar, Fruit, Milk

Pizza: Veggie
Pepperoni or Cheese
Fruit + Vegetables, Milk

WG Cereal, Fruit, Milk **25**

Pepperoni Calzone
Teriyaki Chicken & Rice Bowl
Fruit + Vegetables, Milk

WG Muffin, Fruit, Milk **26**

Beef Cheese Burgers
Beef Hot Dogs
Fruit + Vegetables, Milk

WG Concha, Fruit, Milk **27**

Pepperoni Bosco Sticks
Spicy Chicken Sandwich
Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk **28**

Chicken and Mashed
Potatoes & WG Roll
BBQ Rib-b-q Sandwich
Fruit + Vegetables, Milk

WG Breakfast Bar, Fruit, Milk

Pizza: Veggie
Pepperoni or Cheese
Fruit + Vegetables, Milk

Daily Choice:
Peanut Butter and Jelly Sandwich
Turkey and Cheese Sandwich
Grilled Cheese Sandwich

Vegetables:
Baby Carrots, Cucumber Slices, Celery Sticks,
Zucchini Sticks, Corn, Garbanzo/Pinto/Black Beans
Chopped Romaine Salad

Fruits:
Apple Slices/Whole, Cantaloupe Cubes, Pineapple
Slices, Grapes, Tangerines, Raisins, Cranberries,
Applesauce Cups, Mixed Fruit Cups

Daily Milk Choice:
Nonfat White Milk
1% Lowfat White Milk
NonFat Chocolate Milk