

SEPTEMBER 2023

Leyden High School District 212



PAY FOR MEALS ONLINE

MySchoolBucks.com

ALL STUDENTS RECEIVE
ONE FREE BREAKFAST AND
ONE FREE LUNCH EACH
DAY THEY ARE IN SCHOOL!

MONDAY

In addition to the Daily Lunch Special, a variety of Pizza Slices, Deli Sandwiches, and Salads will be available daily.

TUESDAY

Choice of Fat Free Flavored or Low Fat Plain Milk. Fresh Fruit and Vegetables Served Daily.

WEDNESDAY



THURSDAY

This institution is an equal opportunity provider. Menu items are subject to change due to availability.

FRIDAY

Hot Dog on
Whole Grain Bun
Chips
Fruit of the Day

1

**NO SCHOOL
LABOR DAY**

4

Pasta with Meat Sauce
Garlic Bread
Garden Salad
Fruit of the Day

5

French Bread Pizza
Tossed Spinach Salad
Fruit of the Day

6

Loaded Pulled Pork
Nachos
Spanish Rice
Refried Beans
Fruit of the Day

7

Rodeo Burger
on Whole Grain Bun
French Fries
Fruit of the Day

8

Crispy Chicken Patty
Sandwich
on Whole Grain Bun
Mashed Potatoes w/Gravy
Fruit of the Day

11

Chicken Alfredo Pasta
Steamed Broccoli
Garlic Bread
Fruit of the Day

12

Breakfast for Lunch
Scrambled Eggs
Whole Grain Pancakes
Triangle Hash Brown
Fruit of the Day

13

Nacho Grande
Spanish Rice
Refried Beans
Fruit of the Day

14

Bosco Sticks
w/Marinara Cup
Romaine Garden Salad
Fruit of the Day

15

Popcorn Chicken
Mashed Potato Bowl
with Corn
Whole Grain Dinner Roll
Fruit of the Day

18

Pasta with Meat Sauce
Garlic Bread
Garden Salad
Fruit of the Day

19

Sloppy Joe's
On Whole Grain Bun
French Fries
Fruit of the Day

20

Twin Tacos
Spanish Rice
Refried Beans
Fruit of the Day

21

Bacon Cheeseburger
on Whole Grain Bun
Mashed Potatoes w/Gravy
Fruit of the Day

22

Spicy Chicken Patty
Sandwich
on Whole Grain Bun
Mashed Potatoes w/Gravy
Fruit of the Day

25

Mac & Cheese
Corn Bread
Green Beans
Fruit of the Day

26

Orange Chicken
Brown Rice
Steamed Broccoli
Fruit of the Day

27

Chicken Fajita
Burrito Bowl
Cilantro Lime Rice
Black Bean Corn Salsa
Fruit of the Day

28

Grilled Cheese on
Whole Grain Bread
Tomato Soup
Fruit of the Day

29