

FAMILY RESOURCE CENTER NEWSLETTER

Brenda Cowan & Veterans Park Elementary Schools

WAYS YOU CAN HELP!

Here are some quick and easy ways you can support children and families at your school through the FRC!

- Check out the Amazon Wishlist to provide needed supplies--check it out here:

https://www.amazon.com/hz/wishlist/ls/NMNBE7RIF7WE?ref_=wl_share



- Donate new or gently used Parenting Books to be used in our Parent Lending Library!
- Communicate with Mrs. Love if you would like to volunteer your time in the FRC!



Contact Information & Schedule

Brenda Cowan: Tuesday / Thursday / AM Friday
859.381.2990 ext. 29403

Veterans Park: Monday / Wednesday / PM Friday
859.381.3161 ext. 27265

Center Hours: 7:15 am - 2:45 pm

The FRC remains open during the summer break.

EMAIL: NICOLE.LOVE@FAYETTE.KYSCHOOLS.US

THANKSGIVING MEAL ASSISTANCE

Sign-ups for Thanksgiving baskets through God's Pantry's Sharing Thanksgiving Program are now under way! If your family would benefit from receiving a Thanksgiving basket this year, please click on the QR code on the right to complete the form completely no later than **SEPTEMBER 23rd!** This is a **FIRM** deadline for God's Pantry, and late submissions cannot be added after that date! All Thanksgiving baskets will be provided through God's Pantry. You are responsible for picking up your basket. If picking up your basket is absolutely not possible, please contact Ms. Love in the FRC at Nicole.love@fayette.kyschools.us or (859)381-3161.

The Thanksgiving basket contains (may be subject to change based on availability): Turkey, Instant Mashed Potatoes, Canned Vegetables, Gravy, Canned Yams, Canned Fruit, Cranberry Sauce, Dressing Mix, Corn Muffin Mix, Dessert, Margarine, Eggs & Onion. Distribution of Thanksgiving baskets will take place at Southland Christian Church in November. You will receive a letter from God's Pantry with your scheduled pick-up time.



***FAMILIES HAVE THE OPTION TO "SELF-REFER" BY CALLING THE SHARING THANKSGIVING REFERRAL HOTLINE (859-402-0050) FROM SEPTEMBER 1 - SEPTEMBER 29, 2023, MONDAY - FRIDAY, 10 AM - 1 PM.**

FRC ADVISORY COUNCIL

The FRC Advisory Council meets every other month, and all are welcome to attend!

The next meeting is:

November 15
3:00 pm

(virtual meeting- contact Mrs. Love for the meeting link!)

Future meeting dates are:

January 17, 2024
March 13, 2024
May 15, 2024

RESOURCES OF THE MONTH

The Bair Foundation
Child & Family Ministries

University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Kinship Care Workshop with Dr. Joseph Crumbley

SEPTEMBER 18, 2023 (FOR CHILD WELFARE PROFESSIONALS AND EDUCATORS)

- 11AM-3PM (BREAK FOR LUNCH ON OWN 12-1PM)

SEPTEMBER 20, 2023 (KINSHIP CAREGIVERS)

- OPEN TO ANYONE CARING FOR A RELATIVE CHILD! NO COURT INVOLVMENT REQUIRED.
- 10:30AM-1:30PM
- LUNCH PROVIDED



Located at the Fayette County Extension Office
1140 Harry Sykes Way, Lexington, KY 40504

REGISTER BY SEPTEMBER 4TH AT:



[HTTPS://BIT.LY/CRUMBLEYBAIR](https://bit.ly/crumbleybair)
CONTACT [RWONACK@BAIR.ORG](mailto:rwonack@bair.org) WITH
QUESTIONS



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Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status. We will not discriminate on the basis of race, color, sex, age, marital status, religion, ancestry, national origin, genetic information, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, public assistance, age, or status as a victim of domestic violence. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Genetics, University of Kentucky



Are Your Vaccines Up to Date?



FREE Vaccines & Health Screens at Greater Gardenside Community Market



Health Screens & Info:

- Blood pressure checks
- Blood glucose testing
- HIV testing
- Nar-Can kits
- Covid-19 tests
- Health education materials



Vaccine Clinic:

- Covid-19 (adult, pediatric)
- Flu (adult, pediatric)
- Tdap (tetanus and whooping cough) (adult)

Walk-in Appointments
On-site Spanish Translation

When:

Wed., Aug. 30, 2023
4:30 PM - 6:30PM

Where:

Gardenside Community Market
1747 Alexandria Dr. Lexington

Supported by:



Center for Clinical and
Translational Science

OCOH

Our Community. Our Health.



For more information contact: Lynn.Warneke@uky.edu

JUST A REMINDER...

COMPLETE YOUR APPLICATION FOR FREE/REDUCED MEAL BENEFITS!

