



# Johnson County High School BREAKFAST MENU September 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Harvest of the Month: Apples 	Apples come in all shades of red, green and yellow and provide fiber and vitamin C. Enjoy them with their skin on for the best nutrition.		Students must choose a fruit at breakfast. Student meals are served at no charge. Adult meals are \$2.75.	Cheese Grits, Sausage Links, and Toast with Juice, Fruit & Milk
4 <b>SCHOOL HOLIDAY</b>	Breakfast Pizza or French Toast Sticks with Juice, Fruit & Milk	Pop Tarts or Sausage & Cheese Breakfast Sandwich with Juice, Fruit & Milk	Yogurt Parfait with Granola or Cheese Toast with Sausage Links with Juice, Fruit & Milk	Sausage, Egg, & Cheese Scramble with Croissant with Fruit, Juice, & Milk Choices
Sausage & Cheese Croissant or Chicken & Waffles with Juice, Fruit, & Milk	Pancakes or Breakfast Burrito with Juice, Fruit & Milk	Cereal with Cinnamon Toast or Ham & Cheese Breakfast Sandwich with Juice, Fruit & Milk	Cini Minis or Steak Biscuit with Jelly with Juice, Fruit & Milk	Cheese Grits, Sausage Links, and Toast with Juice, Fruit & Milk
French Toast Sticks or Pancake and Sausage with Juice, Fruit & Milk	Donut or Chicken Biscuit with Juice, Fruit & Milk	Pop Tarts or Sausage & Cheese Breakfast Sandwich with Juice, Fruit & Milk	Yogurt Parfait with Granola or Cheese Toast with Sausage Links with Juice, Fruit & Milk	Sausage, Egg, & Cheese Scramble with Croissant with Fruit, Juice, & Milk Choices
Sausage & Cheese Croissant or Chicken & Waffles with Juice, Fruit, & Milk	Pancakes or Mini Bagels with Strawberry Cream Cheese with Juice, Fruit & Milk	Cereal with Cinnamon Toast or Ham & Cheese Breakfast Sandwich with Juice, Fruit & Milk	Cini Minis or Steak Biscuit with Jelly with Juice, Fruit & Milk	Cheese Grits, Sausage Links, and Toast with Juice, Fruit & Milk

Milk choices along with chilled and/or fresh fruit offered daily.  
All menus are subject to change due to product availability and vendor deliveries.

This institution is an equal opportunity provider.