



BREAKFAST

SEPTEMBER 2023

Blount County Schools

Offered Daily: 1% Low-Fat Milk

& Flavored Milk / Juice

Monday

Tuesday

Wednesday

Thursday

Friday




4

5
Strawberry Cream Cheese Bagels
 Cereal / Yogurt
 Fruit / Juice

6
Butter Biscuit w/ Jelly
 Cereal
 Yogurt
 Fruit / Juice

7
Donut Holes
 Cereal
 Yogurt
 Fruit / Juice

1
Sausage Power Bites w/ Toast
 Cereal / Yogurt
 Fruit / Juice

11
Sausage Biscuit
 Cereal
 Yogurt
 Fruit / Juice

12
Maple Sugar Waffle
 Cereal / Yogurt
 Fruit / Juice

13
Chicken Biscuit
 Cereal
 Yogurt
 Fruit / Juice

14
Apple Fritter
 Cereal
 Yogurt
 Fruit / Juice

15
Sausage Power Bites w/ Toast
 Cereal / Yogurt
 Fruit / Juice

18
Sausage Biscuit
 Cereal
 Yogurt
 Fruit / Juice

19
Strawberry Cream Cheese Bagels
 Cereal / Yogurt
 Fruit / Juice

20
Butter Biscuit w/ Jelly
 Cereal
 Yogurt
 Fruit / Juice

21
Donut Holes
 Cereal
 Yogurt
 Fruit / Juice

22
Chicken Biscuit
 Cereal
 Yogurt
 Fruit / Juice



25

26
Maple Sugar Waffle
 Cereal / Yogurt
 Fruit / Juice

27
Bacon, Egg, & Cheese Biscuit
 Cereal
 Yogurt
 Fruit / Juice

28
Apple Fritter
 Cereal
 Yogurt
 Fruit / Juice

29
Sausage Power Bites w/ Toast
 Cereal / Yogurt
 Fruit / Juice

Menu Subject to Change.

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