OCTOBER 2023

Foothills/MRIS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 No School	4 No School	5 No School	6 No School
9 No School	10 No School	11 Chicken sandwich, Potatoes, Veggie Or MRIS Only- Hot/Spicy Chicken sandwich	Corn dog, Smiles, Corn Or Meal kit- BBQ bites	Tossed salad, Corn Or Quesadilla, Corn
16 Chicken nuggets, Broccoli, Roll Or Soft Pretzel/Cheese, String cheese Veggie	17 Hamburger, Potatoes Veggie, Let/tom. Or MRIS Only- Asian chicken, Rice, Veggie, Egg roll	18 Chicken sandwich, Potatoes, Veggie Or MRIS Only- Hot/Spicy Chicken sandwich	19 BBQ Riblet, Bun, Potato, Corn Or Pizza lunchable	20 Cheese sticks, Marinara sauce, Green beans Or PB&J Uncrustable
23 Hot dog w/chili, Potato, veggie Or Baked Potato, String cheese, Veggie	24 Chicken sandwich, Potatoes, Veggie Or Mandarin chicken, Rice, Egg roll, Veggie	25 Hamburger, Potatoes Veggie, Let/tom. Or Meal kit- BBQ bites	26 Sausage, Biscuit, gravy, Eggs, Tri tater, Juice Or French toast, Sausage, yogurt	Wild Mike's Cheese Bite's, Marinara Sauce, Green Beans Or PB&J Uncrustable
30 Chicken nuggets, Broccoli, Roll Or Turkey/Cheese Croissant, Veggie	31 Beef Tacos, Rice, Corn, Cheese Or PB&J Uncrustable	1	2	3

<u>News</u>

Come eat breakfast with us!

Monday-Chicken biscuit or Cereal

Tuesday- Pop tart or Cereal

Weds.- Sausage, Biscuit, Gravy or Cereal

Thurs.- Mini muffins or Cereal

Friday-Sausage, French toast or Cereal

*Menu is subject to change without notice

"This institution is an equal opportunity provider"