

ADMINISTRATIVE REGULATION

No. 518(g)

**Board of Trustees
Douglas County School District**

STUDENTS

Supervised Curriculum in Physical Education Exemption of Credit (Grades 9-12)

Douglas County School District students in grades 9-12 are permitted to be exempted from a limited number of physical education credits through an approved Supervised Curriculum program. Completion and approval of the Supervised Curriculum Physical Education (SCPE) contract must occur by March 15th of the preceding school year for fall and spring semester. The parent or student who makes the request must provide appropriate documentation and complete the application for SCPE. Failure to provide documentation, failure to meet the indicated deadlines, or participation in a sport not listed below will result in no waiver being issued.

Participation in SCPE must run concurrent with the entire fall or spring semester. (SCPE may not begin or end mid semester. If a sport begins or ends within a semester, students will not be allowed on campus for the affected class period.)

SCPE has been approved only for the following activity areas, other sports may be added with approval of the Executive Director of Educational Services, Area 4:

- Dance (professional training)
- Figure skating
- Skiing or snow boarding
- Equestrian training
- Martial Arts (4th level and above)
- Rodeo training
- Gymnastics
- CrossFit training
- Club volleyball
- Club swimming

PE Credit Exemption Limits

High school students (grades 9-12) may request an exemption of one PE credit per year up to a maximum of 1 credit total. Students must reapply by March 15th each year by submitting a new application for approval. Credit may be exempted for activities that occur entirely outside the school day.

Attendance

SCPE does not exempt the student from compulsory attendance except that the student may be released from one class for up to one full class period to attend the

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SCPE training. The released time must not affect any other classes being taken on campus. This may only be taken during the student's first or last period of the day.

Participation in competitions, which extend beyond one class period, will be treated as if the student were competing in a NIAA activity. (Excused absences will be limited to the equivalent of 8 school days and require prior notification by the parent.)

Application, Contract, and Attendance Reporting

The application for SCPE must be completed and submitted to the principal by March 15th of the preceding school year for both fall and spring semester. The application and contract must be complete and provide all required documentation before it will be approved.

Required documentation includes:

1. SCPE Application must include proof that the student in the SCPE program/course will be participating in physical activities at an intermediate or high school level which result in an acceptable level of physical fitness as decided by the Executive Director of Educational Services, Area 4 in his/her full discretion.
2. A copy of the program or syllabus that the student is following with the amount of time to be spent in that program during the semester. The program, or syllabus, must describe specific concepts, principles, and skills so that a comparison may be made with the required Nevada Physical Education Standards.
3. If an instructor is not a licensed teacher he/she must possess and provide documentation of substantial expertise in the field, as well as training and coaching experience.
4. The class syllabus must be approved by the State Superintendent. Exemption of PE credit and exemption for one period of the school day are contingent upon the approval of the State Superintendent.
5. Students must have a 2.0 grade point average for the semester prior to applying to participate in SCPE.

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Requirements for Exemption of Credit

In order to receive an exemption of credit for SCPE, the student is required to receive an average of five hours per week of direct instruction and supervision from his/her coach or instructor for each week of the semester for a total of at least 90 hours per semester. The 90 hours does not include hours accrued over the summer months.

A monthly attendance report form completed by the coach or instructor is due to the principal or his/her designee on the last school day of each month of attendance. The report may be submitted electronically to the principal or his/her designee. The report must include the following information:

- Accounting for attendance of student activities as set forth on the application form
- Documentation of completing an average of five hours per week under direct instruction or supervision of the coach or instructor
- Accomplishments and progress toward goals, including:
 - Concepts, principles, or skills taught/practiced
 - Specific functions or events practiced for or participated in (i.e., matches)
 - Any clinics, tests, or attainment of new standing or rank
- Signature of the coach or instructor named on the application form. The principal will not accept the report without the signature. A parent's signature will not be accepted in lieu of this signature.

The final report showing completion of 90 hours of activity per semester must be submitted by 3:00 p.m. on the Friday that precedes the end of each semester. Students not completing appropriate documentation will not receive an exemption for the PE credit.

Monthly and final semester reports are to be given directly to the principal or his/her designee.

[See Related Board Policy](#)
[See Related Administrative Regulation](#)
[SCPE Application](#)

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