

PEASTER JUNIOR HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SEPT

MENU 2023

STATE FAIR DALLAS



ANNOUNCEMENT:

Students Breakfast

Prices \$2.00
Reduced \$.00
Adult \$2.75

Students Lunch

Prices
J.H. \$3.50
Reduced \$.40
Adult \$4.50

Fruit & Milk Offered
Daily

4

STUDENT HOLIDAY

5. Pancake Sausage Sandwich
OR Cereal & Toast

Italian Pasta Bake & Breadstick
OR Cheese Rippers
Green Beans
Caesar Side Salad

6. Bagel & Sausage OR Cereal
& Graham Crackers

Pepperoni Selfie Pizza OR
Spicy Nuggets & Texas Toast
Crinkle Cut Fries
Garden Salad

7. Scrambled Eggs, Bacon &
Toast OR Cereal & Toast

Chicken Smackers & Roll OR
Turkey & Cheese Sub
Baked Potato
Cherry Tomatoes

8. Donut OR Cereal & Cheese
Cubes

Hamburger/Cheeseburger OR
Chicken Cheddar Ranch Wrap
Tater Tots
Ranchero Beans

12. Chicken Biscuit OR Cereal
& Toast

Two Soft Tacos OR
Piggy Mac with Breadstick
Refried Bean Casserole
Baby Carrots

13. Kolache OR Cereal & Teddy
Graham

Cheese Pizza
OR Sloppy Joe
Potato Wedges
Caesar Side Salad

14. Pancakes & Sausage Links
OR Cereal & Toast

Chicken & Waffles OR
Turkey Chef Salad & Breadstick
Tater Tots
Cucumber Coins

15

STUDENT HOLIDAY

11. Poptart & Cereal OR
Cereal & Cheese Cubes

Cheesy Chicken over Rice OR
Corn Dogs
Sugar Snap Peas
Veggie Dippers

18. French Toast Sticks OR
Cereal & String Cheese

Tater Tot Casserole & Roll OR
Chicken Sandwich
Glazed Carrots
Garden Salad

19. Bacon & Cheese Biscuit OR
Cereal & Toast

Walking Taco OR
Baked Ziti with Texas Toast
Broccoli with Cheese
Lettuce & Tomato

20. Waffle OR Cereal &
Graham Crackers

Pepperoni Pizza OR
Cowboy Grilled Cheese
Potato Wedges
Ranch Style Beans

21. Breakfast Pizza OR Cereal
& Toast

Chicken Nuggets & Roll OR
Steakfingers & Roll
Potatoes & Gravy
Corn

22. Mini Donuts OR Cereal &
Cheese Cubes

Hamburger/Cheeseburger OR
Two Chicken Fajita Tacos
Crinkle Cut Fries
Lettuce & Tomato

25. Trix Yogurt & Teddy Grahams
OR Cereal & Teddy Grahams

Chicken Alfredo Penne with
Breadstick OR Frito Pie
Corn Cobette
Caesar Side Salad

26. Sausage Biscuit OR Cereal
& Toast

Crispitos OR Ham & Cheese
Baked Potato w/Texas Toast
Ranchero Beans
Veggie Dippers

27. Breakfast on a Stick OR
Cereal & Graham Crackers

Selfie Pizza OR
Cheese Nachos
Potato Wedges
Baby Carrots

28. French Toast Sticks OR
Cereal & Toast

Chicken Smackers & Hot Roll
OR Southwest Chicken Salad
Potatoes & Gravy
Green Beans

29. Dutch Waffle OR Cereal &
String Cheese

Hamburger/Cheeseburger OR
Bacon Turkey Ranch Wrap
Tater Tots
Veggie Dippers



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program



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www.SquareMeals.org