



Prep Menu
Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|--|---|--|---|---|
| Lunch | Beef Curry & Rice *** Vegetable Burger in a Plain Bun | Pork Sausages with Yorkshire Pudding *** Macaroni Cheese | Pasta Bar Bolognese *** Cheesy Broccoli | Roast Chicken with Stuffing *** Lentil Curry with Naan | Oven Baked Fish Cakes *** Pork in Black Bean with Green Pepper |
| Soup | Chef's Choice *** | Chef's Choice *** | Chef's Choice *** | Chef's Choice *** | Chef's Choice *** |
| Hot Sarnie | Ham & Cheese Baguette *** Assorted Sandwiches *** Jacket Potato | Tandoori Chicken Wrap *** Assorted Sandwiches *** Jacket Potato | Chicken & Sweetcorn Baguette *** Assorted Sandwiches *** Jacket Potato | Ham & Cheese Wrap *** Assorted Sandwiches *** Jacket Potato | Brie & Cranberry Baguette *** Assorted Sandwiches *** Jacket Potato |
| On the Side | Oven Baked Sautéed Potatoes Peas Cauliflower | Creamed Potatoes Carrots Green Beans | Homemade Wedges Sweetcorn Cheesy Leeks | New Potatoes Red Cabbage Mixed Vegetables | Chunky Chips Mushy Peas Sautéed Courgettes |
| Dessert | Fruit Crumble with Custard | Chocolate Oat Slice | Malva Pudding | Jam Tart | Creamy Rice Pudding |
| Salad Bar | Iceberg Lettuce, Tomato, Cucumber, Pickled Red Onions, Grated Cheese, Florida, Carrot, Sweetcorn, Croutons, Boiled Egg | | | | |
| Daily Staples | Fresh Fruit, Yoghurts, Jelly, Condiments, Bread | | | | |
| | <i>Menu is subject to change</i> | | | | |