

# Daily Diabetic Care Plan

Student name: \_\_\_\_\_ DOB: \_\_\_\_\_ Target Range BG: \_\_\_\_\_

Parent contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Type 1 diabetic students require special assistance during a school setting including glucose monitoring, frequent bathroom and water breaks, visual monitoring by adults and friends, as well as altered field trip accommodations. We will work together with the family to make school a smooth and safe transition.

Parents will supply snacks, juice, glucagon, extra insulin, and all monitoring equipment, and will be notified in writing / phone call if supplies are low. It is the parent's responsibility to notify the nurse of any changes in carb ratios or other medical changes. They will be notified for any abnormal glucose results and can have a copy of all testing results (either daily or as decided by the parent, see log sheet). Please contact nursing staff with any questions or concerns, someone will be available at all times if your child has a problem. Each building knows how to contact the nurses if he/she is not in the building.

Education and administration staff will be educated by the nursing staff of what signs and symptoms to monitor for, as well as hands-on training for what to do in an emergency. All staff will follow the physician's orders for any and all treatments related to blood sugars and notify parents if there are any questions. We will attempt to get menus to students with/without carb counts when available. All school staff members will be able to contact the nurses if they have questions or problems. Parents will be notified of field trips and parties as soon as possible to make appropriate accommodations with staff.

(Student) \_\_\_\_\_ will need to have blood sugar checked before lunch, academic testing, and whenever he/she or an adult suspects a glucose problem. End of the day monitoring and snack is at the parent and student's discretion based on the day and trending. It may also be necessary to check blood glucose levels before, during, and/or after physical activity, especially in prolonged exertion situations. Every attempt will be made to minimize educational interruptions. Always send another student with \_\_\_\_\_ to the clinic to check glucose, if not feeling well. Ketones will be checked if BG is greater than \_\_\_\_\_. The student will never be left alone if they are not feeling well and 911 will be activated in the event of a crisis.

Additional information:

\_\_\_\_\_  
\_\_\_\_\_

Signatures: RN. \_\_\_\_\_ Staff: \_\_\_\_\_

Parent: \_\_\_\_\_ Staff: \_\_\_\_\_