

# Upper School 7-12

# November 2023

Available Daily:				
<b>GRATE THYMES FOODSERVICE</b>		<i>Angus Burgers, Popcorn Chicken, Deli Sandwiches, Fries                      Premade Salads (US 7-8), Salad Bar (US 9-12)                      fruit cups, fresh whole fruit, snacks</i>		Lunch \$4.00 (drink NOT included)
		1-WEDNESDAY	2-THURSDAY	3-FRIDAY
		Larosa Pizza Fries Fruit	GRAB & GO THURSDAY *burgers, chicken nuggets, sandwiches, fruit cups, salads, fries*	IN-SERVICE DAY  <i>no school for students</i>
6- MONDAY	7-TUESDAY	8-WEDNESDAY	9-THURSDAY	10-FRIDAY
General Tso Chicken Fried Rice Veggie	Pasta Marinara OR Pasta Alfredo Garlic Breadstick Green Beans	Larosa Pizza Fries Fruit	GRAB & GO THURSDAY *burgers, chicken nuggets, sandwiches, fruit cups, salads, fries*	Oven Roasted Turkey Mashed Potatoes and Gravy Stuffing, Veggie
13-MONDAY	14-TUESDAY	15-WEDNESDAY	16-THURSDAY	17-FRIDAY
Boneless BBQ Wings Mashed Potatoes Veggie	Pasta Marinara OR Pasta Alfredo Garlic Breadstick Green Beans	Larosa Pizza Fries Fruit	GRAB & GO THURSDAY *burgers, chicken nuggets, sandwiches, fruit cups, salads, fries*	Grilled Cheese on Texas Toast Tomato Soup Veggie
20-MONDAY	21- TUESDAY	22-WEDNESDAY	23-WEDNESDAY	24- FRIDAY
Mini Corndogs Macaroni and Cheese Veggie	Pasta Marinara OR Pasta Alfredo Garlic Breadstick Green Beans	<i>THANKSGIVING BREAK NO SCHOOL</i>	<i>THANKSGIVING BREAK NO SCHOOL</i>	<i>THANKSGIVING BREAK NO SCHOOL</i>
27-MONDAY	28-TUESDAY	29- THURSDAY	30- FRIDAY	
Chicken Quesdilla Rice Veggie	Pasta Marinara OR Pasta Alfredo Garlic Breadstick Green Beans	Larosa Pizza Fries Fruit	GRAB & GO THURSDAY *burgers, chicken nuggets, sandwiches, fruit cups, salads, fries*	