



Marion Cross School District

Dear Parent or Guardian:

The 2023-24 school year is upon us, and Fresh Picks Café is pleased to once again manage your school's Food Service Program. Fresh Picks Café is a locally owned and operated company dedicated to serving delicious, wholesome, quality meals that meet the latest nutritional guidelines. As a refresher, here are some of the features your children enjoy through your district's partnership with Fresh Picks Café:

1.) Menus:

We offer online, interactive menus through ISITE. You have the option to download the "Web Menus by Isite" app to your mobile device and check your student's menu choices daily! Ingredients, allergen and nutritional data for all items served can be viewed from this app. Interactive menus are also available online and can be viewed and printed from your school district's nutrition website.

Download the app today!

App Store:



Google Play:



The **Kids' Pick Café** at **Marion Cross Elementary** offers a wide selection of choices each day including items such as our featured hot entrée, deli sandwiches, salads, bento boxes and parfaits.

The cafeteria will also be open prior to school each day to provide a **complete nutritious breakfast** featuring a wide range of hot and cold breakfast meal options. All breakfasts are accompanied by a variety of fruit selections to enable students choose a full, healthy meal to start their day.

1.) **ALL MEALS ARE FREE – WITH YOUR HELP!** Through a program funded by the state of Vermont our school district will again be offering meals to all students at no charge. As a part of this funding program, we need to collect meal benefit applications from all students. These meal applications will enable us to receive the proper state funding and will help ensure that the funding lasts all school year. Please contact your school administrative office or the food service director to obtain an application.

All students are entitled to a full meal from any of our stations at **breakfast** and at **lunch** for no charge. Items such as snack milk or snacks are available to all students for an additional charge.

2.) **Automated Point of Sale System:** The Marion Cross School District has an automated point of sale system from mPower.

3.) **Student Allergy / Special Needs Identification:** If your student has a medically documented food allergy or special need when it comes to food, your food service director will work closely with the school nurse and other personnel to ensure that your child's specific needs are met. Please visit the allergens page on your school district's nutrition website to learn how to access allergen information online and/or to contact the Fresh Picks Café Dietitian Team.

Nutrition Website!

Our food service program now has a nutrition website loaded with information about our program as well as our interactive, online menus. Visit our website for:

- Menus – including allergen and nutritional information
- "New in the Café" special events and promotions
- Information on managing your student's food service account
- Contact information for our managers and dietitians

- Alerts and notices about any changes to the food service program
- And so much more!

Contact your Food Service Director:
Marioncross @freshpickscfe.com

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:** (833) 256-1665 or (202) 690-7442; or
3. **email:** program.intake@usda.gov

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