

TROUSDALE COUNTY HIGH SCHOOL

September 2023

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Wk 1,3,5</u> Chicken Biscuit <u>Wk 2,4</u> Breakfast Pizza	<u>Wk 1,3,5</u> Muffin/Crackers <u>Wk 2,4</u> French Toast Sticks/Yogurt	<u>Wk 1,3,5</u> Sausage Biscuit <u>Wk 2,4</u> Sausage Biscuit	<u>Wk 1,3,5</u> Muffin/Crackers <u>Wk 2,4</u> Pancake Pup	<u>Wk 1,3,5</u> Cinnamon Roll <u>Wk 2,4</u> Donuts

No Personal Pan Pizza/Salad Served on Mondays!

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 28 Chicken Tenders BBQ Riblet Turnip Greens Mashed Potatoes Roll	Aug 29 Chicken Smackers Broccoli/Cheese Fries Biscuit Slushie	Aug 30 Quesadilla Refried Beans Salsa Cup Corn	Aug 31 Spaghetti CA Blend Veggies Cheesy Diced Potatoes Garlic Knot	1 <i>No School- Stockpile Day</i>
4 <i>No School- Labor Day</i> 	5 Corndog Pops Corn-on-Cob Fries	6 Fish Wedge Fries White Beans Coleslaw Hushpuppies	7 Lasagna Steamed Broccoli Baked Potato Breadstick	8 Ham or Chicken Salad Sandwich Chips Mustard/Mayo/LPTO Cucumbers/Ranch V-Blend
11 Gen. Tso Chicken Fried Rice Egg Roll Oriental Veggies	12 Chicken Tenders or Nuggets Green Beans Sweet Potato Fries Macaroni/Cheese Slushie	13 Beefy Tacos/Cheese Black Bean Salsa Corn Tortilla Scoops Mexican Rice	14 Hotdog Coleslaw Baked Beans	15 Hamburger/Cheese Mustard/Mayo/LPTO Fries Broccoli Salad
18 Beef Steak/Gravy Chicken Patty Mashed Potatoes Green Beans Roll	19 Chicken Leg Mixed Beans CA Blend Veggies Biscuit	20 Meatball Sub Tuscan Veggies Fries	21 Chicken Alfredo Glazed Carrots Scalloped Potatoes Roll	22 Chicken Sandwich Chips Mustard/Ketchup/Mayo/LPTO Coleslaw Baked Beans
25 Chicken Tenders BBQ Riblet Turnip Greens Mashed Potatoes Roll	26 Chicken Smackers Broccoli/Cheese Fries Biscuit Slushie	27 Quesadilla Refried Beans Salsa Cup Corn	28 Spaghetti CA Blend Veggies Cheesy Diced Potatoes Garlic Knot	29 BBQ Sandwich Fries Mustard/Ketchup/LPTO Carrot Sticks/Ranch

A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to supply chain issues. Check school cafeteria for updates.

This institution is an Equal Opportunity Provider.