



Senior Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Baked Sausage Frankfurter Grilled Tomato Fried Eggs Hash Browns	Continental Bread Rolls Sliced Ham Sliced Cheese Hot Porridge	Baked Sausage Frankfurter Plum Tomatoes Scrambled Eggs Potato Waffles	Filled Croissants Cheese & Tomato Cheese & Ham Baked Beans Overnight Oats	Baked Sausage Frankfurter Baked Beans Fried Eggs Chocolate Croissant	In House	In House
Daily Staples	Fresh Fruit, Fruit Juices, Preserves, Hot Drinks, Cereals, Toast & Yoghurt						
Lunch	Beef Curry & Rice *** Vegetable Burger in a Bun	Pork, Tomato & Bean Stew *** Macaroni Cheese	Pasta Bar Bolognese *** Cheesy Broccoli	Apricot Glazed Chicken *** Lentil Curry with Naan	Homemade Battered Fish *** Pork in Black Bean with Green Pepper	Chicken Goujon Wrap *** Cheese & Tomato Slice	Brunch
Soup	Chef's Choice ***	Chef's Choice ***	Chef's Choice ***	Chef's Choice ***	Chef's Choice ***	Chef's Choice ***	
Hot Sarnie	Ham & Cheese Baguette ***	Tandoori Chicken Wrap ***	Chicken & Sweetcorn Baguette ***	Ham & Cheese Wrap ***	Brie & Cranberry Baguette ***	Tuna Melt Baguette ***	Jacket Potato
Assorted Sandwiches	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	
On the Side	Sautéed Potatoes Peas Cauliflower	Creamed Potatoes Carrots Green Beans	Homemade Wedges Sweetcorn Cheesy Leeks	New Potatoes Red Cabbage Mixed Vegetables	Chunky Chips Mushy Peas Sautéed Courgettes	French Fries	
Dessert	Fruit Crumble with Custard	Chocolate Oat Slice	Malva Pudding	Jam Tart	Creamy Rice Pudding	Fruit & Yoghurt	Fruit & Yoghurt
	Assorted Filled Sandwiches/Rolls						
Salad Bar	Iceberg Lettuce, Tomato, Cucumber, Pickled Red Onions, Grated Cheese, Florida, Carrot, Sweetcorn, Croutons & Boiled Eggs						
Daily Staples	Fresh Fruit, Yoghurts, Jelly, Condiments, Bread						
Supper	Breaded Pork Escalope with Mushroom Sauce *** Pesto Pasta	Ginger Chicken Curry & Rice *** Mediterranean Tart	Mongolian Beef with Rice *** Cheese & Tomato Pizza	Pie Night Creamy Fish Chicken & Sweetcorn Creamy Vegetable	Spaghetti Bolognese *** Tofu Tikka Wraps	Chicken Pizza *** Prawn Singapore Noodles *** Spinach Pie	Classic Roast Beef with Horseradish *** Hunters Chicken *** Fruity Chickpea Curry & Rice
Light Bite	Corned Beef & Tomato Sandwich	Ham Omelette	Prawn Mayonnaise Sandwich	Turkey Baguette	Ham Baguette		
On the Side	Green Beans Sweetcorn French Fries Jacket Potato	Creamy Cabbage Peas Hash Browns Jacket Potato	Cauliflower Green Beans Spiral Fries Jacket Potato	Peas Carrots New Potatoes Jacket Potato	Sweetcorn Green Beans Croquette Potatoes Jacket Potato	Sweetcorn Broccoli Sweet Potato Jacket Potato	Parsnip Carrots Herby Roast Potatoes Jacket Potato
Dessert	Chocolate Iced Muffin	Fruit Platter	Doughnuts	Fruit Platter	Shortbread	Chocolate Orange Trifle	Cheesecake
Salad Bar	Iceberg Lettuce, Tomato, Cucumber, Pickled Red Onions, Grated Cheese, Carrot, Sweetcorn, Croutons						
Daily Staples	Fresh Fruit, Yoghurts, Condiments						