

WEEK 5-1		Mon 08-28	Tue 08-29	Wed 08-30	Thu 08-31	Fri 09-01
Salad Bar		Salad Bar				
Regular Menu	Meat	august menu				Breaded chicken Cutlets
	Side Dish					Pasta Gratin beans Sauce
Vegeterian Menu	Vegetables					Vichy Carrots
	Side Dish					
Cheese/Yogurt						
DESSERT						Pudding
WEEK 2		Mon 09-04	Tue 09-05	Wed 09-06	Thu 09-07	Fri 09-08
Salad Bar		Salad Bar				
Regular Menu	Meat	Breaded fish Filet	Vegetable Fritters	Mixed Grill (Chicken cutlets/ Merguez/turkey steaks)	Turkey Skewers	Roasted Chicken+Lamb
	Side Dish	Tastira+ fries	Baked Potatoes	Baked Potatoes	Penne Pasta	Couscous
Vegeterian Menu	Vegetables	Green Beans	Vegetarian Lasogna	Stuffed Vegetables	Grilled Vegetables	Potatp Wedges
	Side Dish					
Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt
DESSERT		Yogurt	Fruit/Fruit Salad	Pudding	Fruit/Fruit Salad	yogurt
WEEK 3		Mon 09-11	Tue 09-12	Wed 09-13	Thu 09-14	Fri 09-15
Salad Bar		Salad Bar				
Regular Menu	Meat	Turkey Shawarma	Pizza Day	Omelette	Breaded Fish Filet/ Breaded Chicken cutlets	Minced Beef Grilled Chicken Cutlets
	Side Dish	Steamed Orzo		Napolitana Pasta	Quadretti Pasta	Cream Pasta
Vegeterian Menu	Vegetables	Sauteed Vegetables		Grilled Veggies Baked Potatoes	Tastira Fries	Spinach Cream
	Side Dish					
Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt
DESSERT		Fruit/Fruit Salad	Pudding	Fruit/Fruit Salad	Fruit	Yogurt
WEEK 4		Mon 09-18	Tue 09-19	Wed 09-20	Thu 09-21	Fri 09-22
Salad Bar		Salad Bar				
Regular Menu	Meat	Turkey Mince	Roasted Beef	Morocccain Style Chicken	Tagine	Rosted Chicken + Lamb
	Side Dish	Alfredo Pasta	White Beans Sauce	Spinach Cream		Couscous

Vegeterian Menu	Vegetables	Green Beans Sauce	Vichy Carrots Potato Puree	Vegetables Gratin	Pesto Pasta	Baked Potatoes
	Side Dish					
Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt
DESSERT		Fruit/Fruit Salad	Yogurt	Fruit	Fruit/Fruit Salad	Pudding
WEEK 5		Mon 09-25	Tue 09-26	Wed 09-27	Thu 09-28	Fri 09-29
Salad Bar		Salad Bar				
Regular Menu	Meat	Bolognese Pasta	Ricotta and spinach Crepes	Turkey Skewers	Burger Day + Fries	Breaded chicken Cutlets
	Side Dish	Tastira	Cream Pasta	Quadretti Pasta		Pasta Gratin beans Sauce
Vegeterian Menu	Vegetables Side Dish	Green Beans	Quiche	Grilled Veggies		Vichy Carrots
Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt		Cheese/Yogurt
DESSERT		Yogurt	Fruit/Fruit Salad	Yogurt	Pudding	Fruits