

ECHS 2023 Breakfast Menu

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>Breakfast Pizza Muffin & Cereal Strawberry Banana Smoothie Fresh or Canned Fruit Apple or Orange Juice Choice of Milk</p>	<p>Biscuit and Sausage Dutch Waffle Blueberry Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>French Toast Sticks Fruit Yogurt Parfait w/ Granola Pineapple Mango Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Chorizo & Egg Taco Nutri-Grain Bar/Cereal Strawberry Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Donut Holes Pop-Tart & Cereal Mango Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>
<p>Pancake Sausage Wrap Pineapple Mango Parfait Strawberry Banana Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Biscuit and Chicken Breakfast Concha Blueberry Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Cinnamon Roll Pop-Tart & Cereal Pineapple Mango Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Bacon and Egg Taco Pancakes Strawberry Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Sausage Kolache Cereal & Nutri-Grain Bar Mango Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>
<p>Bean and Cheese Taco, Glazed Donut Strawberry Banana Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Egg and Cheese English Muffin Apple Empanada Strawberry Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Cinnamon Roll Chicken and Waffles Pineapple Mango Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Egg and Cheese Early Riser Strawberry Yogurt Parfait Blueberry Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>	<p>Strawberry Bagels Sausage Egg and Cheese Breakfast Bites Mango Smoothie Fresh or Canned Fruit Apple or Orange Juice Milk</p>

WK1

WK2

WK3

Daily Breakfast menu options:
 Pop-Tarts, Nutri-Grain Bars, Variety of Cereal, Variety Crunchmania Adult Meal Prices: Breakfast: \$3.20 Lunch: \$4.80

This institution is an equal opportunity provider