

ECISD August 2023 Pre-K Menu

WK1

14
Sausage Egg and Cheese,
Breakfast Bites, Apple Slices,
Juice, & Milk

**Cheese Pizza, Green Beans,
Applesauce**

15
Biscuit Sausage, Orange Juice,
Milk

**Chicken Drumstick, Mashed
Potatoes w/ Gravy, Steamed
Broccoli, Peaches**

16
Mini French Toast, Raisins,
Juice & Milk

**Pork Tamales, Seasoned
Pinto Beans, Lettuce and
Tomato Trimmings, Fruit
Cocktail**

17
Sausage Kolache, Apple
Juice & Milk

**Frito Pie w/ Cheese, Corn,
Fresh Apple**

18
Breakfast Pizza, Craisins, Milk

**Spaghetti w/ Meat Sauce,
Spaghetti w/ Alfredo, Peas,
Blueberries**

WK2

21
Breakfast Muffin, Apple
Slices, Milk

**Chicken Quesadilla, Waffle
Fries, Applesauce**

22
Pancake Sausage Wrap, Orange
Juice & Milk

**Chicken Nuggets w/ Roll,
Mashed Potatoes w/ Gravy,
Cucumber Slices, Fresh
Banana**

23
Mini waffles, Raisins, Milk

**Beef & Cheese Nachos,
Cheese Nachos, Corn, Fruit
Cocktail, Milk**

24
Biscuit Chicken, Apple Juice,
Milk

**Breaded Cheese Sticks w/
Marinara, Baby Carrots,
Mandarin Oranges, Milk**

25
Cereal, Craisins, Juice & Milk

**Hotdog on a Bun, Green
Beans, Pineapple Tidbits,
Milk**

WK3

28
Snack'n' Waffles, Apple Slices,
Juice & Milk

**Cheeseburger, Sweet Potato
Cross, Applesauce, Milk**

29
Pancakes, Orange Juice &
Milk

**Steak Fingers w/ Roll,
Steamed Broccoli, Fresh
Pear, Milk**

30
Egg and Cheese Early Riser,
Raisins, Juice & Milk

**Pizza Cheese Sticks w/
Marinara, Celery and
Tomatoes, Fresh Orange,
Milk**

31
Cereal, Apple Juice & Milk

**Corn Dog, Waffle Fries, Fresh
Apple, Milk**

1
Sausage & Egg English Muffin,
Craisins, Juice & Milk

**Pepperoni Pizza, Baked
Beans, Blueberries, Milk**

ADULT MEAL PRICES:
BREAKFAST - \$3.20
LUNCH - \$4.80

Graze and Go Box offered Tuesday and Wednesday
*MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider