

What's on the Menu?

Discovery Kitchen
Mood Boost

Power Up!
Alert



Performance Nutrition
Essential for Energy

Menu is subject to change

Snoqualmie Valley School District Elementary Menu

Aug/Sept 2023

USDA and this institution are equal opportunity providers and employers.

Monday	Aug 29	30-Aug	Thursday 31-Aug	Friday 1-Sep
	Welcome Back!!! 1 Cheeseburger 2: Veggie Burger (V) 2: Pretzel Fun Lunch Baked Beans Chips/Cookie Fresh Baby Carrots Fresh or Canned Fruit	1: French Toast Sticks (V) w/ Sausage Links 2: Ham, Egg & Cheese Biscuit Broccoli Buds Garbanzo Beans Blueberry Topping Fresh or Canned Fruit	1: Grilled Cheese 2: Sun Butter & Jelly Sandwich 3: Chef Salad w/ Roll Tomato Soup Goldfish Crackers Carrots Fresh or Canned Fruit	1: Pepperoni Pizza 2: Cheese Pizza (V) 3: Tuna Hoagie Fresh Celery Sticks Fresh Baby Carrots Fresh or Canned Fruit
 Labor Day No School	1: Orange Chicken w/ Rice 2: Chicken Burger 3: Muffin Fun Lunch Golden Corn Fresh Broccoli Florets Fresh or Canned Fruit	1: Waffles V w/ Sausage Links Egg Patty 2: Ham & Cheese Hoagie Cauliflower Fresh Baby Carrots Fresh or Canned Fruit	Alert 1: Creamy Macaroni & Cheese W/Dinner Roll 2: Chef Salad with Cheese/Roll 3: Sun Butter & Jelly Sandwich Seasoned Corn Spinach & Romain Side Salad Fresh or Canned Fruit	1: Pepperoni Pizza or 2: Cheese Pizza (V) (both on whole grain crust) 3: Fish Nuggets/Fries/Roll Fresh Baby Carrots Citrus Chickpea Salad Fresh or Canned Fruit
Mood Boost 1: Chicken Nuggets 2: Veggie Nuggets (V) w/ Roll 3: Turkey & Cheese Flatbread Oven Smiles Fresh Baby Carrots Fresh or Canned Fruit	1: Beef Taco w/ Fiesta Brown Rice 2: BBQ Pork Sandwich 3: Bagel Fun Lunch Corn and Bean Salad Tossed Salad Fresh or Canned Fruit	1: French Toast Sticks V w/ Sausage Links 2: Ham, Egg & Cheese Biscuit Broccoli Buds Garbanzo Beans Blueberry Topping Fresh or Canned Fruit	Eat a Hoagie Day 1: Spaghetti w/ Meat Sauce 2: Garden Salad w/Roll 3: Sun Butter & Jelly Hoagie Seasoned Corn Fresh Baby Carrots	1: Pepperoni Pizza 2: Cheese Pizza (V) 3: Tuna Sub Cucumber Coins Fresh Baby Carrots Fresh or Canned Fruit
National Cheeseburger Day 1: Teriyaki Dippers 2: Cheeseburger 3: Veggie Nuggets Rice Fresh Baby Carrots Garbanzo Beans Fresh or Canned Fruit	Power Up 1: Chicken Alfredo 2: Mini Corn Dogs 3: Caesar Salad w/ roll Steamed Broccoli Celery Fresh or Canned Fruit	1: Waffles (V) w/ Sausage Links Egg Patty 2: Turkey & Cheese Hoagie Cauliflower Fresh Baby Carrots Fresh or Canned Fruit	Power Up 1: Sweet & Sour Chicken w/ Rice 2: Chef Salad w/ Cheese /Roll 3: Sun Butter Sandwich Fun Lunch Fresh Baby Carrots/Peas Dinner Roll Fresh or Canned Fruit	Power Up 1: Pepperoni Pizza or 2: Cheese Pizza (V) (both on whole grain crust) 3: Hummus Fun Lunch Fresh Baby Carrots Broccoli Buds Fresh or Canned Fruit
1: Mashed Potato Chicken Bowl 2: Ham & Cheese Sandwich 3: Garden Salad w/ Cheese w/ Roll Seasoned Broccoli Celery Sticks	1: Beef Nachos 2: Cheese Nachos (V) 3: Veggie Burger (V) Refried Beans Fresh Baby Carrots Fresh or Canned Fruit	Chocolate Milk Day 1: French Toast Sticks V w/ Sausage Links 2: Pretzel Fun Lunch Cauliflower Fresh Baby Carrots Fresh or Canned Fruit	1: Tortellini w/ Sauce 2: Chicken Burger 3: Sun butter & Jelly Sandwich Golden Corn Cucumber Coins Blueberry Crisp	1: Pepperoni Pizza or 2: Cheese Pizza (V) (both on whole grain crust) 3: Hummus & Feta Wrap Fresh Baby Carrots Broccoli Buds Fresh or Canned Fruit

Breakfast Prices: Paid = \$2.50, *Reduced = \$0.00, *Free = \$0.00, Adults = \$0.00
Lunch Prices: Paid = \$4.25, *Reduced: K-12 = \$0.00, *Free = \$0.00, Adults = \$ Milk = \$0.50

* You may qualify for free or reduced price meals. Applications are available online in Family Access, at all schools and at the district office. For questions regarding the food service