



# LEOTA MIDDLE SCHOOL

## Back to School Newsletter

### PRINCIPAL'S MESSAGE

August 14, 2023

Hello Leota Students and Families,

I hope you are all having a relaxing and enjoyable summer. Before you know it, we will be coming together for an exciting 2023-24 school year. I am very much looking forward to being a second year Principal at Leota Middle School. Last year was an amazing experience. Leota is a phenomenal school with such great staff members, students and community support. Teamwork is what allows us to be successful.

As we closed out the 2022-2023 school year, I shared that we were without a PTSA President and Treasurer for the 2023-24 School year. Those positions remain unfilled. PTSA (Parent Teacher Student Association) is a very important partnership between the school and families and has been very strong through the years because of all of the great families in our community. Without new leadership, the Leota PTSA is paused, which means that no activities can occur in partnership with PTSA. If you are interested in serving as the President or Treasurer, please reach out to me at [sleick@nsd.org](mailto:sleick@nsd.org) and I will reach out to PTSA. Thank you for considering this opportunity to lead the Leota PTSA.

This newsletter contains much of the information you will need to ensure a smooth start to the upcoming school year. I hope that the 2023-24 school year is filled with excitement, joy, new learning, and new growth for all students. Together we will make this the best year ever.

Please mark your calendars for two important dates. August 27<sup>th</sup>, from 9:00am-1:00pm, is Leota's Community Serve Day where we partner with our community to clean up and beautify our campus. All are welcome and encouraged to participate, but must sign up in advance here: <https://communityserveday.org/>. On Monday, September 5<sup>th</sup>, from 1-5pm, we will host our "Leota Launch Day". On this day, students will have their school photo taken and families will have the opportunity to tour the campus, as well as receive information about how to purchase an ASB card and yearbook and register for sports.

If you have any questions or concerns please feel free to call or email any time. Have a wonderful remaining few weeks of summer. I look forward to seeing you and your student soon! Please don't forget, school starts on September 6<sup>th</sup> for 6<sup>th</sup> Graders **only** and then all students on September 7<sup>th</sup>. September 6<sup>th</sup> is a full school day and not an early release Wednesday. This is going to be a great year.

In partnership,

Scott Leick  
Leota Middle School Principal

sleick@nsd.org  
425.408.6505



## **Mark your Calendars**

August 23-24	WEB Leader Training: 9:00am-3:00pm-Leota Gym
August 27	Community Serve Day: 9:00am-1:00pm at Leota Middle School
<b>August 30 and 31</b>	<b>Leota Office will be closed for Required Trainings</b>
September 5	Leota Launch Day (School Photos): 1:00pm-5:00pm
September 6	First day – 6th grade and WEB Leaders only 8:00am-2:35pm
September 7	Back to School - All Students, 8:00am - 2:35pm
September 7	Season 1 Fall Sports practice begins
September 20	Curriculum Night: 6:30-8:15pm
September 21	School Photo Make up Day
September 29	7th Grade Health Screening
October 19	Photo Re-Take Day

Here is the link to the [2023-24 School Year Calendar](#).

## **Community Serve Day: August 27th 9:00am-1:00pm**

Be part of a movement of local churches, school districts, PTSA's, non-profits, and businesses that mobilize as one for our community. For one day we come together to help schools get ready for the new school year. Projects may include helping teachers set up classrooms, as well as improving the campuses through painting, repairs, beautification, and more. Please mark your calendars for August 27th from 9:00am-1:00pm at Leota's Community Serve Day where we partner with our community to clean up and beautify our campus. All are welcome and encouraged to participate but must sign up in advance here: <https://communityserveday.org/> . We hope to see you there!

## **Leota Launch Day (School Photos): September 5th 1:00pm-5:00pm**

We are excited to provide the opportunity to have school photos taken, receive a student ID card on Tuesday, September 5th. Class schedules will likely be available for pickup as well. Additionally, families will receive information about how to virtually complete any final "to-do" items before school officially begins, such as:

- Take your Purchase a yearbook
- Purchase an ASB sticker
- Sign up for sports
- Sign up for PTSA

- Pay any school related fees
- How to give toward our ASB/PTSA Fund Drive
- How to successfully log into the various online platforms (ie-Touchbase, ParentVue, etc.)
- Set up a lunch account
- How to access transportation information
- How to purchase spirit wear (online only)
- Request a free backpack with supplies for families in need
- How to sign up for free/reduced lunches and/or financial assistance for reduced fees

\*Note: The payment office will be open for those wanting to pay fees or make purchases in-person vs. online.

Please try to adhere to the following photo schedule as closely as possible on Tuesday, September 5th. If you can't make it during your time slot, please come at a time that works for your family between 1:00-5:00pm.

- 1:00-2:00pm A-D alpha by last name
- 2:00-3:00pm E-K alpha by last name
- 3:00-4:00pm L-P alpha by last name
- 4:00-5:00pm R-Z alpha by last name

## **Staying Informed**

Leota Middle School Newsletter will be communicated via ParentSquare the first and third Friday of each month. These can also be found on our website by navigating to "Our School/School Newsletter". Occasionally, we may send additional emails and/or text messages for more urgent or important information.

## **Student Schedules & Locker Information**

Student final schedules will be available for viewing by Launch Day via StudentVue and/or ParentVue. Schedules viewed prior to the published date are not final.

Students will transport all school items via backpacks during the school day. Backpacks will be allowed in classrooms. Students will have the option to get a locker from their Pride teacher starting on the first day of school. The lockers will be optional for students and will remain near their Pride Class. If their Pride class is in a portable, 100 building or 400 building, the locker will be located in the 700 building. Once a locker is assigned, it will be that individual student's for the entire 2023-24 school year.

### **Please discuss the following locker security and cleanliness rules with your child:**

- Do not share your locker combination with anyone – not even your best friend.
- Be sure that your locker is completely closed and locked when you leave it.
- Do not keep valuable items in your locker; leave them at home.
- Keep lockers clean; nothing may be written on the inside or outside of lockers.
- Do not put stickers or other hard to remove items on the walls of your locker.
- Do not use items or devices of any kind to tamper with the locking mechanism.

Everything must be removed from your locker at the end of the school year. Lockers are for backpacks, books, student supplies, and coats.

Lockers belong to Northshore School District and may be inspected at any time. Locker cleanouts are done periodically through the school year.

## **FIRST DAYS OF SCHOOL**

### **SEPTEMBER 6, 2023 (6th GRADE) and WEB Leaders only 8:00 AM - 2:35 PM**

With the implementation of WEB (Where Everybody Belongs), the first day of school, September 6, will only require attendance for 6th grade students and WEB Leaders. 7th and 8th graders (other than WEB Leaders) are asked not to attend on September 6, as this is for student-only orientation for 6th graders.

The WEB First Day orientation and transition programs are designed to both welcome and support incoming 6th graders by assigning them an 8th grade WEB Leader as a mentor during their first year. This WEB Leader is a responsible older student who was hand selected from a large pool of applicants and has met the qualifications of being a good role model and positive leader on our campus.

6th graders are asked to wear comfortable attire, as the day's activities will require movement. Do NOT bring any school supplies or backpacks on this day. Please **only** bring what is listed below:

- **What to expect for 6th graders and WEB Leaders on the September 6 WEB Day:**

- 6th graders will receive a copy of their schedule and a map of the school.
- Regular school lunch (full menu) will be available for purchase utilizing our cafeteria service. Menu is available on the NSD Website.
- Breakfast will be available for purchase
- Students must use their lunch accounts to purchase lunch on this day (or bring their own lunch).
- Please be sure to bring your Student ID card if you are purchasing breakfast or lunch.

If you have questions about the first day of school, please contact the main office or the WEB Coordinators, (Linda Nelson ([lnelson2@nsd.org](mailto:lnelson2@nsd.org)), Tianna Flowers ([tflowers@nsd.org](mailto:tflowers@nsd.org)), Kristina Berube ([kberube@nsd.org](mailto:kberube@nsd.org)), or Sue Bowden ([sbowden@nsd.org](mailto:sbowden@nsd.org)))

### **SEPTEMBER 7th (ALL STUDENTS) 8:00 AM – 2:35 PM**

- Student schedules and a map of the school will be available from 7:40-8:00am in the cafeteria. Keep your schedule with you during the first day of school.
- Bring your school supplies on this day.
- Be at your bus stop early on the first day. During the last week of August your route information may be found <https://www.nsd.org/our-district/departments/transportation>. You will not receive any other notification. Call Transportation directly with your questions at (425) 408-7900.

(Please note no changes may be made regarding your stop during the initial two weeks of September while the Transportation Department sorts out its ridership. Bus passes will not be issued until further notice from transportation.)

## **SCHOOL SUPPLIES (All Grades)**

Organization skills are important for success in middle school. Teachers recommend that students create one organization system that works best for your student. Some teachers will recommend additional supplies after school starts. School supplies are suggested, but not required. If purchasing

school supplies creates a financial hardship, please contact the Office Manager or your student's counselor and supplies will be provided to you.

**1. Pencil pouch with following supplies (preferably by first day of school):**

- Pencils (may need to resupply for 2<sup>nd</sup> semester)
- Pens (Black, Blue, and Red)
- Highlighters (3 different colors)
- Post-It notes (3x3 inch)
- 8 colored pencils
- 4 function calculator (not required for Math 6, see below for recommendations)

**2. Some possible organization systems for your student (Choose one):**

Option A	Option B	Option C
2 ½ - 3 inch, 3-ring Binder <ul style="list-style-type: none"><li>• Dividers for each class</li></ul>	Folder system <ul style="list-style-type: none"><li>• 6 pocket folders</li></ul>	Accordion Folder <ul style="list-style-type: none"><li>• At least 6 sections</li></ul>

**3. All students will need some combination of the following, you may want to wait until the first week of school to buy these supplies as teachers may have different requests for their classroom.**

- Planner (*will be provided by Leota when school starts*)
- 2 - 3 spiral notebooks, college ruled and 3-hole punched
- Graph Paper (1/4 inch square)
- 1 - 2 composition books

## **BACKPACKS**

Belongings, school supplies, tech devices, textbooks, etc. are to be kept in backpacks either in lockers or with the student at all times during the day. Please keep all valuables and non-school related items at home.

\*If purchasing a backpack is a financial hardship, please reach out to our Office Manager or your student's [Counselor](#) for assistance. We have backpacks filled with school supplies that are donated every year.

## **GRAPHING CALCULATOR**

Starting with limited use in 8th grade and 7th Challenge Math, but extensive use in Algebra 1 and Geometry, students will be using the **TI-83 Plus or TI-84 graphing calculator**. If parents are planning to invest in a graphing calculator, we recommend the TI-83 Plus graphing calculator, as our curriculum includes technology tips for this specific model. In addition, this calculator is used in high school math

classes and can be used in future college math classes. It is programmable, upgradeable, and not likely to become obsolete, which makes it useful for many years. The TI-84 is more expensive, but does the same thing as the TI-83 Plus. While it is not required for students to have a graphing calculator (except for students in Algebra 1 and Algebra II/Trigonometry who will need to have one), it is advisable for students to have access to one. There are classroom sets of graphing calculators available for students to use during class time and after school. Having a calculator at home will allow the student to finish class work outside of class.

## **LEOTA ONLINE SPIRIT WEAR STORE**

Leota now has a fantastic online spirit wear store! You can access the online store at the link below or from the link on the main page of our Leota website. All purchases are shipped directly to homes. [Click here](#) to check it out!

## **PE Uniform**

All students are required to take one semester of Health/Fitness during 6th, 7th, and 8th grades. Health/Fitness students are required to have a uniform to change into; no exceptions. *(If purchasing a uniform is a hardship, please contact Mrs. Spencer in the main office.)*

Students will need to have a plain grey t-shirt and either grey or black shorts/sweats/yoga pants and may be purchased from ANY store. Students are strongly encouraged to have sweats and hoodies that follow the uniform policy for inclement weather if we go outside (*Leota Spirit Wear is always accepted as part of a complete uniform*). Health/Fitness uniforms (adult and youth sizes) were available for purchase through Cloud 9 Sports from June through Thursday, August 10, 2023. If you ordered from Cloud 9, Orders will be shipped directly to Leota and distributed in 1<sup>st</sup> and 2<sup>nd</sup> semester Health and Fitness classes.

Cloud 9 will open up a second opportunity to order for students enrolled in 2<sup>nd</sup> semester classes in December.

## **STUDENT DRESS CODE**

Leota adheres to the district dress code stated below as outlined in the NSD Rights and Responsibilities Handbook. <https://www.nsd.org/our-district/departments/student-services/rights-and-responsibilities-handbook-rr>

The student's attire is the primary responsibility of the parents or legal guardians. The Northshore School

District is responsible for assuring that student attire does not interfere with educational process which includes the health, safety, and emotional well-being of all students. Student attire must also not contribute to any hostile or intimidating atmosphere for students.

Students May Wear:

- Headgear is approved to be worn on campus during the school day, unless it is a safety issue. Headgear includes, but is not limited to, hats, visors, bonnets, hoodies, etc. In all circumstances, teachers should attempt to accommodate students who choose to wear headgear.
- Fitted\* pants, including leggings, yoga pants and "skinny jeans."
- Pajamas

- Ripped or distressed jeans/shorts that do not expose underwear
- Tank tops, halter tops, and crop tops (including those with spaghetti straps)
- Sunglasses (can be worn outside). Special approval is needed to wear sunglasses in the classroom setting for medical purposes.

\*The term "fitted" can best be described as form fitting garments that contour the body while providing coverage at the same time.

Students May Not Wear Clothing With:

- Violent language or images
- Images or language that encourages the use of alcohol, tobacco, vaping, or the use of any other drugs
- Images or language that depicts illegal activity or that creates a hostile environment
- Hate speech, gang/hate group affiliation, profanity, or pornography
- Bathing suit tops, tube tops, or sports bras (unless worn underneath another approved article of clothing)\*
- Visible underwear or boxers.
- Masks and headgear that conceal the face(except for religious purposes)
- Dangerous or sharp objects that could be used as a weapon, spikes, etc.

## **LIBRARY NEWS**

Krista Repp, Teacher/Librarian

Barb Roetcisoender, Library Technician

Welcome to the Leota Library! The library is a multi-purpose space for students to gather, read, work, find information, and learn. Leota Library Orientation for all students will happen in September, usually through English classes, but the library will be open the first day of school for student use and check outs. Come by and say hello!

Looking for ebooks and audiobooks? Online library resources are available for students through Clever under the Library and Research sections, and students can access most of these with their school ID number and regular password. Resources on Clever include:

- Leota Library Catalog (Follet Back Office tile)
- Sora (ebooks/magazines and audiobooks) --also links to KCLS student account to search both the NSD and KCLS catalog

## **LEOTA CURRICULUM NIGHT: September 20th, 6:30pm**

Parents and guardians are invited to participate in Leota Middle School's Curriculum Night on Wednesday, September 20th at 6:30 pm. The evening will begin with an opening ceremony followed by rotating through your child's daily schedule. You will have an opportunity to hear from their teachers and learn about your student's classes. Teachers will speak briefly about curriculum and answer questions. This will be a great way to experience your child's daily routine. The school's AIDS curriculum will also be available for review.

## **ASB CARDS**

To help support our Associated Student Body programs, we strongly encourage students to purchase an ASB card. Students participating in Leota sports, music, after-school activities and clubs, or who have been elected as ASB officers must purchase an ASB card. ASB revenue is used to fund athletics, assemblies, uniforms, Lion's Day, intramurals, and other special activities and equipment. As a benefit, students receive discounts on events throughout the year. The cost of an ASB card is \$30; information about how to purchase cards will be provided at the Leota

Launch Day on September 5, 2023.

## **ATTENDANCE REMINDERS**

State law and common sense tell us that it is important for schools to monitor the attendance of students very carefully. It is a challenge to follow the absences, late arrivals, and early dismissals of over 850 students. Students and parents can make the job easier by being aware of the rules and making sure they follow them. The Attendance Office has developed the following policies to safeguard your child:

- All students must check in at the Attendance Office when arriving late or departing early from campus.
- Students returning from an absence must have the absence excused by a parent or guardian. **This can be done by telephone (425-408-6510), email ([imsattendance@nsd.org](mailto:imsattendance@nsd.org)) or with a written note with parent signature.** The Attendance Office must receive a note, email or phone call before the student reports for class.
- Students arriving late for school must bring a note to the Attendance Office before going to class. Alternatively, parents can also walk them into the Attendance Office or call in ahead of time (425-408-6510).
- Students who need to be dismissed early are asked to bring a note from home and give it to the Attendance Office before school starts that day. Students will be sent a pass so that they can be dismissed from class and report to the Attendance Office at the early dismissal time. Parents/authorized adults must come to the Attendance Office to sign out their student.

By adhering to these attendance policies, you help to ensure the safety of your child and make the job of the Attendance Office much easier. Call us at 408-6510 if you have any questions. Leota adheres to the attendance policy in the Northshore School District's Rights and Responsibilities Handbook, which is available on the NSD website. In addition, all families are required to sign a state-generated attendance letter located in their ParentVue portal at the start of every school year.

## **LEOTA GRADING SCALE**

**All classes at Leota use the following grading scale: (Grading Floor for 2023-24 is 40%)**

A 93% and above	B+ 87%-89%	C+ 77%-79%	D+ 67%-69%	F 59% and below
A- 90%-92%	B 83%-86%	C 73%-76%	D 60%-66%	
	B- 80%-82%	C- 70%-7		

## **CAFETERIA AND STUDENT LUNCH**

Northshore's online system for managing students' Food and Nutrition Services account information, balances, recurring payments, notifications, and more are now available to families using LINQ Connect. Families' login information has transitioned from Titan to LINQ, so families will be able to login using the same credentials as they did with Titan. This transition happened in late May. Titan Family Solutions merged with LINQ Connect in 2020, so this transition to LINQ is in name only, without additional impact to families. Visit [LINQConnect.com](http://LINQConnect.com) to log in. Visit your app store to download today. For additional information and tools, please visit the [parent resource center](#).



## **LEOTA TECHNOLOGY**

*The Northshore School District maintains a Responsible Use Procedure (RUP) to guide the use of technology throughout the district, summarized below. **NSD's Responsible Use Procedure is in place to foster the idea of digital citizenship. A digital citizen is one who:***

- Understands human, cultural and social issues related to technology and practices legal and ethical behavior
- Advocates and practices safe, legal and responsible use of information and technology
- Exhibits a positive attitude toward using technology that supports collaboration, learning and productivity
- Demonstrates personal responsibility for lifelong learning
- Exhibits leadership for digital citizenship
- Reports inappropriate use of technology
- Uses appropriate passwords and practices responsible password management
- Refrains from posting personal information (or other people's personal information)
- Uses technology at school for educational purposes only
- All users of district technology will observe 'Fair Use' and 'Educational Use' copyright laws

**Students who fail to comply with the responsibilities outlined in the RUP may be subject to disciplinary action defined at the building level as well as suffer a loss of technology-related privileges.**

## **ELECTRONIC DEVICES**

### **Expectations**

- Electronic devices (cell phones, smart watches, iPods, mp3 players, cameras, headphones, game systems, etc.) must not be seen or heard anywhere on campus during school hours except at teacher/staff discretion for educational purposes only.
- Electronic devices cannot be used for pictures or audio/video recording on campus at any time without teacher approval.
- Texting and/or messaging is NOT permitted at any time during the school day.
- Leota is not liable for theft or damage of electronic devices.

Please do not call, text and/or message your student directly during school hours as discipline could result. If a student needs to contact a parent/guardian during school, they are welcome to use the student phone in the Main Office.

### **Consequences:**

1st Offense: Electronic device may be returned to the student in the office after school

2nd Offense: Electronic device may be returned to the student in the office after school and an infraction will be issued

3rd Offense: Electronic device may be returned to the parent in the office and a detention will be issued

Chronic offenses could result in additional progressive discipline per school discipline policy

All electronic devices sent to the office will be stored in a locked drawer until retrieved.

## **INTERNET ACCESS**

Internet access is available to all students at Leota Middle School. Leota Middle School's staff encourages parents to review the "Internet Code of Conduct" with their children. A copy of this document is also included in the Statement of Rights & Responsibilities Concerning Pupil Conduct, which every student receives at the beginning of each school year. Students will be expected to follow the District's "Acceptable

Use Procedures” and the “Code of Conduct” while using the Internet and other Northshore School District technology. The complete Northshore School District Network Policy/Procedure document may be reviewed in the Main Office. Parents not wanting their students to access the Internet must return the completed District Technology Opt-Out Form as described below. Please discuss your decision with your child. It is your child’s responsibility to not use the Internet if that is your decision for him/her. You may change your student’s access at any time by requesting the appropriate form from the Main Office at 425-408-6500. Please be advised that most teachers use a variety of technology for assignments and by restricting use at school it will be the student’s responsibility to complete these assignments.

If you have any questions please call Krista Repp, Librarian, 425-408-6512.

## **Device Preparation for the beginning of the school**

### **Returning NSD students**

Before the first week of school, returning students should locate their Chromebook, Charger, and Carry case.

Remember to **CHARGE** and RESTART your Chromebook. Student Chromebooks **should be** brought to school in the carrying case provided by the district.

If a student misplaced their Chromebook, charger, or carrying case over the summer, they can let their teacher know or check in with the School Technology Specialist.

### **Students new to Northshore School District**

Students who are new to the Northshore School District or students who turned in their devices over the summer will receive a Chromebook once the school re-opens

## **PERMISSION TO WITHHOLD STUDENT DIRECTORY INFORMATION**

Federal law prohibits school districts from releasing information found in student files without parent/guardian permission, except for what is termed Directory Information. The district does not release Directory Information for commercial purposes but does release this information every mid-October when there is a legitimate educational purpose for doing so. The items listed under Directory Information may be released in accordance with the Family Educational Rights and Privacy Act of 1974 (FERPA).

Under the provisions of FERPA, you have the right to withhold the disclosure of Directory Information, if desired. You can find the information and download the form on the NSD website here: <https://www.nsd.org/resources/reference/frequently-requested-forms/permission-to-withhold-student-directory-information>.

## **LEOTA HEALTH INFORMATION FROM THE SCHOOL NURSE**

As part of the planning for the school year, please note the following information regarding medications at school and life-threatening conditions. Feel free to contact the school nurse for any student health concerns or questions regarding planning for your child’s health needs in 2023-2024. (425-408-6506 or [vduncombe@nsd.org](mailto:vduncombe@nsd.org))

***For your student's safety it is very important to keep your home, cell, work, and emergency contact telephone numbers current.*** If you change jobs or cell phone numbers, please give us your new number immediately. This will assist us in getting in touch with you in the event of an emergency. If a student feels ill during the school day they are expected to consult with the nurse. The nurse then will determine if parent contact is necessary. All students should not contact their parent/guardian via text/call without consulting the nurse.

Please keep the nurse informed of any health concerns or changes in your child's health, including new or resolved medical or mental health diagnosis, medication changes and immunization updates.

#### **When Should I Keep my Child Home from School?\***

- A temperature, taken orally, that is 100 degrees Fahrenheit or higher, is considered a fever. Children should be fever-free, without fever reducing medication, for at least 24 hours before sending them to school.
- Anytime a child vomits or has diarrhea, he/she needs to be isolated from other children for 24 hours. If your child vomits or has diarrhea in the night, keep him/her home from school the following day.
- Any rash of unknown cause should be considered contagious. Please have your child examined by a healthcare provider to determine the cause and communicability of the rash before sending him/her to school. The child may not return to school unless there is a letter from the medical professional stating that the rash is not communicable in nature, or unless the rash is no longer present.
- 24 hours after administration of the first dose of an antibiotic or as directed by the health care provider.

***\*Note these guidelines are general reminders of when to keep a student home. In times of pandemic disease response in the community at large (such as COVID 19), additional recommendations may be requested by the district and/or local/state health authorities for keeping an ill student home or for a student's return to school after being absent for a specific illness.***

#### **Life Threatening Conditions/Emergency Care Plans**

Students who have Life Threatening Conditions (asthma, allergies, seizures, diabetes) will need to make plans over the summer to have Emergency Medications with physician's orders at school and ready *before the first day of school*. Please contact the school nurse if you need assistance with forms or have questions.

#### **Medications**

If your child needs to take medication during school hours next year, please have your healthcare provider complete a Medication Authorization /form before school starts in the fall. Bring the completed medication authorization and medication in a properly labeled, original container before the first day of school. This includes students who self-administer inhalers for asthma. (See Leota Health Room website for forms or further information on medications at school).

#### **Medications at School**

Please do not put any kind of medicine, including aspirin, vitamins, and cough drops in your child's lunch box, backpack or pockets. *Unidentified medicine can never be given at school*. Students who require use of a narcotic for pain control should be kept home.

#### **School Staff Administered Medication**

The following conditions must be met:

- All medications, whether over-the-counter (except sunscreen) or prescription, need a current Northshore Medication Authorization Form signed by the student's healthcare provider/dentist and parent/guardian.
- Medication must be delivered to school in a properly labeled prescription or original over-the-counter container. The student's name must be on the label with proper identification of the drug, dosage, and directions for administration.
- A quantity sufficient for one month only can be sent to school.
- The medication order is effective for the current school year only.
- If changes in the medication order occur, the parent is responsible for notifying the school and providing verification from the healthcare provider/dentist.

### **Student Self-Administered Medication**

The following conditions must be met: In appropriate cases and with the knowledge of the school nurse, the parent/guardian can delegate the responsibility for self-administration of medication to the student. In doing so, the parent releases the school district from any obligation to monitor the student and assumes full responsibility for the student's use of the medication:

- Self-Administration does not apply to controlled substances, e.g. Codeine, Vicodin
- The student may only carry a one-day supply (1 - 2 doses) of the medication.
- The medication must be in the original container.
- The student must have written permission to self-medicate signed by the parent/guardian and the nurse must be notified that the student has the medication.

Medication to be self-administered for more than fifteen (15) consecutive days whether over-the-counter or prescription requires a current Northshore Medication Authorization Form signed by the student's healthcare provider/dentist and parent/guardian stating that the student may self-medicate. The student must also demonstrate his/her ability to the School Nurse to correctly evaluate his/her symptoms and use the medication appropriately.

The nurse will be working in the health room starting August 29 and will be available to drop off medications and physician orders, review emergency care plans for students with life threatening conditions or address any other parent concerns. Parents are welcome to call ahead to check scheduling drop offs, 425-408-6506. Medication/physician orders and immunization records can also be faxed ahead to 425-408-6502, attention to the school nurse.

### **Immunizations for 2023-2024**

Please make sure student immunizations are up to date and on file in the Leota Health Room. For the protection of your child, the Washington State immunization law states that every child attending public or private school must show proof of compliance with the law before the student's first day of attendance.. Northshore School District requires healthcare provider verification of student immunizations. **Any student not meeting this requirement will be excluded from school attendance** Bothell Health Point (425-486-0658) accepts medical coupons and has a sliding fee scale.

**For complete vaccine requirement information go to:**

**<https://doh.wa.gov/sites/default/files/2023-01/348-295-ParentSchoolChart2023-2024.pdf?uid=649a38f50f90c>**

**Parent/Guardian Instructions: To see which vaccines are required for school, find your child's grade and look only at that row going across to find the vaccines and number of does required.**

Students must get vaccine doses at correct timeframes to be in compliance with the requirements. Talk to your healthcare provider or school staff if you have questions about school immunization requirements.

## **ONLINE SPORTS REGISTRATION**

According to WIAA, NSD and Leota Middle School policy, every athlete must meet the following requirements for athletic eligibility in order to participate in extra-curricular sports:

To participate, all forms must be completed online at:

<https://northshore-wa.finalforms.com/>

Please register your student online for sports they are interested in and be sure to upload a current sports physical on FinalForms or send one to Melanie Spencer, ASB Secretary, in the main office. If a physical is needed, NSD forms are available on the site. Please only submit official sports physical forms.

All students must have completed registration and a current physical (within 2 years) to participate in practices. A complete registration does not require fees be paid. During the online registration process the parent will complete various forms and then the student will need to log on to their district email to complete a few forms themselves to finalize the registration process.

For assistance with registration contact Melanie Spencer 425-408-6503 or [mspencer@nsd.org](mailto:mspencer@nsd.org).

### **Fees:**

Participation fee is \$130 (\$260 max /year), payable beginning the second week of tryout/cuts and before first game/ match, payable by check/cash in the main office or online at <https://schoolsales.nsd.org>. ASB Card is \$30 per year, due before first game/match.

### **Academic Eligibility:**

- Passing 5 classes in a 6 period class schedule in the previous semester (WIAA 18.7.0)
- Cumulative 2.0 GPA in the previous semester (Northshore School District) Continued requirement of currently passing 5 of 6 classes within the season (WIAA 19.7.3)

### **Transportation:**

Transportation is provided one-way only to athletic matches. Students must coordinate their own transportation from “away” events to their home. Activity buses are available for

### **LEOTA MIDDLE SCHOOL SPORTS SEASONS AND DUE DATES**

*Schedules are subject to change*

#### **SEASON 1: SEPT 7— OCT 30**

**Online Registration due Sept 1**

- Cross Country, 6th, 7th & 8th  
Co-ed, no cuts
- Girls Soccer, 6th, no cuts  
Girls Soccer, 7th & 8th  
Tryouts
- Boys Tennis, 7th & 8th Tryouts
- Girls Volleyball, 7th & 8th Tryouts

#### **SEASON 2: NOV 6— JAN 16**

**Online Registration TBD**

- Boys Basketball, 7th & 8th  
Tryouts, 6th, no cuts

#### **SEASON 3: JAN 22— MAR 18**

**Online Registration TBD**

- Wrestling, 6th, 7th & 8th,  
Co-ed, no cuts
- Girls Basketball, 7th & 8th  
Tryouts, 6th, no cuts

#### **SEASON 4: Mar 25— MAY 23**

**Online Registration TBD**

- Track, 6th, 7th & 8th,  
Co-ed, no cuts
- Boys Soccer, 6th, no cuts
- Boys Soccer, 7th & 8th Tryouts
- Girls Tennis, 7th & 8th Tryouts
- Girls Volleyball, 6th, no cuts

students to ride home from Leota at 4:20 pm every day except Wednesday. There are no after-school practices or games on Early Release Wednesdays. Please check the activity bus schedule/map after the school year begins to find your student's stop.

### **Student Fan Expectations:**

All students fans must depart campus when school is out and may return when the competition begins. Loitering on campus before or after the event is not permitted. They should report directly to the supervised event and be picked up at school when the competition ends. Student fans may not use the activity buses and must arrange for their own transportation home. No food or drink is allowed in the gym. Students must comply with any directions given by the gym manager or any other adult staff member. Fans must display our three pillars and good sportsmanship when cheering for Leota and the opposing team as well.

### **INSURANCE AVAILABLE**

Northshore School District does not maintain accident/medical insurance coverage for students. What this means is, if a child gets hurt during school activities, the parent is responsible for any medical bills. Therefore, this insurance opportunity may be an affordable, useful alternative for parents who may not otherwise have accident and/or medical coverage, or who want to enhance the coverage they already have. Forms are available in the counseling office at Leota.

## **NATIONAL JUNIOR HONOR SOCIETY**

**The purpose of the National Junior Honor Society is...**

- To create enthusiasm for Scholarship
- To stimulate a desire to render Service
- To promote Leadership
- To develop Character
- To encourage Citizenship

You can begin acquiring your volunteer hours for next year immediately. An Approved Volunteer Site List is visible on the right-hand side of the NJHS section of the Leota website (you can find this page under "activities" on the homepage). <https://leota.nsd.org/activities/national-junior-honor-society>

You no longer need pre-approval to volunteer, UNLESS the organization is not listed on this page. If you do need pre-approval, please visit Mrs. Fast AFTER SCHOOL in Room 624. Please bring a copy of the Activity Information Form (formerly called the Pre-Approval Form) for Mrs. Fast to initial. The form is available for download under "Documents & Forms" on the right-hand side of the website page.

In general, your service needs to be performed at a non-profit organization, and needs to be for underserved and/or disadvantaged populations (to include hospitals, day care facilities, schools, after school boys/girls clubs, homeless populations, eldercare, disabled individuals, animal rescue/care, environmental work, libraries, places of worship, veterans services, and more). Examples of activities that will *NOT* be considered a service include, but are not limited to, housing a foreign exchange student,

participating in performances (such as ballet/dance, music recitals, etc.), helping your neighbors clean their yard, taking tests, playing sports, and other similar activities.

When you serve your community service hours, please remember you are representing Leota Middle School --- dress appropriately and be on your best behavior.



Welcome back to Leota, Lion Families and the 2023-2024 school year!

I'd like to call attention to our PTSA. Normally, when we put together the newsletter to kick off the school year, I have a welcome message and an exciting calendar with all of the events. Unfortunately this year, there is no schedule of events until we can elect a President and a Treasurer. We do have an elected Secretary and many fantastic volunteers who want to help, however the PTSA dissolves without a formal Executive Board. Prior board members hit max term limits and therefore unable to continue.

Thank you to the many parents who have volunteered, to bring several student programs, student store, and support to our school. Elections will be held in September to fill those positions. Without them, the PTSA cannot run. Please reach out to Tracey Ward @ 775-772-9079 or [president@leotapta.com](mailto:president@leotapta.com) with any questions or for additional information.

Please help support our school and this fantastic organization!

Thank you

Tracey