

Philomath School District Elementary Menu 2023-2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Cheese Rippers V Celery Orange Slices Turkey & Cheese Sandwich w/ Lettuce	Cheese & Crackers V Assorted Breakfast Cereal V Banana Salad Bar Fruit Assortment Bean & Cheese Burrito Carrots Apple Ham & Cheese Sandwich P	Freshly Baked Cinnamon Roll V Assorted Breakfast Cereal V Orange Slices Salad Bar Fruit Assortment Spaghetti & Meat Sauce & Breadstick Cucumber Pears Turkey & Cheese Sandwich w/ Lettuce	Yogurt w/ Granola V DF Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Vegetarian Chili w/ Corn Muffin GF V Cauliflower Applesauce Ham & Cheese Sandwich P	Apple Frudel & Hard Boiled Egg Assorted Breakfast Cereal V Banana Salad Bar Fruit Assortment Moo Lunch V Broccoli Apple Turkey & Cheese Sandwich w/ Lettuce
Week 2	Benefit Bar V Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Chicken Patty Sandwich w/ Lettuce DF Celery Orange Slices Turkey & Cheese Sandwich w/	Bagel w/ Cream V Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Turkey Hot Dog DF Carrots Apple Ham & Cheese Sandwich P	Breakfast Round V Assorted Breakfast Cereal V Orange Slices Salad Bar Fruit Assortment Cheese Pizza Cucumber Pears Turkey & Cheese Sandwich w/ Lettuce	French Toast V Assorted Breakfast Cereal V 100% Juice Salad Bar Fruit Assortment Hamburger DF Cauliflower Applesauce Ham & Cheese Sandwich P	Assorted Muffins V Assorted Breakfast Cereal V Banana Salad Bar Fruit Assortment Mini Corn Dogs DF Broccoli Apple Turkey & Cheese Sandwich w/ Lettuce
Week 3	Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Chicken Nuggets w/Breadstick Celery Orange Slices Turkey & Cheese Sandwich w/ Lettuce	Cheese & Crackers V Assorted Breakfast Cereal V Banana Salad Bar Fruit Assortment Teriyaki Chicken & Rice DF Carrots Apple Ham & Cheese Sandwich P	Freshly Baked Cinnamon Roll V Assorted Breakfast Cereal V Orange Slices Salad Bar Fruit Assortment Chicken Bruschetta Pasta Cucumber & Tomato Pears Turkey & Cheese Sandwich w/ Lettuce	Yogurt w/ Granola V DF Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Chicken Strips & Breadsticks DF Cauliflower Applesauce Ham & Cheese Sandwich P	Apple Frudel & Hard Boiled Egg Assorted Breakfast Cereal V Banana Salad Bar Fruit Assortment Munch Lunch w/ Corn Dog DF Broccoli Apple Turkey & Cheese Sandwich w/ Lettuce
Week 4	Benefit Bar V Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Hamburger DF Celery Orange Slices Turkey & Cheese Sandwich w/ Lettuce	Bagel w/ Cream V Assorted Breakfast Cereal V Apple Slices Salad Bar Fruit Assortment Fish & Chips DF Carrots Apple Ham & Cheese Sandwich P	Breakfast Round V Assorted Breakfast Cereal V Orange Slices Salad Bar Fruit Assortment Mac & Cheese Cucumber & Tomato Pears Turkey & Cheese Sandwich w/ Lettuce	French Toast V Assorted Breakfast Cereal V 100% Juice Salad Bar Fruit Assortment Turkey Hot Dog DF Cauliflower Applesauce Ham & Cheese Sandwich P	Assorted Muffins V Assorted Breakfast Cereal V Banana Salad Bar Fruit Assortment Trail Pack Lunch w/Local Hummus & Tortilla Chips DF GF V+ Broccoli Apple Turkey & Cheese Sandwich w/ Lettuce

Meal Prices

Breakfast: **\$2.00**

Lunch: **\$3.00**

Milk: **\$0.60**

Offered Daily!

Lunch: Students have the choice of 1 hot entrée, cold sandwiches or PB&J

Served with assorted fresh fruits & veggies daily

Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Philomath School District website [Food & Nutrition Services](#) page or on the Oregon Dept. of Education website. Paper applications are also accepted.

To add funds to your student's meal account visit the [LINQ Connect Portal](#) or cash and check are accepted at our schools

Parents are responsible for maintaining sufficient funds in student meal accounts

For information regarding school meals, meal applications and lunch accounts contact: nutrition.services@philomath.k12.or.us

Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:

GF: Does not contain gluten ingredients

DF: Does not contain dairy ingredients

P: Contains Pork

V: Vegetarian

V+: Vegan

Fruit & Vegetable always **GF DF V+**

This Institution is an equal opportunity provider.

September 2023							October 2023							November 2023							December 2023							January 2024							February 2024							March 2024							April 2024							May 2024							June 2024																																																																																																																																																																																																																																																																																																																					
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S																																																																																																																																																																																																																																																																																																								
			1	2			1	2	3	4	5	6	7				1	2	3	4				1	2						1	2	3	4	5	6				1	2	3						1	2						1	2	3	4	5	6				1	2	3	4	5	6				1	2	3	4	2		3	4	5	6	7	8			9	8	9	10	11	12	13	14	15	6	7	8	9	10	11	3		4	5	6	7	8	9	7		8	9	10	11	12	13	4		5	6	7	8	9	10	3		4	5	6	7	8	9	7		8	9	10	11	12	13	5		6	7	8	9	10	11	9		10	11	12	13	14	15	16	17	18	19	20	21	22	13	14	15	16	17	18	10		11	12	13	14	15	16	14		11	12	13	14	15	16	14		15	16	17	18	19	20	12		13	14	15	16	17	18	16		17	18	19	20	21	22	18		17	18	19	20	21	22	21		22	23	24	25	26	27	18		19	20	21	22	23	24	21		22	23	24	25	26	27	18		19	20	21	22	23	24	21		18	19	20	21	22	23	24		17	18	19	20	21	22	23		22	23	24	25	26	27	19		22	23	24	25	26	27	19		20	21	22	23	24	25	23		23	24	25	26	27	28	29		24	25	26	27	28	29	30		28	29	30	31					25	26	27	28	29				24	25	26	27	28	29	30		28	29	30						26	27	28	29	30	31			26	27	28	29	30	31			26	27	28	29	30	31			30							