

# Philomath School District Middle School Menu 2023-2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	French Toast <b>V</b> Breakfast Pizza  Cheesy Garlic Bread w/ Marinara <b>V</b> Chicken Patty Sandwiches & Fries <b>DF</b> Celery Oranges	Assorted Waffles <b>V</b> Assorted Breakfast Sandwiches  Spaghetti & Meat Sauce & Garlic Bread Hamburgers & Fries <b>DF</b> Cheeseburgers & Fries Carrots Apple	Pancake Sausage Dogs Buttermilk Bars <b>V</b>  Orange Chicken & Rice <b>DF</b> Bean & Cheese Burrito Cucumber Pears	Freshly Baked Cinnamon Roll <b>V</b> Assorted Breakfast Sandwiches  BBQ Pork Sandwich & Fries <b>P DF</b> Turkey Hot Dog & Fries <b>DF</b> Cauliflower Applesauce	Yogurt Parfait Donuts <b>V</b>  Chili Cheese Fries w/ Cornbread Cheese Pizza Broccoli Apple
<b>Week 2</b>	French Toast <b>V</b> Breakfast Pizza  BBQ Chicken Sandwich & Fries <b>DF</b> Assorted Sandwiches Celery Orange Slices	Assorted Waffles <b>V</b> Assorted Breakfast Sandwiches  Chicken Mac & Cheese Hamburgers & Fries <b>DF</b> Cheeseburgers & Fries Carrots Apple	Pancake Sausage Dogs Buttermilk Bars <b>V</b>  Fajita Chicken & Rice <b>DF</b> Cheesy Stuffed Breadstick w/ Marinara Cucumber Pears	Freshly Baked Cinnamon Roll <b>V</b> Assorted Breakfast Sandwiches  Beef w/ Mashed Potato & Gravy & Breadstick Corndog & Tater Tots <b>DF</b> Cauliflower Applesauce	Yogurt Parfait Donuts <b>V</b>  Cheese Pizza Chicken Nuggets & Breadsticks <b>DF</b> Broccoli Apple
<b>Week 3</b>	French Toast <b>V</b> Breakfast Pizza  Bean & Cheese Burrito Chicken Patty Sandwiches & Fries <b>DF</b> Celery Orange Slices	Assorted Waffles <b>V</b> Assorted Breakfast Sandwiches  Chicken Parmesan Over Pasta Hamburgers & Fries <b>DF</b> Cheeseburgers & Fries Carrots Apple	Pancake Sausage Dogs Buttermilk Bars <b>V</b>  Sweet & Sour Chicken & Rice <b>DF</b> Chicken Bruschetta Pasta Cucumber & Tomato Pears	Freshly Baked Cinnamon Roll <b>V</b> Assorted Breakfast Sandwiches  BBQ Pork Sandwich & Fries <b>P DF</b> Italian Sandwich Cauliflower Applesauce	Yogurt Parfait Donuts <b>V</b>  Cheese Pizza Assorted Sandwiches Broccoli Apple
<b>Week 4</b>	French Toast <b>V</b> Breakfast Pizza  Country Fried Chicken w/ Biscuit Assorted Sandwiches Celery Orange Slices	Assorted Waffles <b>V</b> Assorted Breakfast Sandwiches  Chicken Alfredo w/ Garlic Bread Hamburgers & Fries <b>DF</b> Cheeseburgers & Fries Carrots Apple	Pancake Sausage Dogs Buttermilk Bars <b>V</b>  Teriyaki Chicken & Rice <b>DF</b> Chicken Strips & Breadsticks <b>DF</b> Cucumber & Tomato Pears	Freshly Baked Cinnamon Roll <b>V</b> Assorted Breakfast Sandwiches  BBQ Chicken Sandwich & Fries <b>DF</b> Mini Corndog & Fries <b>DF</b> Cauliflower Applesauce	Yogurt Parfait Donuts <b>V</b>  Baked Potato & Potato Bar Cheese Pizza Broccoli Apple

**Meal Prices**

Breakfast: **\$2.25**

Lunch: **\$3.25**

Milk: **\$0.60**

**Offered Daily!**

**Breakfast:** Assorted Cereal, Bars, Muffins, Assorted Fruits

**Lunch:** Assorted Sandwiches, PB&J, Salad Bar, Fruits, and Veggies

**\*Nacho/Taco/Burrito Bar GF DF V V+\***

**Dietary Key:**  
**GF:** Does not contain gluten ingredients  
**DF:** Does not contain dairy ingredients  
**P:** Contains Pork  
**V:** Vegetarian  
**V+:** Vegan

Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Philomath School District website [Food & Nutrition Services](#) page or on the Oregon Dept. of Education website. Paper applications are also accepted.

To add funds to your student's meal account visit the [LINQ Connect Portal](#) or cash and check are accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals, meal applications and lunch accounts contact: [nutrition.services@philomath.k12.or.us](mailto:nutrition.services@philomath.k12.or.us)

Menus are subject to change, please refer to school day calendar for days in session

This Institution is an equal opportunity provider.

