

# Philomath School District Clemens Menu 2023-2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Cheese Rippers V</b> Celery Orange Slices	<b>Cheese &amp; Crackers V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Bean &amp; Cheese Burrito</b> Carrots Apple	<b>Freshly Baked Cinnamon Roll V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Spaghetti &amp; Meat Sauce &amp; Breadstick</b> Cucumber Pears	<b>Yogurt w/ Granola V DF</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Vegetarian Chili w/ Corn Muffin GF V</b> Cauliflower Applesauce	<b>Apple Frudel &amp; Hard Boiled Egg</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Moo Lunch V</b> Broccoli Apple
<b>Week 2</b>	<b>Benefit Bar V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Chicken Patty Sandwich w/ Lettuce DF</b> Celery Orange Slices	<b>Bagel w/ Cream V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Turkey Hot Dog DF</b> Carrots Apple	<b>Breakfast Round V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Cheese Pizza</b> Cucumber Pears	<b>French Toast V</b> <b>Assorted Breakfast Cereal V</b> 100% Juice Salad Bar Fruit Assortment  <b>Hamburger DF</b> Cauliflower Applesauce	<b>Assorted Muffins V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Mini Corn Dogs DF</b> Broccoli Apple
<b>Week 3</b>	<b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Chicken Nuggets w/Breadstick</b> Celery Orange Slices	<b>Cheese &amp; Crackers V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Teriyaki Chicken &amp; Rice DF</b> Carrots Apple	<b>Freshly Baked Cinnamon Roll V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Chicken Bruschetta Pasta</b> Cucumber & Tomato Pears	<b>Yogurt w/ Granola V DF</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Chicken Strips &amp; Breadsticks DF</b> Cauliflower Applesauce	<b>Apple Frudel &amp; Hard Boiled Egg</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Munch Lunch w/ Corn Dog DF</b> Broccoli Apple
<b>Week 4</b>	<b>Benefit Bar V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Hamburger DF</b> Celery Orange Slices	<b>Bagel w/ Cream V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Fish &amp; Chips DF</b> Carrots Apple	<b>Breakfast Round V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Mac &amp; Cheese</b> Cucumber & Tomato Pears	<b>French Toast V</b> <b>Assorted Breakfast Cereal V</b> 100% Juice Salad Bar Fruit Assortment  <b>Turkey Hot Dog DF</b> Cauliflower Applesauce	<b>Assorted Muffins V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Trail Pack Lunch w/Local Hummus &amp; Tortilla Chips DF GF V+</b> Broccoli Apple

**Meal Prices**

Breakfast: **\$2.00**

Lunch: **\$3.00**

Milk: **\$0.60**

**Offered Daily!**

Lunch: Students have the choice of 1 hot entrée, cold sandwiches or PB&J

Served with assorted fresh fruits & veggies daily

Family applications to qualify for Federal Free or Reduced Meals or Oregon IG can be found on the Philomath School District website [Food & Nutrition Services](#) page or on the Oregon Dept. of Education website. Paper applications are also accepted.

To add funds to your student's meal account visit the [LINQ Connect Portal](#) or cash and check are accepted at our schools

Parents are responsible for maintaining sufficient funds in student meal accounts

For information regarding school meals, meal applications and lunch accounts contact: [nutrition.services@philomath.k12.or.us](mailto:nutrition.services@philomath.k12.or.us)

Menus are subject to change, please refer to school day calendar for days in session

**Dietary Key:**

**GF:** Does not contain gluten ingredients

**DF:** Does not contain dairy ingredients

**P:** Contains Pork

**V:** Vegetarian

**V+:** Vegan

Fruit & Vegetable always **GF DF V+**

This Institution is an equal opportunity provider.

