

## September 2023 Pre-K to 3<sup>rd</sup> Grades

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> <b>Cheese Pizza with Tots and Veggies</b> Option #2: Hamburger Deli: Ham or Turkey Sandwich	<b>2</b>
<b>3</b>	<b>4</b> <b>Labor Day- No Lunch Service</b>	<b>5</b> <b>Pork Stir Fry with Rice and Veggies</b> Option #2: Beef Hot Dog Deli: Ham or Turkey Sandwich	<b>6</b> <b>Chicken &amp; Waffle with Swt Potato Fries and Berries</b> Option #2: Corn Dog Deli: Ham or Turkey Sandwich	<b>7</b> <b>Beef Soft Taco with TX-MX Rice and Veggies</b> Option #2: Fried Chicken Sandwich Deli: Ham or Turkey Sandwich	<b>8</b> <b>Pork Schnitzel with Mashed Potatoes and Veggies</b> Option #2: Hamburger Deli: Ham or Turkey Sandwich	<b>9</b>
<b>10</b>	<b>11</b> <b>Chicken Fajita with Rice and Veggies</b> Option #2: Dino Nuggets Deli: Ham or Turkey Sandwich	<b>12</b> <b>Teriyaki Pork with Rice and Veggies</b> Option #2: Beef Hot Dog Deli: Ham or Turkey Sandwich	<b>13</b> <b>Fried Chicken Drummie with Mash Potato and Veg</b> Option #2: Corn Dog Deli: Ham or Turkey Sandwich	<b>14</b> <b>Beef Stew with Egg Noodles and Veggies</b> Option #2: Fried Chicken Sandwich Deli: Ham or Turkey Sandwich	<b>15</b> <b>Beef &amp; Cheese Burrito with Rice and Veggies</b> Option #2: Hamburger Deli: Ham or Turkey Sandwich	<b>16</b>
<b>17</b>	<b>18</b> <b>Beef lo Mein with Stir Fry Veggies</b> Option #2: Dino Nuggets Deli: Ham or Turkey Sandwich	<b>19</b> <b>Sweet &amp; Sour Pork with Rice and Veggies</b> Option #2: Beef Hot Dog Deli: Ham or Turkey Sandwich	<b>20</b> <b>Chicken Tenders with Mashed Potato and Veg</b> Option #2: Corn Dog Deli: Ham or Turkey Sandwich	<b>21</b> <b>Beef Soft Taco with TX-MX Rice and Veggies</b> Option #2: Fried Chicken Sandwich Deli: Ham or Turkey Sandwich	<b>22</b> <b>Brinner! Eggs, Bacon, Tots, &amp; Fruit</b> Option #2: Hamburger Deli: Ham or Turkey Sandwich	<b>23</b>
<b>24</b>	<b>25</b> <b>Sloppy Joe Slider with Waffle Fries and Veg</b> Option #2: Dino Nuggets Deli: Ham or Turkey Sandwich	<b>26</b> <b>Sweet Chili Pork with Rice and Veggies</b> Option #2: Beef Hot Dog Deli: Ham or Turkey Sandwich	<b>27</b> <b>Grilled Chicken with Mashed Potato and Veg</b> Option #2: Corn Dog Deli: Ham or Turkey Sandwich	<b>28</b> <b>Pasta with Meat Sauce, Garlic Toast and Veggies</b> Option #2: Fried Chicken Sandwich Deli: Ham or Turkey Sandwich	<b>29</b> <b>Cheese Pizza with Tots and Veggies</b> Option #2: Hamburger Deli: Ham or Turkey Sandwich	<b>30</b>

## September 2023 4<sup>th</sup> to 12<sup>th</sup> Grades

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> <b>BBQ Pork Pizza with Caesar Salad and Pineapple Salsa</b> BWS: Lemon-Garlic Shrimp or Falafel w/Tzatziki Sandwich: Hamburger Soup: Chicken Tortilla	<b>2</b>
<b>3</b>	<b>4</b> <b>Labor Day- No Lunch Service</b>	<b>5</b> <b>Gochujang Pork Stir Fry with Fried Rice and Stir Fry Veg</b> BWS: Sliced Beef & Peppers or Portabella with Peppers Sandwich: BBQ Turkey-Cheddar Panini Soup: Chicken & Rice	<b>6</b> <b>Chicken &amp; Waffles with Swt Potato Puffs &amp; Berries</b> BWS: Carnita Pork or BBQ Jackfruit Sandwich: Fried Chicken Soup: TX Brisket Chili	<b>7</b> <b>Taco Salad with Refritos and Guacamole</b> BWS: Turkey Pot Roast or Chickpea Sausage Sandwich: Ultimate Grilled Cheese Soup: Tomato	<b>8</b> <b>Pork Schnitzel with Mashed Potato and Peas</b> BWS: Lemon-Garlic Shrimp or Falafel w/Tzatziki Sandwich: Hamburger Soup: Chicken Tortilla	<b>9</b>
<b>10</b>	<b>11</b> <b>Beef Fajita Stir Fry with TX-MX Rice and Corn &amp; Blk Bean Salsa</b> BWS: Fire-Braised Chicken or Plant-Based Fajita Sandwich: Ham & Swiss Panini Soup: Cajun Chicken & Sausage	<b>12</b> <b>Sweet &amp; Sour Pork with Fried Rice and Veggies</b> BWS: Sliced Beef & Peppers or Portabella with Peppers Sandwich: BBQ Turkey-Cheddar Panini Soup: Chicken & Rice	<b>13</b> <b>Roast Chicken with Mashed Potato &amp; Veggies</b> BWS: Carnita Pork or BBQ Jackfruit Sandwich: Fried Chicken Soup: TX Brisket Chili	<b>14</b> <b>Beef Stew with Egg Noodles and Biscuit</b> BWS: Turkey Pot Roast or Chickpea Sausage Sandwich: Ultimate Grilled Cheese Soup: Tomato	<b>15</b> <b>Carnita Burrito with Fried Potato and Charro Beans</b> BWS: Lemon-Garlic Shrimp or Falafel w/Tzatziki Sandwich: Hamburger Soup: Chicken Tortilla	<b>16</b>
<b>17</b>	<b>18</b> <b>Beef &amp; Spinach lo Mein with Stir Fry Veggies</b> BWS: Fire-Braised Chicken or Plant-Based Fajita Sandwich: Ham & Swiss Panini Soup: Cajun Chicken & Sausage	<b>19</b> <b>Sweet Chili Pork with Fried Rice and Stir Fry Veggies</b> BWS: Sliced Beef & Peppers or Portabella with Peppers Sandwich: BBQ Turkey-Cheddar Panini Soup: Chicken & Rice	<b>20</b> <b>Chicken Parmesan with Rosemary Potato &amp; Veg</b> BWS: Carnita Pork or BBQ Jackfruit Sandwich: Fried Chicken Soup: TX Brisket Chili	<b>21</b> <b>Frito Burrito with Cilantro Rice and Refritos</b> BWS: Turkey Pot Roast or Chickpea Sausage Sandwich: Ultimate Grilled Cheese Soup: Tomato	<b>22</b> <b>Brinner! Eggs, Bacon/Sausage, Tots &amp; Fruit</b> BWS: Lemon-Garlic Shrimp or Falafel w/Tzatziki Sandwich: Hamburger Soup: Chicken Tortilla	<b>23</b>
<b>24</b>	<b>25</b> <b>Sloppy Joe with Waffle Fries and Coleslaw</b> BWS: Fire-Braised Chicken or Plant-Based Fajita Sandwich: Ham & Swiss Panini Soup: Cajun Chicken & Sausage	<b>26</b> <b>Teriyaki Pork with Noodles and Stir Fry Veggies</b> BWS: Sliced Beef & Peppers or Portabella with Peppers Sandwich: BBQ Turkey-Cheddar Panini Soup: Chicken & Rice	<b>27</b> <b>Texas Chicken with Roasted Potato and Charro Beans</b> BWS: Carnita Pork or BBQ Jackfruit Sandwich: Fried Chicken Soup: TX Brisket Chili	<b>28</b> <b>Cavatappi with Beef &amp; Peppers, Vegetables</b> BWS: Turkey Pot Roast or Chickpea Sausage Sandwich: Ultimate Grilled Cheese Soup: Tomato	<b>29</b> <b>BBQ Pork Pizza with Caesar Salad and Pineapple Salsa</b> BWS: Lemon-Garlic Shrimp or Falafel w/Tzatziki Sandwich: Hamburger Soup: Chicken Tortilla	<b>30</b>

