### Wednesday, September 6

- **10:00 - 11:30 AM**  
  Returning Student Sports Camp Registration  
  Move into Dorms
- **12:00 - 12:45 PM**  
  Lunch in Brown Dining Commons
- **12:45 - 1:15 PM**  
  Team Meetings
- **2:00 - 4:00 PM**  
  Training Session 1
- **5:15 - 5:45 PM**  
  Dinner in Brown Dining Commons
- **6:30 - 8:30 PM**  
  Training Session 2
- **9:00 PM**  
  In Dorm Time

### Thursday, September 7 - Saturday, September 9

- **7:30 - 8:00 AM**  
  Morning Stretch
- **8:00 - 8:30 AM**  
  Breakfast
- **9:30 - 11:30 AM**  
  Training Session 1
- **12:00 - 12:30 PM**  
  Lunch
- **2:00 - 4:00 PM**  
  Training Session 2
- **5:15 - 5:45 PM**  
  Dinner
- **6:30 - 8:30 PM**  
  Training Session 3
- **9:00 PM**  
  In dorm time

### Sunday, September 10

- **7:30 - 8:00 AM**  
  Morning Stretch
- **8:00 - 8:30 AM**  
  Breakfast
- **8:30 - 9:00 AM**  
  Sports Camp Dorm Move Out
- **9:30 - 11:30 AM**  
  Training Session
- **12:00 - 12:30 PM**  
  Lunch
- **Sports Camp ends at 12:00 PM**