

Sports Parent Meeting

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Sports Parent Meeting General Information



FUTURE PARENT MEETING ATTENDANCE

- If you are attending tonight – you only need to attend the team meeting portion of Parent meetings the remainder of the school year.

MEDICATIONS/INJURIES:

- Coaches are not allowed to provide any medications to athletes, including ibuprofen or topical antibiotics. Students ages 7th grade and up can carry one day supply of over-the-counter medications and may use that at their own discretion. They may only be in possession of a one day supply. The medication must be in the original labeled container. They may not share medication with another student.
- If your child is seen by a doctor after an accident or injury, **a doctor's note is required to reinstate the student back to regular participation. This includes suspected concussions (which require a specific form that must be used)** Release notes must be turned into the athletic office.

SCHEDULES:

- Sport schedules may be found at www.osaa.org or www.philomathsd.net/philomath-hs-home/athletics
- Practice schedules will be provided by coaches

SCHOOL ACCOUNTS:

- All monies fundraised by teams during the school year are deposited in each individual programs ASB account at PHS and is a matter of public record. Please contact the main office if you are interested in obtaining information concerning a program's ASB account.



High School Athletics

Bruce Brown – long time HS and College coach, 30+ years of research

[The Role of Parents in Athletics: Part 1 by Bruce Brown](#)

- Why do you want your child to play? What are their goals, expectations? What is their role going to be?
 - after you have your own answers, then ask your son or daughter the same questions and just listen
 - if answers are different, drop yours and accept theirs
- Let it be your child's experience- release them to the game, release them to the coach when they are safe physically and emotionally
- All successes and failures were theirs- hard to do, but best for child
- Don't try to solve all their problems before they happen
- Give them time and space and encourage/support them by listening
- One instructional voice
- Positive demanding coach



High School Athletics

- High School sports involve a lot of time and effort.
 - How can you help your student athlete as a parent?
 - Help your athlete plan and set priorities.
 - Don't allow shortcuts in sleep and nutrition.
 - Encourage building in down time.
 - Give your athlete a break.



High School Athletics

- High School athletes are in the middle of transitioning to adulthood.
 - What can you do?
 - Encourage independence and the responsibilities that go with it.
 - Respect your athlete's choices.
 - Just listen.
 - Communicate unconditional support.
- High School Athletic Programs have a chain of authority.
- What can parents do?
 - Assume good will.
 - Recognize who is in charge.
 - Help your athlete learn to advocate for themselves.

Academic Eligibility



- Philomath High School Students
 - All Freshmen are academically eligible the first trimester.
 - Sophomores must have 4.5 credits to start the year, must have passed 4 classes worth 2 credits previous trimester.
 - Juniors must have 10 credits to start the year, must have passed 4 classes worth 2 credits previous trimester.
 - Seniors must have 17 credits to start the year, must have passed 4 classes worth 2 credits previous trimester.
 - All students participating in athletics/activities must be enrolled full time (minimum of 4 classes worth 2 credits)
 - All Students must maintain a 2.0 GPA
 - Students that do not meet eligibility requirements have the option to apply for an academic hardship to the OSAA.

Academic Eligibility



- Home School Students
 - Complete and turn in home school eligibility parent checklist, school representation eligibility certificate and test scores
 - Must complete By August 15th every year OSAA approved Achievement Test
 - The Test is not required of Students entering the 9th grade for the 1st time
 - Approved test are the two most recent versions of the following tests:
 - Iowa Tests of Basic Skills,
 - Stanford 9th Edition,
 - Terra Nova 2/CAT6 (CTBS/TerraNova/CAT)
 - Terra Nova 3/ (CTBS/TerraNova/CAT)
- Foreign Exchange Students
 - Must be in a CSIET approved program
 - CSIET is the Council on Standards for International Educational Travel.
 - Foreign Student Eligibility Checklist – Complete and submit
 - Available at www.osaa.org

Required Paperwork



- FamilyID Registration – <http://www.familyid.com/philomath-high-school>
 - If you need assistance with registration, contact FamilyID at: **support@familyid.com** or **888-800-5583 x1**.
 - Support is available 7 days per week and messages will be returned promptly.
- Current Athletic Physical on File
- District Medical Forms (*if necessary*). If a student has an inhaler, epi-pen, diabetes, or other medical condition that requires them to carry specific medication, district forms must be completed for athletic participation.
- Student athletes must have paid all **past fees** for lost uniforms, lost locks, equipment, spirit packs, participation fees, etc. from their prior sport before being given awards or being issued a clearance for the next sport.

Parent/Coach Communication



- What you should expect from the coach:
 - Philosophy
 - Expectations for all players
 - Location and times of practices and contests
 - Team requirements (i.e. special equipment, off-season conditioning, etc..)
 - Discipline that results in denial of your student-athlete's participation.
- What Coaches expect from parents:
 - Concerns expressed directly to the coach.
 - Notification of any schedule conflicts well in advance.
 - Specific concern in regard to a coaches philosophy and/or expectations

Procedure for Handling Athletic Complaints



This procedure has been developed for the purposes of establishing and maintaining the lines of communication between the school, parents/guardians and students and for the resolution of concerns related to PHS athletic programs. This procedure is a means by which concerns/problems about Philomath Athletic Programs can be resolved. In order to maintain a positive atmosphere and assure that the proper channels of communication will not be circumvented, a procedure has been outlined for the use of the athlete, parent, coach/coaches and administrators. All participants should adhere to the guidelines as listed below.

***NOTE:** This process is not intended to provide grievance of a rule(s) of the Oregon School Activities Association or the Oregon West Conference.

STEP I

If a student and/or parent has a concern about an athletic program, decision, and/or coach, they should:

A. Schedule a meeting to speak personally with the coach/coaches regarding the incident, decision, action that is under question at a time convenient to both parties (preferably within one week) with the intent to solve the problem. This should not be done immediately after a contest. (If the problem involves an assistant coach, the head coach of that sport must be involved in the meeting).

B. Parent/student are to address problems/concerns related to themselves only. Problems/concerns of other athletes will not be discussed.

C. The coach will complete a written summary of the conference, which will include any resolutions/decisions reached in the conference. If requested, the coach will provide a copy of the summary to all the participants in the conference within ten (10) school days and will forward a copy of the summary to the athletic director.

Procedure for Handling Athletic Complaints



STEP II

If either party has not been satisfied by the proposed resolution of the problem during Step I, they should request a continuation of the procedure.

- A. The parent/student should within five (5) school days after receipt of the written summary of the meeting in Step I submit a written request to initiate Step II to the athletic director. It is important for the parent/student to complete the written request promptly to resolve differences as soon as possible.
- B. After submitting the written request to the high school athletic director, it will be arranged for the student/parent to meet with the coach and athletic director to discuss the concern/problem with him/her with the intent to resolve the problem. (If the problem involves an assistant coach, the head coach of that sport must be involved in the meeting.) Parent/student are to address problems/concerns related to themselves only.
- C. The athletic director is responsible for completing a written summary of the conference, which will include any resolutions/decisions reached in the conference. The athletic director will provide a copy of the summary to all the participants in the conference and will forward a copy of the summary to the principal of the school.

** In the event that there are multiple parental/student complaints regarding a sports program, the director of athletics can alter the hearing procedure to facilitate the process including meeting with representatives of the parent/student group.

Procedure for Handling Athletic Complaints



STEP III

If the parent/student still is not satisfied by the meeting in Step II, they should request a continuation of the process of Step III.

A. The student/parent should make an appointment within one week to meet with the school principal to discuss the concern/problem with him/her with the intent to resolve any unresolved problems. Parent/student are to address problems/concerns related to themselves only.

B. After securing information from the coach and athletic director, the principal is responsible for completing a written summary of the conference, which will include any resolutions/decisions reached by him/her. The principal will provide a copy of his/her final decision to all the participants.

**For athletic extra-curricular complaints, Steps I, II and II must be completed before any review process is initiated.

Philomath School District Hazing Policy



- The Philomath School District has a zero tolerance hazing policy.
- Hazing, harassment, intimidation or bullying, menacing, and acts of cyberbullying by students, staff or third parties toward students is strictly prohibited.
- Refer to board policy JFCF

Substance/Tobacco Abuse Policy



- **Philomath High School and District Student Code of Conduct and Substance/Tobacco Abuse Policy applies to all school sponsored events (including summer) for the calendar year of August-to-August.**
- **RULE:** Student athletes will not use, possess or sell: 1) Alcohol, 2) Controlled substances, or 3) Tobacco in any form nor be in attendance with others that are doing so. Student athletes known or cited for (regardless of plea) violation of any of the above will be subject to immediate suspension in accordance with the following policies. These rules apply to both on and off the school grounds.
- **RULE:** Student athletes who have been disciplined by the school administration resulting in out-of-school suspension for any offenses will be immediately suspended from their teams or activities. In addition, student athletes who are cited or convicted of any of the above outside of school will be immediately suspended from their teams or activities.
- **FIRST OFFENSE FOR STUDENT/ATHLETES:** Students will be subject to participation suspension for two calendar weeks which must include a minimum of one (1) interscholastic contest. If suspended from school the student will not be allowed to practice or participate in contests or meetings. Upon the return to school the student must attend all practices, meetings and home contests, for the remainder of the ten (10) day suspension. The enforcement of abovementioned policy will extend one (1) calendar year from date of infraction.
- **SECOND OFFENSE FOR STUDENT/ATHLETES:** Students will be suspended for six (6) calendar weeks which must include a minimum of 50% of contests.
- **THIRD OFFENSE FOR STUDENT/ATHLETES:** Students will be suspended for three (3) sport seasons.

Code of Conduct



- Ejection from a contest
 - Any student/athlete ejected from an athletic contest will miss the following contest (as per OSAA rules)
 - Be required pay the ejection fine.
 - Submit a written report of the situation of which the ejection occurred to the Athletic Director within two school days.
 - Complete the NFHS sportsmanship class.
 - Further ejections may result in disciplinary action and/or removal from team.
- Attendance
 - Student athletes must be in all of their scheduled classes on practice and competition days.
 - If they miss class due to illness, they will not be able to practice or compete on that day.
 - Pre-arranged absences for doctor, dental, etc., are acceptable.

Questions?

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