

# SEPTEMBER | 2023

## Trigg County High School Lunch Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>28</b> Chicken Nuggets or Bosco Sticks Or Chef Salad French Fries, California Blend Veggie Cup, Roll Applesauce, Peach Cup, Milk</p>	<p><b>29</b> Pizza Or Ham Wrap Box Or Chef Salad Corn, Garden Salad, Banana, Apple, Milk</p>	<p><b>30</b> Fried Chicken or Turkey Sub Box Or Chef Salad Mashed Potatoes, Green Beans, Veggie Cup Roll, Applesauce, Orange Wedges, Milk</p>	<p><b>31</b> Fish Sticks &amp; Hush Puppies or Hamburger/Cheeseburger Or Chef Salad Tater Tots, Cole Slaw Garden Salad Apple, Pineapple, Milk</p>	<p><b>1</b> Burrito or Cheesy Bread Or Pizza Veggie Cup, Refried Beans, Sidekick, Apple Slices Milk</p>
<p><b>4</b>   No School Labor Day</p>	<p><b>5</b> Pizza Or Ham &amp; Cheese Wrap Box Or Chef Salad Corn Garden Salad Banana, Apple, Milk</p>	<p><b>6</b> Grilled Cheese or Yogurt Combo with Cheese-stick, &amp; Cheez-its or Calzone, Baked Beans, French Fries, Strawberry Cup, Milk</p>	<p><b>7</b> Bosco Sticks w/ Marinara Sauce or Quesadilla or Chef Salad, Salsa Cup, Refried Beans, Veggie Cup, Peach Cup, Milk</p>	<p><b>8</b> Beefy Rotini &amp; Garlic Knot Or Chef Salad or Yogurt Combo with Cheese-stick, &amp; Cheez-its, Italian Blend Veggies, Garden Salad Pineapple, Apple Milk</p>
<p><b>11</b> Chicken Alfredo or Yogurt Combo with Cheese-stick, Cheez-its, Stromboli or Chef Salad, Steamed Broccoli, Garden Salad, Garlic Bread, Apple, Strawberry Cup, Milk</p>	<p><b>12</b> Pizza Or Ham &amp; Cheese Wrap Box Or Chef Salad Corn Garden Salad Banana, Apple, Milk</p>	<p><b>13</b> <u>Snack a Pickle Day</u> Hamburger or Cheeseburger Or Ham &amp; Cheese Sandwich Baked Beans, French Fries Lettuce, Whole Pickle, Tomato Cup, Pineapple, Apple, Milk</p>	<p><b>14</b> Breaded Mozz Cheese Sticks, EZ Jammers or, Cheeseburger Sliders, Curley Fries, Marinara Sauce, Veggie Cup, Peach Cup, Apple, Milk</p>	<p><b>15</b> Nachos w/ Beef &amp; Queso Cheese, or Stuffed Buffalo Chicken Sandwich, Or Chef Salad, Spanish Rice, Fiesta Corn/Black Beans, Salsa Cup, Sidekick, Apple Slices, Milk</p>
<p><b>18</b> Mandarin Orange Chicken Or Turkey &amp; Cheese Sandwich or Chef Salad Fried Rice, Stir-fry Veggies Garden Salad Strawberry Cup, Apple, Milk</p>	<p><b>19</b> Pizza Or Ham &amp; Cheese Sandwich Or Chef Salad Corn Garden Salad Banana, Apple, Milk</p>	<p><b>20</b> <u>Topsey Turvey Day (Breakfast for Lunch)</u> Egg Patty &amp; Sausage or Turkey Cheese Sandwich, Hashbrown, Veggie Cup, Biscuit, Gravy, Baked Apples, Pears, Milk</p>	<p><b>21</b> Corn Dog or Yogurt Combo with Cheese-stick &amp; Cheez-its, or Chef Salad Waffle Fries, Baked Beans, Garden Salad, Pineapple, Applesauce, Milk</p>	<p><b>22</b> Chicken Tenders Basket with Tx Toast, Cheeseburger Sliders, Chef Salad, Potato Wedges, Broccoli &amp; Cheese, Sidekicks Apple, Milk</p>
<p><b>25</b> BBQ Sandwich or Calzone or Chef Salad, Chips or French Fries, Baked Beans, Applesauce, Peach Cup, Milk</p>	<p><b>26</b> Pizza Or Ham &amp; Cheese Bento Box, Chef Salad Corn Garden Salad Banana, Apple, Milk</p>	<p><b>27</b> Fried Chicken or Stuffed Buffalo Chicken Sandwich, Or Chef Salad Mashed Potatoes Green Beans, Veggie Cup Cornbread, Applesauce, Orange Wedges, Milk</p>	<p><b>28</b> Hot Ham &amp; Cheese Sandwich, or Taco Stick or Chef Salad, Tater Tots, Veggie Cup, Peach Cup, Apple, Milk</p>	<p><b>29</b> Chicken Crispito With Chili or Turkey &amp; Cheese Wrap Box,, Chef Salad, French Fries, Fiesta Blend Corn, Sidekick, Applesauce, Milk</p>

### News

Due to nationwide supply chain issues, menus are subject to change without notice.

This institution is an equal opportunity provider.



**MY SCHOOL BUCKS**

