

September

Logos
School

FOOD IN
FOCUS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

The U.S. constitution was signed on September 17, 1787!



Philly Cheesesteak
Curly Fries

1

Labor
Day

4

Meatballs
Rosemary Potatoes
String Beans

5

Bellacino's Pizza
Wings

6

Lemon Pepper
Chicken Wings
Mashed Potatoes &
Gravy
Dinner Roll

7

Hot Dog
French Fries
Chili

8

Baked Chicken
Broccoli

11

Taco Tuesday
Tortilla Soup

12

Hamburger
Or
Cheeseburger

13

French Toast
Pancake & Sausage
on a Stick
Eggs
Biscuit

14

Fish Friday!
Tilapia
Spanish Rice

15

Chinese Day!
Sweet n Sour
Chicken
Rice
Egg Roll

18

Meatloaf
Mac & Cheese
String Beans

19

Turkey Ham
Roast Beef
Sandwich
Dumpling Soup

20

BLT Wrap
Chicken Wrap
Chips

21

No
School

22

Lasagna
Breadstick
Green Beans

25

Pork Chops
Cabbage
Mac & Cheese

26

Ham & Cheese
Grilled Cheese
Broc/Cheese Soup

27

Sliced Turkey
Mixed Greens
Mashed Potatoes
Cornbread

28

Macho Nachos
Mexican Corn

29

**Gluten-Free,
Vegetarian and
Vegan options are
available.**

**Peanut Butter
and/or Deli
Sandwiches are
available.**

**Soup and/or Salad,
and Fountain Drink
comes with Lunch.**

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

FSC