



SEPTEMBER 2023 ELEMENTARY MENU

Breakfast

Delivered to classrooms at school start time
by preorder (see school website for details)

Lunch - 11am - 12:40pm

All meals include Proteins & whole grains
At least 3/4 cup fruits and veggies and
1% white or chocolate milk

Monday

4

**Happy
Labor Day!**



Tuesday

5 **1/2 Day!**
**No
Hot Lunch!**

Wednesday

6 **JET'S Cheese Pizza**
Yogurt Plate
or Hummus Plate

Thursday

7 Bacon Cheeseburger or
Veggie Burger
OR Wow Butter and Jelly

Friday

8 Dorito Taco Cheese Bowl
Bosco Cheese Sticks
OR Yogurt Plate

11 Chicken Patty Sliders
Macaroni and Cheese
OR Wow Butter and Jelly

12 Pasta w/ Meatballs
Chicken Tenders
Refried Beans
OR Yogurt Plate

13 **JET'S Cheese Pizza**
Yogurt Plate
or Hummus Plate

14 French Toast w/ Turkey
Sausage
Veggie Burger
OR Crispy Chicken Salad

15 Orange Chicken w/ Rice
Cheese Bosco Sticks
or Hummus Plate

18 Mini Turkey Corndogs
Grilled Cheese Sandwich
or Wow Butter & Jelly

19 Beef & Cheese Nacho
Chicken Tenders/muffin
Or Baja Salad

20 **JET'S Cheese Pizza**
Yogurt Plate
or Hummus Plate

21 Cheeseburger
Flatbread Cheddar Melt
OR Egg Caesar Salad

22 Popcorn Chicken Bowl
Cheese Bosco Sticks
or Hummus Plate

25 **No
School!**

26 Meatloaf Burger
Mini Turkey Corn Dogs
OR Yogurt Plate

27 **JET'S Cheese Pizza**
Yogurt Plate
or Hummus Plate

28 All Beef Hot Dog
Chicken Thai Rice Bowl
OR Egg Chef Salad

29 Chicken Patty Sandwich
Bosco Sticks
OR Hummus Plate

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school
year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge.

248.341.5671

Jets Pizza

Crispy Deep Dish Cheese Pizza
with Jet's famous sauce!

Cheeseburger or Bacon
Cheeseburger

All Beef Patty with American Cheese
on a WG bun served with Tatoer Tots

Chicken Tenders
All White Meat Lightly Breaded
Chicken Strips
Served with WG muffin

All Beef Hot Dog
Served on a WG bun

Veggie Burger
Black Bean Burger on a WG Bun

Nacho Dorito Taco Bowl
Beef and Cheese filled Doritos
Served with refried beans

Popcorn Chicken Bowl
Crispy Popcorn Chicken over
Creamy Mashed Potatoes
topped with Corn and Chicken
Gravy

Chef Salad

Crispy Lettuce topped with
Shredded Cheese Blend and
Hard Boiled Egg
Served with a WG muffin

Yogurt Plate

Creamy Yogurt served with fresh
cut carrots crunchy grahams and
an Apple Bag

Baja Salad

Crispy Lettuce topped with Corn,
Tomatoes, Cheese and Black Beans
Served with a WG Tortilla Chips

WOW! Butter and Jelly Sandwich
Soy Butter and Jelly on WG Bread
Served with Michigan Carrots and
sliced Apples

Hummus Plate

Creamy Yogurt Hummus served
with cut Veggies, Tortilla Chips,
Cheese stick and an Apple Bag

Bosco Sticks

Mozzerella cheese filled breadsticks
served with Marinara Sauce

Grilled Cheese

Creamy Cheese in a Grilled sandwich
served with Creamy Tomato Soup

Mini Corn Dogs

Mini Turkey hotdogs battered in a
crispy
whole grain Corn Bread Batter served
with French Fries

Chicken Patty Sandwich

All White Meat Lightly Breaded
Chicken Served on a WG Bun

Orange Chicken

Crispy battered chicken bites glazed
in a sweet orange sauce, served over
rice with Asian mixed Veggies

Flat Bread Cheddar Melt

Gooley Cheddar Cheese melted
between WG Flatbread Served with
Tater Tots

Chicken Thai Rice Bowl

Crispy Chicken over WG Rice
Tossed in a Thai Sun Butter Sauce

FREE BREAKFAST

Monday

Cereal Bar w/ Applesauce

Tuesday

**MI Blueberry Yogurt
Parfait**

Wednesday

**WG Goodie Ring
w/ Fruit cup**

Thursday

Benefit Bar w/ Apple Bag

Friday

**Apple Cinnamon Texas
Toast & Michigan Apple**

**Breakfasts come with a juice box
and 1% white or chocolate milk**

Fruit and Veggie Bar!

Offered Daily

Includes Michigan Produce such
as Blueberries, Cherries,
Michigan Lettuce, Legumes and
Apples
plus MUCH more Fruits and
Veggies to Choose from!



Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required



MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER