

## September 2023 LESD Supper Menu

MON		TUES		WED		THURS		FRI	
28		29		30		31		9/1	
Mini PB& J Sandwich String Cheese (v) Frozen Fruit Cup Baby Carrots 8 oz NF or 1% White Milk	Chocolate No Nut Butter (v) Birthday Cake Graham Crackers (v) String Cheese (v) Apples Celery Sticks w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate	Turkey & Cheese Sandwich Wedges with PopChips Bananas Cucumber Cuties 8 oz NF or 1% White Milk	Meal Break: Jack Links Protein Pack Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate	Variety SunChips (v) String Cheese (v) Pineapple Mango Smoothie (v) Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk					
4		5		6		7		8	
<b>Labor Day</b> *School not in session*		Meal Break: Turkey Snack Stick Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate	ChatSnax Graham Crackers (v) Sunflower Seeds (v) Mini Yogurt (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk	Tostitos Tortilla Scoops (v) String Cheese (v) Spicy Nacho Chickpeas (v) Oranges Salsa Cup 8 oz NF or 1% White Milk or NF Chocolate	Cocoa Cherry Bar (v) String Cheese (v) Sunflower Seeds (v) Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk				
11		12		13		14		15	
Mini PB& J Sandwich String Cheese (v) Frozen Fruit Cup Baby Carrots 8 oz NF or 1% White Milk	Chocolate No Nut Butter (v) Birthday Cake Graham Crackers (v) String Cheese (v) Apples Celery Sticks w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate	Turkey & Cheese Sandwich Wedges with PopChips Bananas Cucumber Cuties 8 oz NF or 1% White Milk	Meal Break: Jack Links Protein Pack Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate	Variety SunChips (v) String Cheese (v) Pineapple Mango Smoothie (v) Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk					
18		19		20		21		22	
Cinnamon Goldfish Graham Cracker String Cheese (v) Sunflower Seeds (v) Frozen Fruit Cup Broccoli w/ Ranch 8 oz NF or 1% White Milk	Meal Break: Turkey Snack Stick Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate	ChatSnax Graham Crackers (v) Sunflower Seeds (v) Mini Yogurt (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk	Tostitos Tortilla Scoops (v) String Cheese (v) Spicy Nacho Chickpeas (v) Oranges Salsa Cup 8 oz NF or 1% White Milk or NF Chocolate	Cocoa Cherry Bar (v) String Cheese (v) Sunflower Seeds (v) Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk					
25		26		27		28		29	
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(v)= Vegetarian  
(p) = Contains Pork

This institution is an equal opportunity provider.