

August 2023

Breakfast Menu

Cafeteria and Grab & Go Cart - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
Double Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk	Concha (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	French Toast Sticks with Glazed Peaches Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Honeywheat Breakfast Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Pancake Squares with Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk

(v) = Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.

August 2023

Lunch Menu

Cafeteria - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
Minimum Day				
			24	25
			Chicken Sandwich (Regular or Spicy) Teriyaki Chicken Dumplings w/ Veggies Bean & Cheese Burrito (v) Seasonal Fresh Fruit Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Pepperoni Pizza Tex Mex Chili with Tortilla Chips Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate
26	29	30	31	9/1
Hamburger Mandarin Orange Chicken Bowl w/ Broccoli Veggie Burger (v) Seasonal Fresh Fruit: Two Options Corn, Pickles, Jalapeño, Baby Carrots w/ Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Drumstick & Waffle Bean & Cheese Pupusa with Curtido (v) Seasonal Fresh Fruit: Two Options Cucumbers with Tajin, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Beans Mozzarella Stuffed Breadsticks with Marinara Sauce (v) Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Refried Beans Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Sandwich (Regular or Spicy) Teriyaki Chicken Dumplings w/ Veggies Bean & Cheese Burrito (v) Seasonal Fresh Fruit Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Pepperoni Pizza Tex Mex Chili with Tortilla Chips Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate

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Lunch Menu

Grab & Go Cart - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
Minimum Day				
Rice Krispy Bento Box (v) Yogurt Parfait Chicken Caesar Salad Corn Broccoli w/ Ranch Seasonal Fresh Fruit: Two Options 8 oz NF or 1% White Milk or NF Chocolate	Salad with Spicy Chicken Protein Bistro Box (v) Yogurt Parfait Cucumber Cuties Baby Carrots w/ Ranch Seasonal Fresh Fruit: Two Options 8 oz NF or 1% White Milk or NF Chocolate	Chicken Caesar Salad Yogurt Parfait Cucumber Cuties Baby Carrots w/ Ranch Seasonal Fresh Fruit: Two Options 8 oz NF or 1% White Milk or NF Chocolate	PopTart Bento Box Turkey & Cheese Sandwich Wedges Yogurt Parfait Baby Carrots w/ Ranch Go Bonzo's Cool Ranch Crunchy Chickpeas Seasonal Fresh Fruit: Two Options 8 oz NF or 1% White Milk or NF Chocolate	PB & J Lunch Box (v) Yogurt Parfait Salad with Spicy Chicken Celery Sticks w/ Ranch Baby Carrots w/ Ranch Mixed Fruit & Seasonal Fresh Fruit 8 oz NF or 1% White Milk or NF Chocolate

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MON	TUES	WED	THURS	FRI
8/28	8/29	8/30	8/31 Minimum Day	9/1
Hamburger Mandarin Orange Chicken Bowl w/ Broccoli Veggie Burger (v) Seasonal Fresh Fruit: Two Options Corn, Pickles, Jalapeño, Baby Carrots w/ Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Drumstick & Waffle Bean & Cheese Pupusa with Curtido (v) Seasonal Fresh Fruit: Two Options Cucumbers with Tajin, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Beans Mozzarella Stuffed Breadsticks with Marinara Sauce (v) Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Refried Beans Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Sandwich (Regular or Spicy) Teriyaki Chicken Dumplings w/ Veggies Bean & Cheese Burrito (v) Seasonal Fresh Fruit Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Pepperoni Pizza Tex Mex Chili with Tortilla Chips Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate
4	5	6	7	8
School Not in Session Holiday	Chicken Drumstick & Waffle Bean & Cheese Pupusa with Curtido (v) Seasonal Fresh Fruit: Two Options Cucumbers with Tajin, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Beans Mozzarella Stuffed Breadsticks with Marinara Sauce (v) Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Refried Beans Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Sandwich (Regular or Spicy) Teriyaki Chicken Dumplings w/ Veggies Bean & Cheese Burrito (v) Seasonal Fresh Fruit Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Pepperoni Pizza Tex Mex Chili with Tortilla Chips Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate
11	12	13	14	15
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18	19	20	21	22
Hamburger Mandarin Orange Chicken Bowl w/ Broccoli Veggie Burger (v) Seasonal Fresh Fruit: Two Options Corn, Pickles, Jalapeño, Baby Carrots w/ Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Drumstick & Waffle Bean & Cheese Pupusa with Curtido (v) Seasonal Fresh Fruit: Two Options Cucumbers with Tajin, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Beans Mozzarella Stuffed Breadsticks with Marinara Sauce (v) Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Refried Beans Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Chicken Sandwich (Regular or Spicy) Teriyaki Chicken Dumplings w/ Veggies Bean & Cheese Burrito (v) Seasonal Fresh Fruit Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Pepperoni Pizza Tex Mex Chili with Tortilla Chips Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate
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