

# August 2023 LESD Breakfast Menu

MON		TUES		WED		THURS		FRI	
21		22		23		24		25	
						Concha (v)		Blueberry Yogurt Cup & Granola	
						Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
						Orange		Sliced Peaches	
						Dried Cranberries		Dried Cherries	
						8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
28		29		30		31		9/1	
Quesadilla + Pico de Gallo Salsa (v)		Waffle with Strawberries + Turkey Sausage		Mini Cinnis (v)		French Toast with Glazed Peaches (v)		Double Chocolate Chip Muffin (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Frozen Fruit Cup		Apples		Bananas		Oranges		Sliced Peaches	
Sliced Peaches		100% Orange Juice		Applesauce Cups		Dried Cranberries		Dried Cherries	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	

(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.

# August 2023

## LESD Elementary School 2nd Chance Breakfast Menu

MON		TUES		WED		THURS		FRI	
21		22		23		24		25	
					Mini PB&J Sandwich (v)		Mini Oatmeal Chocolate Chip Bar + String Cheese (v)		
					Oranges		Sliced Peaches		
					Dried Cranberries		Navel Oranges or Strawberry Apple Chips		
					8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		
28		29		30		31		9/1	
Variety Cereal + Sunflower Seeds (v)	Banana Chocolate Chunk BeneFit Bar (v)	Variety Cereal + Sunflower Kernels or String Cheese (v)	Mini Yogurt (v) + ChatSnax Graham Crackers (v) & Sunflower Seeds (v)				Double Chocolate Chip Muffin (v)		
Frozen Fruit Cup	Apples	Bananas	Oranges				Sliced Peaches		
Sliced Peaches	100% Orange Juice	Applesauce Cups	Dried Cranberries				Navel Oranges or Strawberry Apple Chips		
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk				8 oz NF or 1% White Milk		

(v) = Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.

# August 2023 LESD Lunch Menu

MON		TUES		WED		THURS		FRI	
21		22		23		24		25	
						Bean & Cheese Pupusa (v) with Curtido Yogurt & Granola (v) Sliced Peaches Refried Beans & Baby Carrots Curtido + Pico de Gallo 8 oz NF or 1% White Milk		Pepperoni Pizza Sliders (p) Cheese Pizza Sliders (v) Frozen Fruit Cups Canned Corn Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate	
28		29		30		31		9/1	
Chicken Drumstick & Waffle Mac & Cheese with Waffle Apples Celery Sticks w/ Ranch Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate	Hamburger Grilled Cheese (v) Bananas Cucumber Cuties Krazy Kale Salad 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl + Crackers PB&J Sandwich (v) Oranges Chili Carrot Coins Mandarin Crunch Salad 8 oz NF or 1% White Milk or NF Chocolate	Tamales: Chicken & Red Sauce + String Cheese and Beans	Bean & Cheese Burrito (v) Sliced Peaches Pico de Gallo, Refried Beans Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Pepperoni Pizza Slice (p) Cheese Pizza Slice (v)	Frozen Fruit Cups Canned Corn & Baby Carrots Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate			

(v) = Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.