

2023-2024



# THE DANCE CONSERVATORY

AT THE ST. PAUL'S SCHOOLS



# 2023–2024 CLASS OFFERINGS

The Dance Conservatory at The St. Paul's Schools develops the artistic potential of pre-collegiate and pre-professional dancers, as well as dance enthusiasts.

## BEGINNER DANCERS AGES 3–8

### Pre-Primary: Ages 3-5

Pre-Primary supports locomotive skills, flexibility, musicality, and motor development while nurturing creativity and free movement. Students utilize energy, movement, and expression!

### Primary: Ages 5-7

Students begin their formal introduction to ballet. Both boys and girls engage in the fundamental elements of classical ballet based on the American Ballet Theatre National Training Curriculum.

### Musical Theatre 1: Ages 5-8

Students are introduced to the tap and jazz styles found on the Broadway stage. From *Annie* to *Legally Blonde*, dance has played an integral role in telling the stories of Broadway shows.



## BEGINNER, INTERMEDIATE, ADVANCED AGES 8–18

### ABT TDC's Ballet Program

TDC follows the American Ballet Theatre's National Training Curriculum, a program for the development and training of young students that embraces sound ballet principles and incorporates elements of the French, Italian, & Russian schools of instruction. Artistically, the National Training Curriculum strives to provide dance students with a rich knowledge of classical ballet technique and the ability to adapt to all styles and techniques of dance.

### Ballet & Pointe Placement

TDC's ballet program offers classes on a multi-level system, with students progressing from one course to the next at their own individual pace. Students are placed in the level that best suits their needs, with age being a secondary consideration. To successfully achieve the placement necessary to support pointe work, muscle development and form must be practiced to become habitual for the dancer. Strength and muscular development are assessed before pointe is started. This placement method is most important to ensure the safety and best possible instruction at the student's level.

### Jazz 1–5: Ages 8-18

Explore jazz dance from its earliest cultural roots to the present day. Jazz dance is influenced by popular culture, music, and events. Students will study all aspects of jazz dance from its historical roots to its current influence. Our jazz program emphasizes proper technique and progression into leaps, turns, and flexibility—minimizing injury and encouraging correct placement and technique.

### Acro 1 & 2: Ages 8-18

Students will develop the strength, agility, and flexibility to be able to perform various ground and aerial tricks. Students will learn everything from front rolls and cartwheels to handsprings, walkovers, and aerials.





## BEGINNER, INTERMEDIATE, ADVANCED AGES 8-18

### Modern 1 & 2: Ages 10-18

Dancers will study concepts of modern dance such as groundedness, expression and articulation of the spine. We will explore a wide range of dynamics incorporating the elements of dance: body, energy, space, and time. Experienced dancers will build upon the fundamentals covered in Modern 1 and focus mostly on the Horton technique empathizing strength, stability, and precision.

### Contemporary/Lyrical: Ages 10-18

Dancers will study the development of contemporary from postmodern and jazz dance into what is now an international phenomenon. Styles explored may include lyrical, modern, and jazz. Students will explore the complete movement potential of the body. Modern dance characteristics emphasized will include contact-release, floor work, fall and recovery, and improvisation. Ballet and jazz's leg techniques are also used.

### Tap 1-3: Ages 7-18

This course will introduce dancers to the technical and musical elements of rhythm tap dance. This course will build on students' knowledge of tap basics, increasing speed and fluency of tap vocabulary.

### Musical Theatre 2-5: Ages 8-18

Dancers will explore the fundamentals of Broadway-style choreography, including tap and jazz techniques, partnering, character work, and social/historical dances as seen on Broadway. Dancers continue their tap and jazz techniques with a focus on the range of styles found in Broadway repertory. Dancers will work on basic kicklines, advanced partnering, and social/historical dances. Dancers build on advancing their knowledge of Broadway tap and jazz styles, focusing on combinations and repertory. Dancers work on advanced musicality and storytelling through song and dance.

### Stretch & Conditioning: Ages 10-18

Students will focus on lengthening and strengthening their leg and back muscles to support proper extension during each class. Emphasis will be placed on improving and gaining flexibility, as well as core and upper body strength.

### NEW! Pre-Collegiate Seminar

Pre-collegiate Seminar is for the advanced dancer whose focus is on pursuing dance beyond high school. These seminars will include sessions focusing on holistic health and wellness, nutrition, strengthening, dimensions of the dance profession, and more to equip them for dance beyond TDC. Dancers must be invited to attend pre-collegiate seminar sessions.



## TDC COMPANY REQUIRES PREREQUISITES & ELECTIVES

### TDC Company

The 2023-2024 season will mark TDC Company's 11th year. The Company was formed to give TDC's elite dancers performance and leadership opportunities. There are three tiers: Company Apprentice, Company Member, and Company Elite. Each tier has its own class requirements. Past performances include regional competitions in Baltimore, Artscape, Open Marley Night at the Baltimore Theater Project, and the Cherry Blossom Festival in Washington, D.C. During our summer season, Company dancers continue their dance education in New York City during an immersive three-day trip taking master classes at Broadway Dance Center and attending live performances.



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# 2023-2024 WEEKLY SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B
			PRIMARY 3:45-4:45 PM		BALLET 1B 3:45-5 PM	JAZZ 2 4-5 PM	MUSICAL THEATRE 1 4-5 PM				PRE-PRIMARY 8:30-9:15 AM		
LYRICAL 4-5:15 PM	BALLET 1A 4-5 PM	BALLET 4 4-5:30 PM		MODERN 2 4-5:30 PM				JUMPS/ LEAPS/ TURNS 2 4-5:30 PM		PRE-PRIMARY 9:15-10 AM	BALLET 2 9:15-10:45 AM		
	BALLET 1B 5-6 PM		BALLET 1 4:45-5:45 PM							COMPANY CLASS 10-11:45 AM	PRE-POINTE 10:45-11:15 AM	ACRO 1 10-11 AM	BALLET FUNDAMEN. 10-11:15 AM
JAZZ 4 5:15-6:30 PM		MEN'S CLASS 5:30-6:30 PM		BALLET 4 5:30-7 PM	MODERN 1 5:30-6:30 PM	CONTEMP. 2 5-6:30 PM	MUSICAL THEATRE 2 5-6 PM				STRETCH & CONDIT. 11:15 AM-12 PM	PRIMARY BALLET 11 AM-12 PM	JAZZ FUNDAMEN. 11:15 AM-12:30 PM
	JAZZ 1 6-7 PM		BALLET 2 5:45-7 PM				MUSICAL THEATRE 3 6-7 PM		COMPANY REHEARSALS TBD			JUMPS/ LEAPS/TURNS LEVEL 1 12-1 PM	
JAZZ 5 6:30-8 PM	TAP 2 7-8 PM	BALLET 3 6:30-8 PM	JAZZ 3 7-8 PM	MUSICAL THEATRE 4/5 7-8 PM	BALLET 3 6:30-8 PM	CONTEMP. 1 6:30-8 PM	TAP 3 7-8 PM			COMPANY REHEARSALS 12-3 PM	COMPANY REHEARSALS 12-3 PM	ACRO 2 1-2 PM	PRE-COLLEGIATE SEMINAR 12:30-2:30 PM

*Schedule may be subject to change. Please always consult our website for the most up-to-date information.*

*All classes subject to change or may be combined, based on enrollment.*

2023-2024

# RESIDENT TDC FACULTY



## AMBER MERRICK

**ARTISTIC DIRECTOR, MODERN, BALLET, TDC COMPANY DIRECTOR**

Cirque Du Soleil's Paramore on Broadway  
Towson University



## ANAIS PEÑA

**BALLET**

NASM Certified Personal Trainer  
Towson University



## NATASHA C. RHODES

**BALLET, PRE-COLLEGIATE SEMINAR**

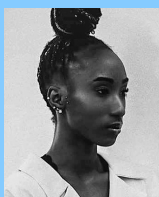
ABT® Certified Teacher, Primary through Level 3  
Elon University



## FALKNER DISCHER

**BALLET**

ABT® Certified Teacher, Primary through Level 3  
Towson University



## LATEISHA MELVIN

**CONTEMPORARY, TDC COMPANY CHOREOGRAPHER**

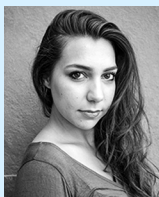
Muve|Meants  
Virginia Commonwealth University



## LAURA PHILIP

**BALLET, JAZZ**

University of South Carolina



## JULIA PIPER

**TDC COMPANY CHOREOGRAPHER**

Eddie Stockton Dance Arts  
Goucher College



## KATELYN O'CONNOR

**JAZZ, MUSICAL THEATRE, TAP**

Linehan Artists Scholar  
University of Baltimore County



## LENAYA WILLIAMS

**TDC COMPANY CHOREOGRAPHER**

Choreographer  
University of Maryland's School of Medicine



## ANTON WILSON

**BALLET, MEN'S CLASS**

Les Ballets Trockadero de Monte Carlo  
University of North Carolina School for the Arts



## LINDA O'BRIEN

**FUNDAMENTALS OF BALLET AND JAZZ, TAP, MUSICAL THEATRE, JAZZ**

ERYT-200 Yoga Instructor  
Towson University



## TAYLOR RICHARDSON

**JAZZ, ACRO, PRE-PRIMARY**

Towson University



# IMPORTANT DATES

2023-2024

## AUGUST

7 (MON) | 4:30-6:30 PM | STUDIO A.....**COMPANY AUDITIONS**  
 21 (MON) | 5:30-6:30 PM | STUDIO A.....**ORIENTATION (PARENTS & STUDENTS)**  
 22 (TUES) | 5-7 PM | STUDIO A.....**PLACEMENT CLASS & COMPANY AUDITIONS (AGES 10-13)**  
 23 (WEDS) | 5-7 PM | STUDIO A.....**PLACEMENT CLASS & COMPANY AUDITIONS (AGES 14-18)**  
 28 (MON) | 5-7 PM | STUDIO A.....**MAKE-UP PLACEMENT CLASS (AGES 10-18)**  
 28-**SEPT. 1 (MON-FRI) | TIMES TBD.....TDC COMPANY CHOREOGRAPHY**

## SEPTEMBER

5 (TUES).....**FIRST DAY OF CLASS**  
 9 (SAT).....**PRE-PRIMARY SESSION 1 BEGINS**  
 15 (FRI).....**ROSH HASHANAH (CLASSES END AT 5 PM)**  
 24 (SUN).....**YOM KIPPUR (CLASSES END AT 5 PM)**

## OCTOBER

9 (MON).....**FALL BREAK (NO CLASSES)**

## NOVEMBER

4-10 (SAT-FRI).....**OBSERVATION WEEK**  
 22-26 (WEDS-SUN).....**THANKSGIVING BREAK (NO CLASSES)**  
 28 (TUES) | 4-6 PM | WARD CENTER.....**NUTCRACKER TECH REHEARSAL**

## DECEMBER

2 (SAT) | 9-11 AM | WARD CENTER.....**NUTCRACKER SUITE (SELECT CLASSES)**  
 18 (MON).....**WINTER BREAK BEGINS (NO CLASSES)**

## JANUARY

2 (TUES).....**CLASSES RESUME**  
 6 (SAT).....**PRE-PRIMARY SESSION 2 BEGINS**  
 15 (MON).....**MLK OBSERVANCE (NO CLASSES)**

## FEBRUARY

19 (MON).....**PRESIDENTS' DAY (NO CLASSES)**

## MARCH

11-18 (MON-MON).....**SPRING BREAK (NO CLASSES)**  
 29-**APRIL 1 (FRI-MON).....EASTER BREAK (NO CLASSES)**

## MAY

6-11 (MON-SUN) 4-8 PM.....**ALL CLASSES IN WARD**  
 12 (SUN).....**MOTHER'S DAY (NO CLASSES)**  
 15-19 (WEDS-MON) | 4-8 PM | THE WARD CENTER.....**TECH/DRESS WEEK**  
 18 (SAT) | 12 PM | THE WARD CENTER.....**TDC PERFORMANCE (TICKETS REQUIRED)**  
 19 (SUN) | 12 PM | THE WARD CENTER.....**TDC PERFORMANCE (TICKETS REQUIRED)**  
 20 (MON) | 4-6 PM | STUDIO A.....**CONCERT VIEWING & COMPANY FAREWELL**



## CLASS PRICING

HOURS PER WEEK, BASED ON A 38-WEEK SESSION

PRE-PRIMARY BALLET (COST PER SESSION)	-	\$278
0.5 HOURS (30 MINUTES)	-	\$391.40
0.75 HOURS (45 MINUTES)	-	\$545.90
1 HOUR	-	\$721
1.25 HOURS (1 HOUR, 15 MINUTES)	-	\$906
1.5 HOURS (1 HOUR, 30 MINUTES)	-	\$1,020
2 HOURS	-	\$1,226
2.5 HOURS (2 HOURS, 30 MINUTES)	-	\$1,452
3 HOURS	-	\$1,504
3.5 HOURS (3 HOURS, 30 MINUTES)	-	\$1,607
3.75 HOURS (3 HOURS, 45 MINUTES)	-	\$1,669
4 HOURS	-	\$1,782
5 HOURS	-	\$2,081
INDIVIDUAL UNLIMITED	-	\$2,575
FAMILY UNLIMITED (3 OR MORE STUDENTS)	-	\$4,250



The Dance Conservatory has been designed for beginning through advanced dancers to identify, nurture, develop, and train the Baltimore community's children in the art of dance. The program offers students the opportunity to foster and enrich their dance education through the development of technical proficiency, artistic growth, and creativity.

## VISIT US!

We invite you to come tour our facility and talk with the director about the wonderful opportunities and dance education that awaits you.

 [Instagram.com/  
TheDanceConservatoryBaltimore](https://www.instagram.com/TheDanceConservatoryBaltimore)

 [Facebook.com/  
TheDanceConservatoryBaltimore](https://www.facebook.com/TheDanceConservatoryBaltimore)

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 [stpaulsmd.org/TDC](http://stpaulsmd.org/TDC)



# TDC

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BROOKLANDVILLE, MD 21022