




SEPTEMBER 2023

Middle School Lunch Menu

monday	tuesday	wednesday	thursday	friday
<p>GREAT NEWS! All students will be eligible to receive 1 Breakfast and 1 Lunch each school day at no cost!</p>		<p>POPCORN CHICKEN 6 <i>Sides:</i> Mashed Potatoes Golden Kernel Corn Assorted Fruit/Milk No Wrap Line Today</p>	<p>CHEESEBURGER <u>or</u> HOT DOG 7 <i>Sides:</i> Oven Baked Fries Fresh Tossed Salad Assorted Fruit/Milk</p>	<p>ASSORTED PIZZA <u>or</u> GRILLED CHEESE 8 <i>Sides:</i> Soup of the Day w/Crackers Assorted Fresh Veggies Assorted Fruit/Milk</p>
<p>MAX PIZZA STICKS <u>or</u> QUESADILLA 11 <i>Sides:</i> Seasoned Rice Carrots Assorted Fruit/Milk</p>	<p>TACO TUESDAY <u>or</u> PULLED PORK 12 <i>Sides:</i> Rice/Refried Beans Shredded Lettuce + Tomato Assorted Fruit/Milk No Wrap Line Today</p>	<p>CHILI CHEESE FRIES <u>or</u> HOT DOG ON BUN 13 <i>Sides:</i> Steamed Broccoli Fresh Carrot Sticks Assorted Fruit/Milk</p>	<p>PANCAKES w/SAUSAGE <u>or</u> BISCUITS+ SAUSAGE GRAVY 14 <i>Sides:</i> Hashbrown Chilled Fruit Cup Assorted Fruit/Milk No Wrap Line Today</p>	<p> MARK'S PIZZA <u>or</u> FRESH WRAP/SALAD 15 <i>Sides:</i> Fresh Cut Veggies Assorted Fruit/Milk No Wrap Line Today</p>
<p>BREADSTICKS w/SAUCE <u>or</u> MEATBALL SUB 18 <i>Sides:</i> Sweet Potato Fries Assorted Fruit/Milk</p>	<p>MINI CORN DOGS <u>or</u> SLOPPY JOE 19 <i>Sides:</i> Smiley Fries Fresh Cut Veggies Assorted Fruit/Milk</p>	<p>CHICKEN NUGGETS <u>or</u> CHEESEBURGER 20 <i>Sides:</i> Mashed Potato Green Beans Assorted Fruit/Milk</p>	<p>MAC+CHEESE w/HAM SLICE <u>or</u> HOT DOG ON BUN 21 <i>Sides:</i> Steamed Broccoli Fresh Cut Carrots Assorted Fruit/Milk</p>	<p>STUFFED CRUST PIZZA, GRILLED CHEESE <u>or</u> BAKED FISH FILET 22 <i>Sides:</i> Steamed Broccoli Fresh Tossed Salad Assorted Fruit/Milk</p>
<p>MOZZARELLA STICKS w/SAUCE <u>or</u> PHILLY CHEESE STEAK 25 <i>Sides:</i> Green Beans Assorted Fresh Veggies Assorted Fruit/Milk</p>	<p>TACO TUESDAY! <u>or</u> PULLED PORK 26 <i>Sides:</i> Rice/Refried Beans Shredded Lettuce + Tomato Assorted Fruit/Milk No Wrap Line Today</p>	<p>BACON CHEESEBURGER <u>or</u> PORK CHOPS 27 <i>Sides:</i> Tater Tots Green Beans Assorted Fruit/Milk</p>	<p>PASTA w/BREADSTICK <u>or</u> CHICKEN PARM 28 <i>Sides:</i> Peas Fresh Veggies Assorted Fruit/Milk</p>	<p>ASSORTED PIZZA <u>or</u> GRILLED CHEESE 29 <i>Sides:</i> Soup of the Day w/crackers Fresh Cut Veggies Assorted Fruit/Milk</p>

Alternative Entrée Choices (Offered Daily): Fruit + yogurt parfait, PB+J, made to order fresh salads, wraps



We offer a variety of fruits, vegetables and milk each day. Menus meet USDA meal pattern requirement for the NSLP. Every meal must contain either ½ cup fruit or ½ cup vegetable.

Funds can be loaded onto your child's account online www.myschoolbucks.com or you may send cash or check (payable to Williamson School Lunch).

Contact Tina VanStrien, Director of Food Service with any Food and/or Nutrition related questions or concerns. tvanstrien@williamsoncentral.org 315-589-9621 ext. 5.

Menu Subject to Change. Williamson Central School District is an equal opportunity provider and employer.