

What's on the Menu?

School Lunch Menu - Week 1

create

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY
9/1

**Classic American
Meatball Sub**
*Seasoned Fries
Savory Green Beans*

**Classic American
Cheeseburger**

*Seasoned Fries
Savory Green Beans*

Tuna Salad Sandwich
Seasoned Croutons

Shredded Romaine Lettuce

Sliced Tomatoes

Red Delicious Apple

Diced Pears

**1% Low-fat Milk
Chocolate Fat Free Milk**

Assorted Condiments

Alternate
Entrees

Sides for
All Meals

ON_{THE}GO

extra
extra

Milk

What's on the Menu?

School Lunch Menu - Week 2

create

Alternate
Entrees

Sides for
All Meals

ON THE GO

extra
extra

Milk

MONDAY
4

TUESDAY
5

WEDNESDAY
6

THURSDAY
7

FRIDAY
8

Labor Day

Sweet & Sour Chicken

*Corn on the Cob
California Blend Vegetables*

**GE (ASA, GWC, OA): General
Tso + brown fried rice**

**National Cheese Pizza Day
Classic Cheese Pizza**

*Corn on the Cob
California Blend
Vegetables*

**Spicy Chicken Caesar
Wrap**
Cool Ranch Doritos

Shredded Romaine Lettuce

Sliced Tomatoes Fresh

Grapes

Fresh Banana

**1% Low-fat Milk
Chocolate Fat Free Milk**

Assorted Condiments

**Chicken & Sausage
Jambalaya**

*Whole Grain Toasted
Garlic Bread
Seasoned Corn
Cinnamon Glazed Carrots*
**GE (Cohen): General Tso +
brown fried rice**

**Smoked Sausage &
Cheese Sandwich
w/black beans**

*Seasoned Corn
Cinnamon Glazed
Carrots*

Chicken Salad on Bun

Shredded Romaine Lettuce

Sliced Tomatoes

Red Delicious Apple

Diced Pears

**1% Low-fat Milk
Chocolate Fat Free Milk**

Assorted Condiments

Baked Chicken

*Brown Rice
Hawaiian Roll
Seasoned Broccoli Ancho
Chile Mashed Potatoes*
**GE (LCA): General tso +
brown fried rice**

Meat Lover's Pizza

*Seasoned Broccoli
Ancho Chile Mashed
Potatoes*

**Ham & Cheddar Chef
Salad**
Seasoned Croutons

Shredded Romaine Lettuce

Sliced Tomatoes

Fresh Grapes

Fresh Banana

**1% Low-fat Milk
Chocolate Fat Free Milk**

Assorted Condiments

Turkey Corndog

*Hawaiian Roll
Seasoned Fries
Baked Beans*

**Classic American
Cheeseburger**

*Seasoned Fries
Savory Green Beans*

Tuna Salad Sandwich

Shredded Romaine Lettuce

Sliced Tomatoes

Red Delicious Apple

Diced Pears

**1% Low-fat Milk
Chocolate Fat Free Milk**

Assorted Condiments

What's on the Menu?

School Lunch Menu - Week 3

	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
create	Whole Grain Rotini & Meat Sauce <i>Whole Grain Toasted Garlic Bread Seasoned Corn Tossed Side Salad</i>	Crunchy Hard Shell Turkey Tacos <i>Fiesta Brown Rice Seasoned Corn Mexican Style Pinto Beans Salsa</i>	Classic Hamburger <i>Fresh Celery Sticks Freshly Baked Potato Shredded Cheddar Cheese</i>	BBQ Chicken <i>Hawaiian Roll BBQ Baked Beans Steamed Broccoli Florets</i>	National Cheeseburger Day Classic American Cheeseburger <i>Crinkle Cut French Fries Roasted Green Beans</i>
Alternate Entrees	Spicy Chicken Sandwich	Classic Pepperoni Pizza	Smoked Sausage & Cheese Sandwich w/black beans	Meat Lover's Pizza	Classic American Hot Dog
Sides for All Meals	<i>Seasoned Corn Tossed Side Salad</i>	<i>Seasoned Corn Mexican Style Pinto Beans</i>	<i>Fresh Celery Sticks Freshly Baked Potato</i>	<i>BBQ Baked Beans Steamed Broccoli Florets</i>	<i>Crinkle Cut French Fries Roasted Green Beans</i>
ON THE GO	Ham & Cheddar Chef Salad <i>Seasoned Croutons</i>	Spicy Chicken Caesar Wrap <i>Cool Ranch Doritos</i>	Garden Salad <i>Seasoned Croutons</i>	Chicken Caesar Salad <i>Seasoned Croutons</i>	Tuna Salad Sandwich <i>Seasoned Croutons</i>
extra extra	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears	Shredded Romaine Lettuce Sliced Tomatoes Fresh Grapes Fresh Banana	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears	Shredded Romaine Lettuce Sliced Tomatoes Fresh Grapes Fresh Banana	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears
Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk
	Assorted Condiments	Assorted Condiments	Assorted Condiments	Assorted Condiments	Assorted Condiments

What's on the Menu?

School Lunch Menu - Week 4

	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
create	Navy Beans & Smoked Sausage <i>Brown Rice Homemade Cornbread Herbed Cauliflower Seasoned Mustard Greens</i>	Chipotle Lime Chicken Taco Bowl <i>Brown Rice WG Toasted Garlic Bread Salsa & Sliced Jalapenos Seasoned Green Beans Seasoned Black Beans</i>	Lasagna <i>Whole Grain Toasted Garlic Bread Seasoned Corn Seasoned Collard Greens</i>	Savory Salisbury Steak <i>Brown Whole Grain Toasted Garlic Bread Mashed Potatoes Green Beans</i>	Spicy Chicken Sandwich <i>Hashbrown Starz Homestyle Potato Salad</i>
Alternate Entrees	Spicy Chicken Sandwich	Classic Pepperoni Pizza	Smoked Sausage & Cheese Sandwich w/black beans	Meat Lover's Pizza	Classic American Cheeseburger
Sides for All Meals	<i>Herbed Cauliflower Seasoned Mustard Greens</i>	<i>Corn on the Cob Seasoned Black Beans</i>	<i>Seasoned Corn Seasoned Collard Greens</i>	<i>Mashed Potatoes Green Beans</i>	<i>Hashbrown Starz Homestyle Potato Salad</i>
ON THE GO	Ham & Cheddar Chef Salad <i>Seasoned Croutons</i>	Spicy Chicken Caesar Wrap <i>Cool Ranch Doritos</i>	Ham & Cheddar Chef Salad <i>Seasoned Croutons</i>	Chicken Caesar Salad <i>Seasoned Croutons</i>	Tuna Salad Sandwich <i>Seasoned Croutons</i>
extra extra	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears	Shredded Romaine Lettuce Sliced Tomatoes Fresh Grapes Fresh Banana	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears	Shredded Romaine Lettuce Sliced Tomatoes Fresh Grapes Fresh Banana	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears
Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk
	Assorted Condiments	Assorted Condiments	Assorted Condiments	Assorted Condiments	Assorted Condiments

What's on the Menu?

School Lunch Menu - Week 5

	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
create	Red Beans & Rice <i>Brown Rice Jalapeno Cornbread Sesame Soy Roasted Carrots Green Beans</i>	National Quesadilla Day Chicken Quesadilla <i>Corn on the Cob Mexican Style Pinto Beans Cuban Yellow Brown Rice Salsa Sliced Jalapenos</i>	Classic Cheese Pizza <i>Garlic-Parmesan Roasted Potatoes Fresh Carrots</i>	Honey Glazed Chicken <i>Cajun Brown Rice Hawaiian Roll Cinnamon Glazed Carrots Ancho Chile Mashed Potatoes</i>	Chili Cheese Dog <i>Mixed Vegetable Medley Sweet Potato Fries</i>
Alternate Entrees	Spicy Chicken Sandwich	Classic Pepperoni Pizza	Smoked Sausage & Cheese Sandwich w/black beans	Meat Lover's Pizza	Classic American Cheeseburger
Sides for All Meals	<i>Sesame Soy Roasted Carrots Green Beans</i>	<i>Corn on the Cob Mexican Style Pinto Beans</i>	<i>Garlic-Parmesan Roasted Potatoes Fresh Carrots</i>	<i>Cinnamon Glazed Carrots Ancho Chile Mashed Potatoes</i>	<i>Mixed Vegetable Medley Sweet Potato Fries</i>
ON THE GO	Ham & Cheddar Chef Salad <i>Seasoned Croutons</i>	Spicy Chicken Caesar Wrap <i>Cool Ranch Doritos</i>	Ham & Cheddar Chef Salad <i>Seasoned Croutons</i>	Chicken Caesar Salad <i>Seasoned Croutons</i>	Tuna Salad Sandwich <i>Seasoned Croutons</i>
extra extra	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears	Shredded Romaine Lettuce Sliced Tomatoes Fresh Grapes Fresh Banana	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears	Shredded Romaine Lettuce Sliced Tomatoes Fresh Grapes Fresh Banana	Shredded Romaine Lettuce Sliced Tomatoes Red Delicious Apple Diced Pears
Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk	1% Low-fat Milk Chocolate Fat Free Milk
	Assorted Condiments	Assorted Condiments	Assorted Condiments	Assorted Condiments	Assorted Condiments