



# 5th Grade: Foundations

Building Empowered and Engaged Leaders

## Chapter 1: Wayfinder Mindsets

In this chapter, we'll get to know each other, be introduced to the Wayfinder curriculum, and explore how we would like to be in community together.

### 5.1. Intro + Agreements

In this module, we will play some games to begin to get to know each other and explore how we would like to build a classroom culture where we all feel seen, heard, and respected.

#### 5.1.1. Intro: Leadership Is...

*What does it mean to be a leader?*

CORE SKILL

Collaboration

#### 5.1.2. Community Agreements

*What are our class agreements?*

CORE SKILL

Collaboration

## Chapter 2: Wayfinder Skills

In this chapter, we will learn a set of skills to help us manage challenging situations and understand our strengths and the things we care about.

### 5.2. Self-Expression + Authenticity

Our identities and where we belong matter. In this module, we will explore who we are and how we intentionally navigate relationships.

#### 5.2.1. What's Worth the Risk?

*How can we be open to new experiences?*

CORE SKILL

Adaptability

#### 5.2.2. Unique Me

*How can we celebrate our uniqueness?*

CORE SKILL

Self-Awareness

### 5.2.3. Respectful Disagreement

CORE SKILL

*How can we respectfully disagree with each other?*

Empathy

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### 5.2.4. That's What Friends Are For

CORE SKILL

*What qualities do we value in our friends?*

Self-Awareness

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## 5.3. Leadership + Compassion

It's important to understand and practice our strengths and leadership skills. In this module, we will examine what we are good at, how we prefer to lead, and how we can work together.

### 5.3.1. Team Work Makes the Dream Work

CORE SKILL

*How can we effectively work together?*

Collaboration

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### 5.3.2. Being a Team Player

CORE SKILL

*How can we be supportive team members?*

Collaboration

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### 5.3.3. Community Scavenger Hunt

CORE SKILL

*Who and what is part of our community?*

Collaboration

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### 5.3.4. My Leadership Style

CORE SKILL

*What are our leadership styles?*

Self-Awareness

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## 5.4. Well-Being + Resilience

The world is complex and can cause stress. In this module, we will practice skills to support adaptability, resilience, and joy.

### 5.4.1. Comfortably Uncomfortable

CORE SKILL

*How can we be comfortable with being uncomfortable?*

Agency

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### 5.4.2. Stress Busting

CORE SKILL

*How can we ground ourselves when we are stressed?*

Adaptability

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5.4.3. Adaptability CORE SKILL  
*How do we adapt to a changing environment?* Adaptability

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5.4.4. Game Time CORE SKILL  
*How can we be playful?* Agency

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## 5.5. Purpose + Practice

In fifth grade, we are often curious about our life path, our goals, and questions about the wider world. In this module, we will begin to investigate our purpose through activities that explore strengths, passions, and purposeful people.

5.5.1. Personal Heroes CORE SKILL  
*Who do we aspire to be like?* Purpose

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5.5.2. What Matters to Me? CORE SKILL  
*What do we care about?* Purpose

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5.5.3. Inventing Solutions CORE SKILL  
*How can we use our creativity to solve problems in the world?* Purpose

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5.5.4. Who Do I Want to Be? CORE SKILL  
*How do we want to impact those around us?* Purpose

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## Chapter 3: Wayfinder Reflections

In this chapter, we'll reflect on the past year and celebrate our time together!

### 5.6. Closing Reflections

In this module, we will reflect on what we've learned the past year and celebrate and appreciate one another.

5.6.1. Personal Reflection: Memorable Moments CORE SKILL  
*How have we grown this year?* Self-Awareness

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5.6.2. Community Closing: Sharing Wisdom CORE SKILL  
*What advice could we share with our youngest community members?* Self-Awareness

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