



3rd Grade: Foundations

Creating Connections and Fostering Curiosity

Chapter 1: Wayfinder Mindsets

In this chapter, we'll get to know each other, be introduced to the Wayfinder curriculum, and explore how we would like to be in community together.

3.1. Intro + Agreements

In this module, we will play some games to begin to get to know each other and explore how we would like to build a classroom culture where we all feel seen, heard, and respected.

3.1.1. Intro: Better Together

CORE SKILL

How can we celebrate our uniqueness and work together?

Collaboration

3.1.2. Community Agreements

CORE SKILL

What are our class agreements?

Collaboration

Chapter 2: Wayfinder Skills

In this chapter, we will learn a set of skills to help us understand our feelings, the feelings of others, and the actions we can take to build community.

3.2. Empathy + Compassion

Curiosity is our super-strength in third grade! In this module, we will use our curiosity and generosity to build relationships with our classmates.

3.2.1. Meaningful Interviews

CORE SKILL

What can we learn about our classmates?

Collaboration

3.2.2. Making Generous Offers

CORE SKILL

How can we share our skills and resources?

Empathy

3.2.3. School Lunches Around the World

CORE SKILL

How can we appreciate differences?

Empathy

3.2.4. In My Home, We Like To...

CORE SKILL

How can we build connection by sharing our traditions?

Empathy

3.3. Self-Knowledge + Action

Our curiosity can help us understand ourselves. In this module, we will begin to explore the building blocks of purpose by understanding our preferences, strengths, and passions.

3.3.1. This or That?

CORE SKILL

What do we like, and why?

Self-Awareness

3.3.2. Stranded on an Ice Sheet

CORE SKILL

What do we want? What do we need?

Purpose

3.3.3. I Care About...

CORE SKILL

How do we show care for others?

Purpose

3.3.4. Practice Makes Progress

CORE SKILL

How can we get better at something?

Adaptability

3.4. Friendship + Collaboration

An important part of growing up is understanding how we impact others. In this module, we will explore our impact by encouraging, collaborating, asking for help, and standing up for others.

3.4.1. Pep Talk Planes

CORE SKILL

How can we encourage each other?

Empathy

3.4.2. Collaboration Taking Shape

CORE SKILL

How can we work together to achieve a common goal?

Collaboration

3.4.3. The Secret Question

CORE SKILL

How do we know when to ask for help?

Self-Awareness

3.4.4. Stand Up!

CORE SKILL

How can we stand up for others?

Agency

3.5. Feelings + Emotional Agency

Understanding feelings and how they show up in our bodies, behaviors, and communication helps us build self-awareness. In this module, we will explore how to safely express our positive and challenging emotions.

3.5.1. How Would I Feel?

CORE SKILL

How can we identify our feelings?

Self-Awareness

3.5.2. Say It, Feel It!

CORE SKILL

What do emotions sound and feel like?

Self-Awareness

3.5.3. Listening to Hard Emotions

CORE SKILL

How can we work through challenging emotions?

Agency

3.5.4. Celebrate Happiness

CORE SKILL

What makes us happy?

Self-Awareness

Chapter 3: Wayfinder Reflections

In this chapter, we'll reflect on the past year and celebrate our time together!

3.6. Closing Reflections

In this module, we will reflect on what we've learned the past year and celebrate and appreciate one another.

3.6.1. Personal Reflection: Celebrating Ourselves

CORE SKILL

How have our strengths helped our class grow?

Empathy

3.6.2. Community Closing: Crossing the River

CORE SKILL

How do our individual strengths contribute to our class success?

Collaboration
